



# 25th Annual Conference of the National HIV Nurses Association

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Wed 14<sup>th</sup> - Fri 16<sup>th</sup> June

IET Birmingham: Austin Court Birmingham

[www.nhivna.org](http://www.nhivna.org)

#NHIVNA23

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# LIVING WELL WITH HIV IS NOT ONE-SIZE-FITS-ALL. TREATMENT SHOULDN'T BE EITHER.

ViiV Healthcare's innovative portfolio of medicines provides options—because individualising care for people living with HIV matters, to you and to us.

# Welcome

It is an absolute pleasure to welcome you all to the 25th Annual Conference of NHIVNA, which is being held in Birmingham this year. This year we are delighted that Matt Wills & Harpreet Basi, our local hosts, are able to join us.

Thank you to Daini Flower and Andy Marshall for working so hard to ensure we have a dynamic and interesting conference planned. I especially want to thank the executive committee who work so hard, often in their own time, for free! We are also so grateful for the support of our secretariat and a special thanks to Jacqueline English for keeping us all on track and for Gemma Wilkins and Karen Anthony for all their hard work and support with pulling together the NHIVNA conference, and the rest of the Medivents team.

Thank you too, to our sponsors Viiv, Gilead and MSD whose financial support enables us to hold this conference each year.

I am constantly mindful and aware of how hard health care professionals in the NHS are working. The pressure everyone is under is evident. We also understand how difficult it can be to get time to attend conferences and training. We so hope that you get a chance over the next few days to be fed, network, be inspired and be energised as you then return back to your work places. We are also looking forward to welcoming our patrons back to the conference, Angelina Namiba and Nathaniel Hall and are very thankful for their ongoing support for NHIVNA.

I encourage all NHIVNA members to attend the AGM meeting, as it provides a forum to present any points of view to the NHIVNA Officers and members of the Executive Committee. In addition, it will provide us with an opportunity to update delegates on some changes taking place and of the exciting developments within NHIVNA over the past year.

The NHIVNA Conference Social Event will take place on the Thursday evening of the conference at 'The Distillery', a 6 minute walk from the venue. It would be lovely to see as many of you there as possible and will give us all an opportunity to spend time together in a relaxed setting and hopefully enjoy some good food and a drink!

On behalf of the NHIVNA exec we look forward to welcoming you all to this year's NHIVNA conference.



**Liz Foote,**  
Chair, NHIVNA

## Executive Committee

### Chair

Liz Foote, Sussex Community NHS Foundation Trust

### Honorary Secretary

John McLuskey, University of Nottingham

### Honorary Treasurer

Linda Panton, Western General Hospital, Edinburgh

Christina Antoniadis, Chelsea and Westminster Hospital NHS Foundation Trust, London

Tracey Buckingham, The Sussex Beacon

Daini Flower, New Cross Hospital, Wolverhampton

Jen Kendrick, Manchester University NHS Foundation Trust

Andy Marshall, Sussex Community NHS Foundation Trust

Kirstie Salthouse, Northern Care Alliance – North Manchester General Hospital

Jillian Williams, Liverpool University Hospitals NHS Foundation Trust

Matt Wills, Homerton University Hospital, London

Eileen Nixon, Co-opted Trustee, Brighton and Sussex University Hospitals NHS Trust

Katie Warburton, Co-opted Trustee, University of Central Lancashire

Garry Brough, Community Representative Trustee, Positively UK

## Events

### Chair

D Flower

### Vice Chair

A Marshall

G Brough

L Foote

J Kendrick

L Panton

J Williams

## Education

### Chair

J Kendrick

### Vice Chair

A Marshall

G Brough

M Croston

L Foote

D Flower

J McLuskey

J Osorio

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## Research

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C Antoniadis

C Hughes

K Warburton

## Social Media working group

C Anton

J McLuskey

K Salthouse

J Williams

## Fundraising working group

J Williams

J Kendrick

K Warburton

J Osorio

## Conference Information

### Venue

IET Birmingham: Austin Court  
80 Cambridge Street | Birmingham | B1 2NP  
**W:** [www.austincourt.theiet.org/about/how-to-find-us](http://www.austincourt.theiet.org/about/how-to-find-us)

### Exhibition

The exhibition represents an integral element of the conference, providing participants with an excellent platform for networking as well as an opportunity to gain further insight into cutting-edge technology, the latest healthcare solutions, and services within the field of HIV and GU medicine.

Entrance to the exhibition is free for all registered delegates.

### Exhibition opening times

Wednesday 14th June	14:00 – 19:00
Thursday 15th June	08:00 – 18:00
Friday 16th June	08:00 – 14:00

### Delegate badges

Badges must be worn at all times to gain access to all conference sessions, catering and exhibition areas.

### Conference Sessions

Exhibition, Catering, Seating: Waterside Room

Posters and additional Catering: Boulton & Faraday Room

Conference & Symposia: Kingston Theatre

Registration: Atrium

## Conference Information

### **NHIVNA Social event**

The NHIVNA social event 2023 will take place on the evening of Thursday 15th June and will take place at 'The Distillery', a 6-minute walk from the venue.

Tickets cost £35 and include a buffet dinner and a drink on arrival. There will be a paying bar and DJ so please book your ticket now and we look forward to seeing you there!

### **Poster presentations**

Posters will be displayed in the Boulton & Faraday Room.

Posters should be in place by 09:00 Thursday 15th June and poster presenters are encouraged to be beside their posters over the lunch period on Thursday for discussion with delegates and judges.

### **Invited speakers and oral presenters**

All presenters are reminded to ensure they load their talks with the technician on the registration desk at least 3 hours in advance of their session.

Speakers will be able to make final changes with the technicians but will not be able to change their presentation in the meeting room or present from their own laptop.

### **WiFi**

Free WiFi access is available throughout the conference venue.

## Pre-conference Study Day

### What are the barriers of getting to zero...

**WEDNESDAY 14<sup>TH</sup> JUNE 2023**

**Registration and exhibition open from 14:00**

Coffee & cake meet and greet - see page 20

- 14:30 - 14:35      **Welcome and introduction**  
**Chairs:** Daini Flower, New Cross Hospital, Wolverhampton and Andy Marshall, Sussex Community NHS Foundation Trust
- 14:35 - 14:55      **Patient engagement for the newly diagnosed working professionals**  
Beth Freeborn, SCFT and Mark Mills
- 14:55 - 15:15      **Mental health and isolation – the impact on getting to zero**  
Chris Williams, Plushealth
- 15:15 - 15:35      **No Recourse To Public Funds-A Case Study**  
Catherine Gatford, Florence Nightingale Community Hospital
- 15:35 - 15:55      **Panel discussion**
- 15:55 - 16:30      *Refreshment break*
- Session Two**  
**Chairs:** Garry Brough, Positively UK and Jill Williams, Royal Liverpool and Broadgreen University Hospitals NHS Trust
- 16:30 - 16:50      **HIV treatment versus substance misuse**  
Emily Dalloway, Recovery Near You, Birmingham & Solihull Mental Health NHS Foundation Trust & Nathan Lowe, Birmingham and Solihull Mental Health Foundation Trust
- 16:50 - 17:10      **The challenges facing the HIV patient and nurse in the prison service**  
Eimear Kealey, Liverpool NHS Foundation Trust
- 17:10 - 17:30      **Accessing HIV care as a young gay trans man, and the intersectional barriers young people can face in accessing HIV care**  
Eli Fitzgerald, Chiva / Positively UK
- 17:30 - 17:50      **Panel discussion**
- 17:50                *Close*



## Scientific Programme

**THURSDAY 15<sup>TH</sup> JUNE 2023**

*Registration and exhibition open from 07:30*

- 08:00 - 09:00     **Satellite Symposium – Gilead Sciences**
- 09:00 - 09:15     **Welcome address from the Chair of NHIVNA / Local Hosts**  
 Liz Foote, Sussex Community NHS Foundation Trust  
 Brigid Jones, Birmingham City Council  
 Harpreet Basi, University Hospitals Birmingham NHS Foundation Trust
- 09:15 - 09:45     **25 years of NHIVNA**  
**Chairs:** Liz Foote, Sussex Community NHS Foundation Trust, Harpreet Basi, University Hospitals Birmingham NHS Foundation Trust  
 Eileen Nixon, Brighton and Sussex University Hospitals NHS Trust
- 09:45 - 10:45     **Faith & HIV**  
**Chair:** Liz Foote, Sussex Community NHS Foundation Trust  
**HIV and Faith**  
 Cate Jacobs, Church of England  
**Integrating sexual health ,HIV/AIDS Prevention, Control and Patient Support in Faith Communities**  
 Rachel Musomba, Africa Advocacy Foundation  
**Panel Q&A**
- 10:45 - 11:15     *Refreshment break*  
 Coffee & cake meet and greet for first timers/solo attendees - see page 20

## Scientific Programme

THURSDAY 15<sup>TH</sup> JUNE 2023 CONTINUED

- 11:15 - 12:15 **NHIVNA Plenary Session**  
**Quality of life (and what that means to different people)**  
**Chairs:** Garry Brough, Positively UK and Jess Osorio, Kingston Hospital NHS Foundation Trust  
**HIV, aging and quality of life: Incorporating subjectivity for culturally competent nursing practice**  
Juan Leyva Moral, Universitat Autònoma de Barcelona, Spain  
**Lack of implementation of PROMS**  
Moses Shongwe, Barts Health NHS Trust
- 12:15 - 13:15 **NHIVNA Oral Abstracts: Session 1**  
**Chairs:** Garry Brough, Positively UK and Jess Osorio, Kingston Hospital NHS Foundation Trust  
**O01 Drag Queen for a day: 'DQ4ADAY' - using Drag to improve confidence and HIV related self-stigma**  
Alan Spink, The Sussex Beacon  
**O02 Opt-out routine hiv testing in an emergency department a 2 year retrospective analysis**  
S Potts, Blackpool Teaching Hospital  
**O03 Klick – the use of mobile technology (app) in nurse-led clinics as a tool of empowerment (and development) for nurses and patients**  
Christina Antoniadis, Chelsea and Westminster Hospital  
**O04 Inside Out Health Project: how do people experience HIV healthcare in English prisons? An exploration of patient's experiences and opinions**  
Felicity Young, University of Portsmouth & Solent NHS Trust
- 13:15 - 14:30 *Lunch, exhibition and posters*
- 14:30 - 15:00 **Personal wellbeing**  
**Chairs:** Linda Panton, Western General Hospital, Edinburgh and Helen Reynolds, University of Liverpool  
Nikki Williams, Sussex Community Foundation Trust

## Scientific Programme

### THURSDAY 15<sup>TH</sup> JUNE 2023 CONTINUED

- 15:00 - 15:20     **Updating the Standards for Psychological Support for Adults living with HIV (2011): Results from a stakeholder consultation to inform the review**  
**Chairs:** Linda Panton, Western General Hospital, Edinburgh and Helen Reynolds, University of Liverpool  
 Michelle Croston, University of Nottingham
- 15:20 - 16:00     *Refreshment break, exhibition and posters*
- 16:00 - 17:00     **NHIVNA Case presentations**  
**Chairs:** John McLuskey, University of Nottingham & Jen Kendrick, Manchester University NHS Foundation Trust  
**CP1: A case of vertical transmission of HIV: discussion of missed opportunities for safeguarding and multidisciplinary working in the perinatal period**  
 Moses Shongwe, Barts Health NHS Trust  
**CP2: Challenges of supporting a complex patient without a community service**  
 Claire Chambers, NHS Lothian  
**CP3: High-Priority response resulting in improved patient and public health outcomes**  
 Beth Freeborn, SCFT  
**CP4: Injectables case study Compassionate access patient**  
 Jill Williams, Liverpool University Hospital
- 17:00 - 18:00     **Satellite Symposium – ViiV Healthcare**
- From 19:00     *Social Event – the Distillery (tickets only)*

## Scientific Programme

FRIDAY 16<sup>TH</sup> JUNE 2023

*Registration and exhibition open from 08:00*

- 08:50 - 09:30     **NHIVNA Update Session**  
**Chairs:** Andy Marshall, Sussex Community NHS Foundation Trust and Christina Antoniadis, Chelsea and Westminster Hospital NHS Foundation Trust  
**Feedback from the Cost of Caring in HIV (COCHIV) Study**  
Michelle Croston, University of Nottingham  
**Research Award Update**  
Kirstie Salthouse, North Manchester General Hospital  
**The HIV Model of Nursing**  
Eileen Nixon, University Hospitals Sussex, Michelle Croston, University of Nottingham and Steve Callaghan, EQE Health
- 09:30 - 10:30     **Mental health/Neurodiversity**  
**Chairs:** Andy Marshall, Sussex Community NHS Foundation Trust and Christina Antoniadis, Chelsea and Westminster Hospital NHS Foundation Trust  
**How do we measure Complexity? ... well, it's complicated**  
Katy Bourne, Manchester Foundation Trust  
**HIV, Autism and M.E**  
Graeme Lavery, Sahir House
- 10:30 - 11:00     **NHIVNA Oral Abstracts: Session 2**  
**Chairs:** Andy Marshall, Sussex Community NHS Foundation Trust and Christina Antoniadis, Chelsea and Westminster Hospital NHS Foundation Trust  
**O05 Immigration without information: an impending crisis?**  
Laura Hilton, Mid and South Essex NHS Foundation trust  
**O06 Barriers and facilitators to PrEP access for transgender women**  
Jessica Clarke, University of Nottingham
- 11:00 - 11:30     **NHIVNA Top 10 of the year**  
**Chairs:** Daini Flower, New Cross Hospital, Wolverhampton and Andy Marshall, Sussex Community NHS Foundation Trust  
Matt Wills, Sheffield Hallam University & Christina Antoniadis, Chelsea and Westminster Hospital NHS Foundation Trust
- 11:30 - 12:00     *Break*

## Scientific Programme

FRIDAY 16<sup>TH</sup> JUNE 2023

- 12:00 - 12:15      **NHIVNA AGM**
- 12:15 - 12:25      **AIDS memorial**  
**Chairs:** Kirstie Salthouse, North Manchester General Hospital and Katie Warburton, Chiva / University of Central Lancashire  
Rachel Greaves, Birmingham AIDS and HIV Memorial / Positive Peers
- 12:25 - 12:55      **Don't listen to my HIV listen to me**  
**Chairs:** Kirstie Salthouse, North Manchester General Hospital and Katie Warburton, Chiva / University of Central Lancashire
- 12:55 - 13:15      **The next 25 years**  
**Chairs:** Liz Foote, Sussex Community NHS Foundation Trust and Daini Flower, New Cross Hospital, Wolverhampton  
Nathaniel Hall & Angelina Namiba, NHIVNA Patrons
- 13:15 - 13:30      *NHIVNA awards ceremony*
- 13:30 - 13:40      **Closing remarks & depart**  
Liz Foote, Chair, NHIVNA  
*Grab bag packed lunch for departure*

## Poster Abstracts

### **P01 Thriving in the face of uncertainty: the changing face of specialist palliative care for those living with HIV in the post treatment era.**

Emma Davey, Clatterbridge Cancer Centre, UK

### **P02 Simulating Distress: A Case Based Discussion**

Jen Kendrick, Manchester University NHS Foundation Trust, UK

### **P03 Do patients find virtual clinics acceptable? How a global pandemic accelerated change**

Laura Hilton, Southend University Hospital, UK

### **P04 Celebrating the African contribution to the UK HIV response: Our stories told by us**

Michelle Croston, University of Nottingham, UK

### **P05 HIV knowledge survey in a teaching hospital**

WL Htun, Blackpool Teaching Hospital, UK

### **P06 Added value of nurse specialists carrying out annual health reviews**

Linda Panton, NHS Lothian, UK

### **P07 Severe needle phobia - managing the challenges of a newly diagnosed individual**

J Harrison, HCRG Caregroup, UK

### **P08 Quality missing: an audit of transfer letters for patients moving between HIV services in the UK**

Michael Ward, Calderdale and Huddersfield NHS Trust, UK

### **P10 The Role of the Senior Support Worker in HIV Care**

Madeline Brodie, Manchester University NHS Foundation Trust, UK

### **P11 Service Evaluation: Regional Pre-Exposure Prophylaxis pilot service**

Yvonne Wilson, Belfast Health & Social Care Trust, UK

### **P12 Review of annual cervical screening rates post Covid-19 pandemic**

Yvonne Wilson, Belfast Health & Social Care Trust, UK

### **P13 Evaluation of a formula milk feeding project**

Martine Madden, Belfast Health & Social Care Trust, UK

### **P14 Audit Monitoring Hepatitis B Co-Infected Individuals Against BHIVA Guidelines**

Nnenna Obi, West Middlesex Hospital, UK

### **P15 An audit of diversity in recruitment to clinical trials in a large HIV centre**

Tom Fernandez, Royal Free, UK

## **P16 Positive Voices 2022: methods and recruitment challenges**

J Sewell, UCL, UK

## **P17 Real world experience of long acting injectable antiretroviral medication**

Yvonne Wilson, Belfast Health & Social Care Trust, UK

## **P18 The impact of the Wellness Thermometer tool in improving consultations for People living with HIV and Healthcare professionals**

Laura Hilton, Mid & South Essex NHS Foundation Trust, UK

## **P19 Psychological wellbeing and sleep in human immunodeficiency virus (HIV)- a retrospective analysis of assessment and interventions within HIV services in the UK and Ireland (UKI). Final report**

Nicola Galbraith, Gilead Sciences, UK

## **P20 Implementation of annual health review: case study**

Jodanna Thomas, Guy's and St. Thomas' NHS Trust, UK

## **P21 Annual health review in the HIV community setting**

Rosemary Burridge, Guy's and St. Thomas' NHS Trust, UK

## **P22 "Come back, come back.... wherever you are"**

Laura Wilson-Powell, MPFT, UK

## **P23 Annual Health Review – A Service Evaluation**

Maria Marabi Nkwe, Newham Barts Health NHS Trust, UK

## **P24 Introduction of HIV Triage nurse and management of telephone calls to improve patient care outcomes and experience in a HIV outpatient clinic**

Moses Shongwe, Barts Health NHS Trust, UK

## **P25 Are we meeting the needs of people living with HIV?**

### **An introduction of the wellness thermometer in the HIV/HCV co-infection clinic**

Moses Shongwe, Barts Health NHS Trust, UK

## **P26 Measuring what matters: How do we assess sleep in HIV Care?**

Michelle Croston, University of Nottingham, UK

## Awards & Scholarships

### **NHIVNA Best Oral award for research/clinical practice**

Awarded for the best oral presentation covering either research or clinical practice at the NHIVNA Annual Conference. A NHIVNA-invited panel will judge the award and will review oral presentations based on the following criteria: quality of presentation; quality of research; impact on nursing practice; originality; and considered ethical issues (if appropriate).

### **NHIVNA Best Poster Presentation Award**

Awarded for the best poster displayed at the NHIVNA Annual Conference. A NHIVNA-invited expert panel will judge the award and will review the posters based on the following criteria: quality of presentation; quality of research; impact on nursing practice; originality; and considered ethical issues (if appropriate).

### **NHIVNA Commended Poster Award**

As above but will be awarded to three runners up.

### **First-time Attendee Scholarships**

NHIVNA has made available up to five First-time Attendee Registration Concession Scholarships to assist delegates who are attending a NHIVNA conference for the first time. To be eligible for a scholarship, applicants must be NHIVNA members in 2022. These scholarships have enabled successful applicants to register for the conference at the reduced registration rate of £125. Applications were administered on a first-come, first-served basis.

### **Healthcare Professional Registration Support (supported by Gilead Sciences)**

NHIVNA are very grateful to Gilead Sciences for their support of attendance at the conference.

A number of awards were made available to healthcare professionals whose professional position was aligned to the conference (Applied to all MDT members). Only NHIVNA members were able to apply.

The support covered the conference registration fee (all days), and a contribution of up to £100 towards travel and accommodation. Applications were reviewed by NHIVNA and were allocated on an assessment of merit.

Gilead Sciences have had no involvement in the selection of bursary winners.



## Speakers & conflicts of interest

**Katy Bourne** - None

**Harpreet Basi** - None

**Michelle Croston** - None

**Emily Dalloway** - None

**Eli Fitzgerald** - None

**Beth Freeborn** - None

**Catherine Gatford** - None

**Rachel Greaves** - None

**Nathaniel Hall** - None

**Cate Jacobs** - None

**Eimear Kealey** - None

**Graeme Lavery** - None

**Juan M. Leyva-Moral** - I have collaborated with ViiV Healthcare as an external quality reviewer in 2022.

**Nathaniel Lowe** - None

**Mark Mills** - None

**Rachel Musomba** - This work was funded by Fast Track Cities, London in partnership with The NAZ Foundation

**Angelina Namiba** - None

**Eileen Nixon** - None

**Moses Shongwe** - None

**Christopher Williams** - None

**Nikki Williams** - None

**Matt Willis** - NHIVNA commissioned and paid for the study



Coffee and cake meet and greet  
for solo and first-time attendees!

Are you attending the NHIVNA Annual Conference  
alone or for the first time?

Come along and meet the NHIVNA Committee  
members at the start of the conference and make  
some new friends and contacts!

**When:** 14:00 Wednesday 14<sup>th</sup> June &  
10:40 Thursday 15<sup>th</sup> June

**Where:** Faraday room

**What:** Coffee & cake!



## Sponsors & Exhibitors

We would like to thank our industry partners for their ongoing support of NHIVNA and encourage you to visit their stands during the breaks for the latest updates, resources and information.

### NHIVNA Annual Conference Major Sponsors 2023

#### **Gilead Sciences** Stand 2 [www.gilead.co.uk](http://www.gilead.co.uk)



Gilead Sciences, Inc. is a biopharmaceutical company that has pursued and achieved breakthroughs in medicine for more than three decades, with the goal of creating a healthier world for all people. The company is committed to advancing innovative medicines to prevent and treat life-threatening diseases, including HIV, viral hepatitis and cancer. Gilead operates in more than 35 countries worldwide, with headquarters in Foster City, California.

For more than 30 years, Gilead has been a leading innovator in the field of HIV, driving advances in treatment, prevention, testing and linkage to care, and cure research. Today, millions of people living with HIV globally receive antiretroviral therapy provided by Gilead or one of the company's manufacturing partners.

#### **MSD**

#### Stand 8 [www.msd-uk.com](http://www.msd-uk.com)



At MSD, known as Merck & Co., Inc., Rahway, NJ, USA in the United States and Canada, we are unified around our purpose: We use the power of leading-edge science to save and improve lives around the world. For more than 130 years, we have brought hope to humanity through the development of important medicines and vaccines. We aspire to be the premier research-intensive biopharmaceutical company in the world – and today, we are at the forefront of research to deliver innovative health solutions that advance the prevention and treatment of diseases in people and animals. We foster a diverse and inclusive global workforce and operate responsibly every day to enable a safe, sustainable and healthy future for all people and communities. For more information, visit [www.msd-uk.com](http://www.msd-uk.com) and connect with us @MSDintheUK on Twitter, LinkedIn, Instagram, YouTube and Facebook.

## NHIVNA Annual Conference Major Sponsors 2023

### ViiV Healthcare

Stand 7 [www.viivhealthcare.com](http://www.viivhealthcare.com)



We are ViiV Healthcare: a specialist pharmaceutical company 100% dedicated to HIV medicines and research, and completely focused on people living with HIV and AIDS. In the last 30 years, the world of science and the HIV and AIDS community have worked together to control the HIV epidemic. Right now, we face a new wave of challenges, still... we have to keep going. We are here until HIV and AIDS aren't.

## Exhibitors

### Blue Sky Trust

Stand 3 [www.blueskytrust.org](http://www.blueskytrust.org)



For over 30 years, Blue Sky Trust has supported and connected people living with HIV in the North East of England and Cumbria. We aim to improve the health, wellbeing and quality of life of people living with HIV, whilst also challenging the stigma associated with it. Through peer mentoring, courses, peer support groups, empowerment programs, 1-2-1 support and volunteering opportunities, people living with HIV have the opportunity to develop their confidence, knowledge, skills and resilience and to connect with a supportive, thriving and diverse community.

### Chiva

Stand 6 [www.chiva.org.uk](http://www.chiva.org.uk)



Chiva is a charity in the UK and Ireland working to ensure that children, young people and young adults growing up with HIV become healthier, happier and more in control of their own futures. Chiva provides direct support which takes a holistic approach, and involves working closely with clinic teams. This includes supporting young adults after they have transitioned to adult care.

## Exhibitors

### Positive+1

Stand 1 [www.positiveplusone.com](http://www.positiveplusone.com)

Positive+1 is the exciting new social & dating platform designed for people living with, and affected by HIV. A safe and secure community, where you can find connection, education and support. Our unique platform and tools will guide you through your journey with HIV.

### Positive+1

### Birmingham AIDS & HIV memorial

Stand 5 [www.bahm.co.uk](http://www.bahm.co.uk)

The Ribbons. A symbol of remembrance for the forgotten with a vision of hope for the future. Remembering those lost to the "Neglected Pandemic" and those who came after. Celebrating those who live with HIV today and in the future. Educating everyone to eliminate fear, shame, stigma and prejudice. Garry Jones Designer & Founder of BAHM



### The Sussex Beacon

Stand 4 [www.sussexbeacon.org.uk](http://www.sussexbeacon.org.uk)

The Sussex Beacon provides specialist care and support for people living with HIV. Services available promote independence and improve health & wellbeing via both inpatient & outpatient resources. The Sussex Beacon's services are run from a centre in Brighton equipped with a 10-bed inpatient unit, therapy rooms and larger rooms for group work. There is also a landscaped garden for patients and visitors to enjoy all year round. The charity aims to provide high-quality care and support in a friendly and homely environment.

For further information about The Sussex Beacon, please visit [www.sussexbeacon.org.uk](http://www.sussexbeacon.org.uk)



## NURSES & PHARMACISTS

# HIV CLINICAL FORUM 2023



Hybrid Workshop | London, UK | 23 November 2023



**REGISTRATION IS OPEN  
AND COMPLIMENTARY  
FOR ALL HIV NURSES!**

Specifically designed for HIV nurses and pharmacists, the 6th edition of this popular programme will take place **just before the autumn BHIVA conference in London on 23 November** (livestream option available)!

### Programme Topics:

- Lessons learned from the COVID-19 pandemic
- Implementation and practicalities of long-acting injectables
- Long-term healthcare and quality of life for people living with HIV



### Register Here

[virology.eventsair.com/  
nurhcf2023/programbook](https://virology.eventsair.com/nurhcf2023/programbook)



**Laura Waters**  
MD, FRCP

Central & North  
West London NHS  
Foundation Trust,  
United Kingdom



**Catarina Esteves  
Santos**  
Rn

Hospital De Cascais  
Dr. José De Almeida,  
Portugal



**Liz Foote**  
MSc, NMP, RGN

Sussex Community  
NHS Foundation  
Trust, United  
Kingdom



**Alex Sparrowhawk**

Terrence Higgins  
Trust, United  
Kingdom



**Nadia Naous**  
PGDip, GPP,  
MRPharmS

Chelsea and  
Westminster  
Hospital NHS  
Foundation Trust,  
United Kingdom

LEARN MORE:

[academicmedicaleducation.com/meeting/nurses-pharmacists-hiv-clinical-forum-2023](https://academicmedicaleducation.com/meeting/nurses-pharmacists-hiv-clinical-forum-2023)

**ve** virology  
education

**ame** academic  
medical education

## Programme of satellite symposia

THURSDAY 15<sup>TH</sup> JUNE 2023

08:00 - 09:00 **Satellite symposium sponsored  
by Gilead Sciences**



**Title:** Whose Role is it Anyway?

'Right people, right place, right time for the annual health review'

**Host:** Dr Naomi Sutton, Consultant Physician, Rotherham Sexual Health Services

**Panellists:**

Mr Chris Hodgson, Lead HIV CNS, Central Lancashire

Mrs Madeline Brodie, Senior Support Worker, Infectious Diseases Department North Manchester General Hospital

Mr Asim Ali, Principal Pharmacist – HIV, Sexual and Reproductive Health (Guy's and St. Thomas' NHS Foundation Trust) and Co-Chair of London HIV Pharmacy Leads Group (sub-committee to London HIV Clinical Forum)

Miss LeaSuwanna Griffith – Positively UK

17:00 - 18:00 **Satellite symposium sponsored  
by ViiV Healthcare**



**Title:** Offering choice to people living with HIV: Bringing real world experience to life.

**Speakers:** Professor Chloe Orkin, Professor of Infection and Inequalities, Barts Health NHS Trust and Queen Mary University of London

Moses Shongwe, Lead Nurse HIV, Barts Health NHS Trust

Laura Hilton, HIV Nurses Consultant, Mid and South Essex NHS Foundation Trust

The Gilead-HIV.co.uk website is intended for UK and Ireland Healthcare Professionals. The website contains promotional content.

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Everything in one place



**Gilead-HIV.co.uk** is a website for healthcare professionals to access our product information, and other content including articles, webinars, and resources to support the clinical management of people living with HIV. You can access our website by clicking or scanning the QR code below.

**CLICK  
OR  
SCAN**



[Gilead-HIV.co.uk](https://www.gilead-hiv.co.uk)

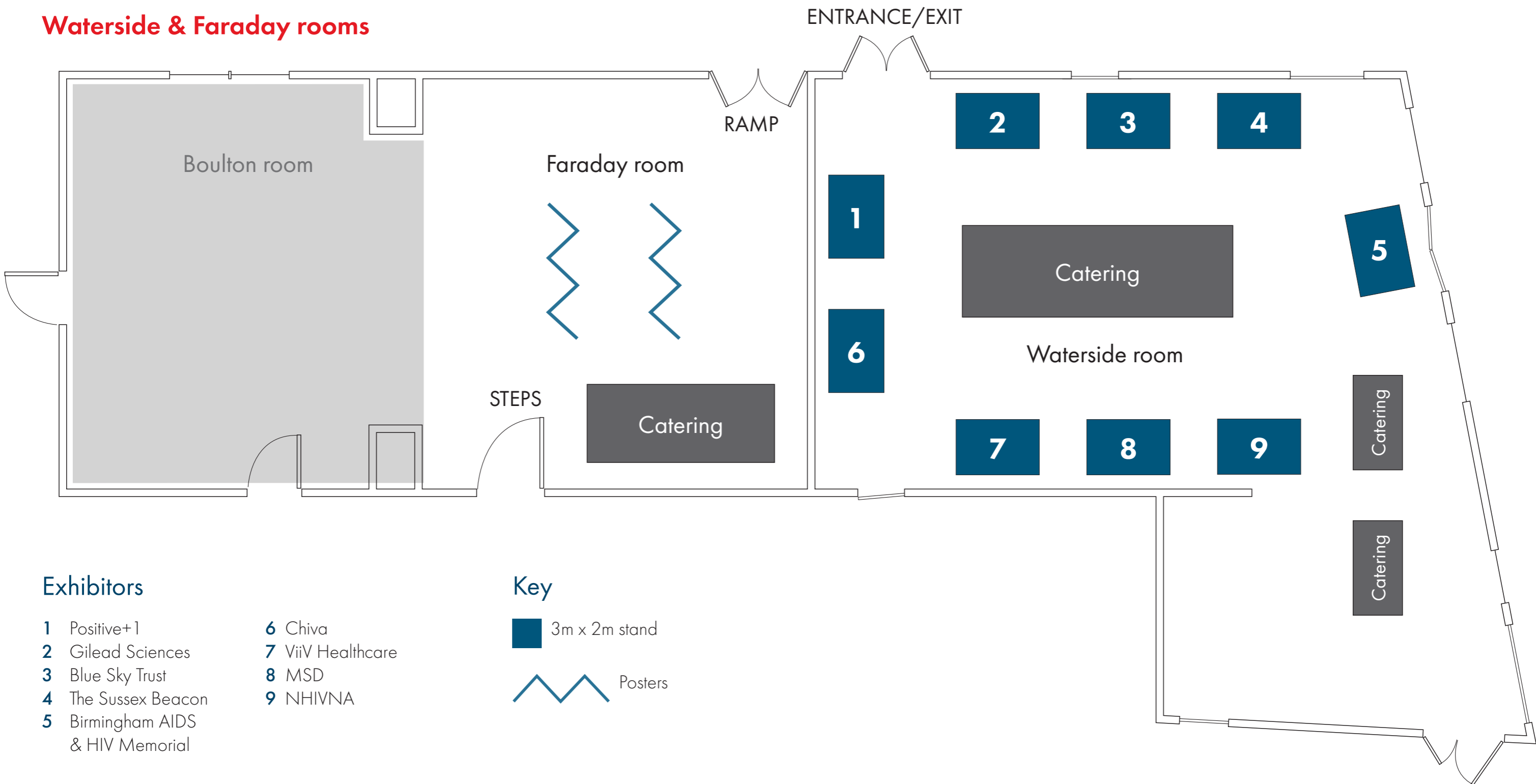


# 25th Annual Conference

14 - 16 June 2023

IET Birmingham: Austin Court

## Waterside & Faraday rooms



### Exhibitors

- |                                  |                   |
|----------------------------------|-------------------|
| 1 Positive+1                     | 6 Chiva           |
| 2 Gilead Sciences                | 7 ViiV Healthcare |
| 3 Blue Sky Trust                 | 8 MSD             |
| 4 The Sussex Beacon              | 9 NHIVNA          |
| 5 Birmingham AIDS & HIV Memorial |                   |

### Key

- 3m x 2m stand
- Posters



# SAVE THE DATE

Coming in  
October 2023!

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NHIVNA Study Day

Look out for information on  
NHIVNA study Days coming later this year!

## Speakers biographies



**Dr Katy Bourne, Clinical Psychologist. Manchester University NHS Foundation Trust (MFT) & Lecturer in Clinical Psychology, Lancaster University, UK**

Dr Bourne is a qualified Clinical Psychologist based at North Manchester General Hospital, who has worked to support people living with HIV for the last 6 years. Prior to this she has worked in a number of different physical health specialisms including sleep, oncology and general paediatrics.

More recently she joined the Doctorate in Clinical Psychology Training Programme at Lancaster University, where she supports trainee doctoral research, with a particular interest in the areas of HIV, sexual health and sleep.



**Harpreet Basi, TB/HIV NHS, University hospital Birmingham, UK**

Harpreet has been working as a nurse for 20 years. Her 1st job was working on a busy medical ward with a speciality of HIV and diabetes. Over the last 20 years Harpreet reports that she has noticed leaps in HIV care and is excited for the new generation of ARVS.

She reports that she has noticed that stigma around HIV is slowly changing and U=U has given so much confidence to patients living with HIV.

Harpreet now works across Birmingham caring for patients with TB and a specialism of working with TB patients that are co infected with HIV.



**Dr Michelle Croston, Associate Professor of Nursing, University of Nottingham, UK**

Dr Michelle Croston is an Associate Professor at the University of Nottingham, she has a clinical background in HIV care working at national and international level to improve outcomes for people living with HIV. She holds a fellowship with European Society of Person Centered Healthcare (ESPCH). Michelle has extensive post graduate qualifications in mental health and psychological wellbeing. Michelle is passionate about develop teaching and learning strategies to prevent compassion fatigue and secondary trauma.

## Speakers biographies



### **Emily Dalloway, Senior Health & Wellbeing Nurse (RN, QN), Recovery Near You, Birmingham & Solihull Mental Health NHS Foundation Trust**

Emily is the Senior Health & Wellbeing Nurse at Recovery Near You Substance Misuse Service in Wolverhampton, a partnership between Birmingham & Solihull Mental Health NHS Foundation Trust, NACRO and Aquarius. She started her career in the NHS 25 years ago as a staff nurse working in surgery, mainly emergency admissions at New Cross Hospital. In 2006, Emily moved to community nursing, caring for patients who had substance misuse issues. She continues to care for these patients, mostly concentrating on their physical wellbeing and the barriers which prevent them from accessing treatment and other health services.

Emily introduced and set up an in-reach clinic at Recovery Near You with the local hospital consultant to treat patients for Hepatitis C. This clinic has been successful, as part of the hepatitis C elimination initiative and is now Nurse-led with the local hepatology team. The team have been nominated and shortlisted for awards for 'Best Improvement' and 'Innovation' 2022 by NHS England/Hep C U Later/NHS Alliance. This year, Emily has set up another in-reach clinic for patients who have been diagnosed with HIV. This is also a nurse-led clinic service with the HIV team from New Cross Hospital, Wolverhampton.

In 2022, Emily was awarded the title of Queen's Nurse, in recognition of commitment to high standards of patient care and continually improving practice.



### **Mr Eli Fitzgerald, Youth Project Coordinator, Positively UK**

Eli is a 24-year-old transgender man living with HIV. For the past few years Eli has been advocating for young people living and growing up with HIV through his work with Chiva and Positively UK. He wants to ensure that the voices of young people living with HIV are heard and respected. Eli is also an advocate for transgender people living with HIV and has spoken at several HIV conferences and events.

## Speakers biographies



### **Beth Freeborn, CNS HIV, SCFT, UK**

Awareness and personal connection started my nursing career off in the 90's.

Having been traumatized by "tomb stone" AIDS public health campaign and being a part of the LGBTQ+ community; I know I wanted to contribute to change.

I have worked in many specialty areas gaining a varied breath of knowledge and experience.

The Mildmay Mission Hospital in London was my first HIV work environment, supporting patients who also had drug / alcohol dependencies and tragically dementia.

I worked in New Zealand for over a decade where I became a Childbirth Educator, Breastfeeding Advocate, Health Visitor, Outreach Vaccinator, Primary Health Nurse - for indigenous people. District Nurse, Palliative Care Specialist. Dementia Nurse, Rural Nurse - covering predominantly a Maori community; delivering care for GP and maternity beds - deliveries and post-natal care and A&E room.

I have a Post Grad in Primary Health Care Specialty Nursing.

I currently work as a CNS HIV in Brighton.

I love an outdoor lifestyle and time with my family.

My passion is for individualized holistic care and I am delighted to be a part of facilitating LAI into the Community. I enjoy working with minority groups and striving for equity of care.



### **Catherine Gatford, HIV CNS, University Hospitals of Derby and Burton, UK**

Catherine has worked as a HIV Nurse Specialist for over 20 years, with a background in Palliative care. She currently leads the HIV Nurse Specialist team in Derby and also Chairs the Midlands HIV CNS Network.

Catherine is a non medical prescriber with a special interest in research. She has a particular interest in the issues surrounding patients with no recourse to public funds and works closely with the local HIV patient support group to facilitate access to services.



### **Rachel Greaves, Team Member, Birmingham AIDS and HIV Memorial & Project Lead, Positive Peers, UK**

Rachel Greaves is a heterosexual female (she/her) living with HIV since 2015. Since 2016 Rachel has been an active member of the HIV community in Birmingham. Through her own diagnosis experience she is very passionate about peer support and representing her community. She is the Chair of a Patient Forum at Heartlands HIV service, from this she created, and leads Positive Peers B/ham, a one to one Peer Support organisation which support people in Birmingham living with or affected by HIV/AIDS. From this Rachel met Garry Jones, The Founder and Designer of The Birmingham AIDS and HIV Memorial. Rachel became part of this team in 2021, overseeing the social media presence. She also assisted Garry with the launch and running of Cover Up Quilts.

## Speakers biographies



### **Nathaniel Hall, Actor, Writer and HIV Activist, UK**

Nathaniel Hall is an award-winning actor, writer and HIV activist, known for his HIV stigma-smashing solo-show *First Time* about life with HIV+ after diagnosis at 16. His story and community-led creative activism has been covered extensively by the UK's media including *Good Morning Britain*, *Lorraine*, *Channel 4 News*, *BBC News* and *BBC Breakfast*.

Nathaniel appeared as Donald Bassett in *It's A Sin*, the hit C4 drama about HIV/AIDS in 1980's Britain. He is Co-Artistic Director of *Dibby Theatre*, an LGBTQ-led theatre company from Greater Manchester. Nathaniel's next show *Toxic* explores the impact of HIV, homophobia and toxic gender norms on gay men's relationships and will premiere in Manchester in 2023 before touring the UK.



### **Rev Cate Jacobs, Curate, Church of England, UK**

Cate Jacobs is a long-term survivor of HIV. Diagnosed in 1995!

The early statement from the 'church' that "AIDS is a punishment from God" set Cate off on a journey of spiritual exploration and search for meaning in her diagnosis. Part of that exploration led her to train as a reiki master, and from that developed an interest in healing.

She is qualified counsellor and spiritual accompanier.

She has been an AIDS activist and public speaker since the beginning of her diagnosis, seeking to change perceptions, stereotypes and the stigma that still surrounds HIV today. She wrote for *Positive Nation* and *Positively Women* magazine and wrote a book of poetry about her early experiences of living HIV. She participated in the making of an online resource for HIV+ve Christians and churches which can be found at: [positivefaith.netc](http://positivefaith.netc)

She is the mother of 3 adult children and grandmother to 5!

Following a period of homelessness, Cate went to live and work at the Scargill House retreat Centre and her gradual journey back to the church began. She began training for the priesthood in 2018. Was ordained deacon in July 2022 serving as a curate on the Speke Estate in Liverpool. She was priested last week!!!! Cate is also a long standing member of *Open Table* - the LGBT+ Christian community opentable. lgbt.

During the years Cate felt excluded from church, her relationship with God grew beyond the boundaries of religion and her expansive vision of God informs her ministry now.

## Speakers biographies



### **Councillor Brigid Jones, Deputy Leader, Birmingham City Council**

Brigid was elected as the Deputy Leader of Birmingham City Council in 2017, at the age of 30. She was first elected to the City Council in 2011 and served as the Cabinet Member for Children and Family Services from 2012 to 2017, driving improvements in one of the country's most challenged and scrutinised Children's Services departments, and overhauling the Education Department.

Brigid led the drive for Birmingham City Council to become a Living Wage employer, benefitting thousands of people across the city. She is the Cabinet Member for Levelling Up on the West Midlands Combined Authority, fighting for greater powers and funding to be devolved to the West Midlands from Westminster. Brigid also leads on Levelling Up for the City Council, pushing forward the Council's Levelling Up Strategy which seeks to help the people and communities of our city to thrive.

As Deputy Leader of Birmingham City Council, Brigid works to harness the power of institutions and organisations across the city to drive the change that we all want to see, and is committed to improving the services that the Council offers to the 1.25 million people who call Birmingham home.



### **Eimear Kealey, Lead Nurse BBV, Royal Liverpool foundation trust, UK**

Eimear is the Regional Lead Nurse for Blood Borne Virus at the Royal Liverpool Hospital. She has worked in HIV services for over 17 years. She became the HIV/Hepatitis specialist Nurse in 2009. In 2019 she became the regional Lead nurse for BBV and as part of this role she leads a team of nurses that care for HIV patients who were incarcerated in our regional prisons. She has a wonderful team which work incredibly hard to provide high standard of care for their HIV patients.



### **Graeme Lavery, Textile Artist, HIV campaigner/Activist, Sahir House, UK**

2023 marks ten years of Graeme living with HIV, since being diagnosed while studying for his Bachelor of Arts in Graphic Arts, at the Winchester School of Arts, Hampshire, UK.

After returning to his hometown of Liverpool, he joined his local HIV charity Sahir House, becoming a public speaker, p100 HIV peer mentor (Positively UK) and participant in the international health campaign HIV: Is Just a Part of Me 2018.

Combining his practice as a Textile Artist and his voluntary involvement with the UK AIDS Memorial Quilt led to him delivering a workshop to create new panels, later featured on the BBC morning news in 2021. As part of his passion for the preservation and celebration of these historical artifacts, he took part in a series of talks through the Museum of Liverpool about LGBT craft in Britain.

It wasn't until 2022 that Graeme received a late in life diagnosis an Autism Spectrum condition, aged 37, which had taken four years to obtain, refocusing his attentions to ageing with HIV and commodities of how HIV impacts his autism and explore how to best manage this for the future.

## Speakers biographies



### **Dr Juan M. Leyva-Moral, Associate Professor, Universitat Autònoma de Barcelona, Spain**

Dr. Juan Leyva is a family and community nurse specialist with several years of clinical experience with geriatric, adult, and pediatric populations. He got his master's degree at the University of Edinburgh in 2005 and his doctoral degree at the Universidad Europea de Madrid in 2010. Since then, he has worked exclusively as a teacher and researcher at the university. His research interests focus on understanding the individual and collective meanings of HIV infection, its treatment, and the attitudes of health professionals. He is also interested in affective-sexual health, vulnerable populations, the gender perspective, the intersectional approach, and teaching innovation. In recent years, Dr. Leyva has been collecting data on the effectiveness of Narrative Photography as a teaching tool for improving care for marginalized populations. He has extended experience in qualitative methods, particularly Grounded Theory, and metasynthesis.

Dr. Leyva is the coordinator and teacher of the subjects: 'Culture, Society and Health' and 'Family and Community Nursing' in the Nursing Degree at the Universitat Autònoma de Barcelona (Spain). In addition, he is the coordinator of the Vulnerability and health Nursing Research Group. He currently supervises six doctoral theses, three related to HIV.



### **Nathan Lowe, Independent Non Medical Prescriber, Birmingham and Solihull Mental Health Foundation Trust, UK**

Nathan is an Independent Non-Medical Prescriber. He has been working in the area of substance misuse for the past 18 years, initially in Sandwell and then in Wolverhampton. He has worked in a wide variety of areas including community, hospital, criminal justice and prison in reach.

He was part of a pilot project in Wolverhampton providing fast track ambulatory detox, and now leads alcohol services within Wolverhampton. He also has an interest in working with professionals with substance misuse issues, older adults and iatrogenic prescribing.

In his spare time he is an avid cook (initially training as a chef). He is a Father of four and step father of two and lives in Telford.



## Speakers biographies



### **Mr Mark Mills, Patient, UK**

Mark is the Executive Assistant to Sharon Whale, Deputy Global Group Chief Executive Officer at OLIVER and The Inside Ideas Group. He has been in partnership with Sharon for over 5 years. With a career in Business Support spanning 22 years, Mark has worked for some of the biggest and best global creative and advertising agencies such as Leo Burnett, The Red Brick Road and Ogilvy. Mark was listed by Executive Assistant UK Magazine as one of the top 6 Newcomer Executive Assistants in 2014 and has most recently been Interviewed by The Assistant Room CEO, Jess Gardiner on Building your Brand as an Executive Assistant.

Mark actively engages with the UK's HIV Specialist Nursing Community having been diagnosed himself as HIV Positive in 2021. He takes speaking opportunities to bring new light and progress to HIV care services for working professionals and is speaking at the 2023 NHIVNA Conference (National HIV Nurses Association). Mark further delivers positive sexual health presentations with his own specialist HIV nurse to drive the NHS-UK Goal of no new HIV infections in the UK by 2030.

Mark lives in Worthing by the seaside and takes all the opportunities he can to deliver a life of positive wellbeing.



### **Rachel Musomba, Project Manager, Africa Advocacy Foundation, UK**

Rachel Z Musomba has a Public Health background with Quality Management training from McGill University, Montreal Canada. She is currently pursuing a PHD in Public Health and Epidemiology at the London School of Hygiene and Tropical Medicine. Rachel is also a renowned researcher with over 15 years of HIV clinical and programming experience. She has made significant research contributions in the areas of anti-retroviral therapy and opportunistic infection with peer-reviewed publication. She is currently working as a Project Manager at the Africa Advocacy Foundation, UK. Her areas of specialisation include ; Community Public Health engagement, Digital Health, HIV and Long-Term Conditions.

## Speakers biographies



### **Angelina Namiba, Project Manger, 4M Network of Mentor Mothers, UK**

Originally from Kenya, Angelina has over 24 years' experience of working in the HIV sector on different initiatives ranging from providing one-to-one support to people living with HIV, treatment advocacy, managing service delivery to facilitating, promoting and advocating for the involvement of women living with HIV in forming and informing local and national strategy and policy.

Living with HIV for nearly 30 years, she is a founder member of the 4M Network of Mentor Mothers living with HIV. A programme that works with Mentor Mothers living with HIV to train them to support their peers in their pregnancy journey, as well as for their own professional development.

Angelina also sits on various national and international advisory boards. These include as a patron of the National HIV Nurses Association, a lay member of the Women's Network of the Royal College of Obstetricians and Gynaecologists, a member of the Organizing Committee of the annual International Women and HIV Workshop, has been a Community representative for BHIVA, and is a Trustee of the National AIDS Trust, Salamander Trust and SAFE Kenya. She has co-authored various articles in peer-review journals and UNAIDS reports.



### **Eileen Nixon, Nurse Consultant, Brighton and Sussex University Hospitals NHS Trust**

Eileen has worked in the HIV field since 1988 and has worked in palliative care, acute and community settings. She has been a Nurse Consultant in Brighton since 2004. Her clinical work includes working with harder to reach groups of patients and people with complex health needs. She has been involved nationally and internationally in training and development of HIV nursing.



### **Moses Shongwe, HIV Network Lead Nurse, Barts Health NHS Trust, UK**

Moses Shongwe is a HIV Network Lead Nurse for Barts Health NHS Trust and a lead nurse for HIV and Hepatitis; and HIV LA Injectables Therapy. He has worked in HIV care for 24 years. He graduated in South Africa and since developed himself and now has MSc in ACP, MBA in HSM, PG Dip in Academic Practice and fellow in Higher Education. He led a survey on Healthcare Professional Knowledge within his NHS Trust Organisation and won the Professor Chloe Orkin Award for work in social sciences presented in BHIVA Autumn Conference in 2020.

## Speakers biographies



### **Christopher Williams, Service Lead, Plushealth, UK**

Chris Williams is uncompromisingly passionate about empowering others to live well with HIV. He is an experienced health and treatment advocate, peer mentor and mental health first aider. He has supported people living with or affected by HIV for over a decade in a variety of roles allied to the treatment and care of HIV and mental ill-health.

Since his diagnosis in 2008 Chris has volunteered for several HIV charities and continues to volunteer with My Community Forum which is hosted by Terrence Higgins Trust. He is a community member of the British HIV Association (BHIVA), National HIV Nurses Association (NHIVNA) and a patient representative with NHS England HIV CRG treatment sub-group.

Chris founded the online peer support community project Plushealth in 2018 and developed the project as a volunteer. He is currently responsible for managing the London Fast Track Cities Improvement Project where Plushealth work in partnership with Chelsea & Westminster NHS Foundation Trust HIV Services, PositivelyUK and NAZ. He is also responsible for the day-to-day management of Plushealth which is a voluntary role, working closely with the Board of Trustees and stakeholders.



### **Nikki Williams, Lead Psychologist for Community HIV Specialist Services, Sussex Community Foundation Trust, UK**

Nikki is a Counselling Psychologist with over thirty years' experience working in healthcare within the NHS and private sector. Nikki previously worked as a registered nurse specializing in infectious diseases and as registered midwife for several years.

With a long-term interest in mental health and vulnerable adults her professional interests include vulnerable families, attachment theory, intergenerational family coping styles, perinatal mental health, HIV & long-term health conditions and the effects of psychological trauma. Nikki aims to be compassionate, non-judgmental, and empathic in her approach with others.

After working for over four years with individuals with long term health conditions Nikki is the Lead Psychologist for Community HIV Specialist Services covering both West Sussex and Brighton & Hove.

Nikki works alongside the nursing team supporting clients with complex trauma involving stigma, medication adherence & substance use. Nikki is also involved in reflective practice for the nursing teams plus developing training in attachment theory, substance use, the holding space and importance of boundaries.

## Speakers biographies



### **Matt Wills, Former Research Assistant, COCHIV Study, Sheffield Hallam University, UK**

Matt started working in HIV in 2001, working as a caseworker in the voluntary sector in Staffordshire. In 2010 he joined the team at Homerton University Hospital in east London as the HIV Social Care Coordinator. In this role he was actively involved in promoting the importance of Peer Support in the clinical setting to improve the health and social care outcomes of people living with HIV. During this time Matt was also a trustee at the Food Chain, a charity who deliver meals and groceries, offer cookery and nutrition classes and communal eating opportunities to people living with HIV in London and their dependents. Matt then worked as a research assistant at Sheffield Hallam University on the Cost of Caring in HIV (COCHIV) project. He now works for Birmingham Mind as service manager on the Primary Care Mental Health Navigation project.

