

Experience of HIV positive patients accessing a one stop clinic

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Background


- Large inner city HIV clinic – cohort around 1750
- Previously 2 separate appointments (blood followed by medical review/phone clinic)
- High DNA rates 17-18%
- Inconvenience




Aim

- One Stop Clinic – increase options, reduce number of appointments, impact on DNA rate





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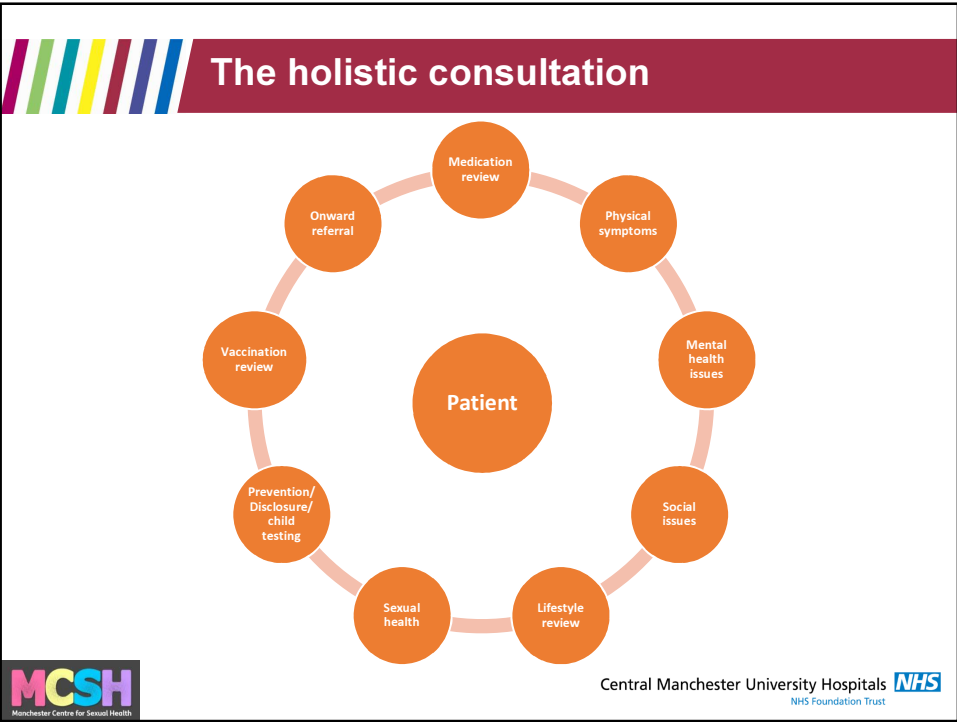
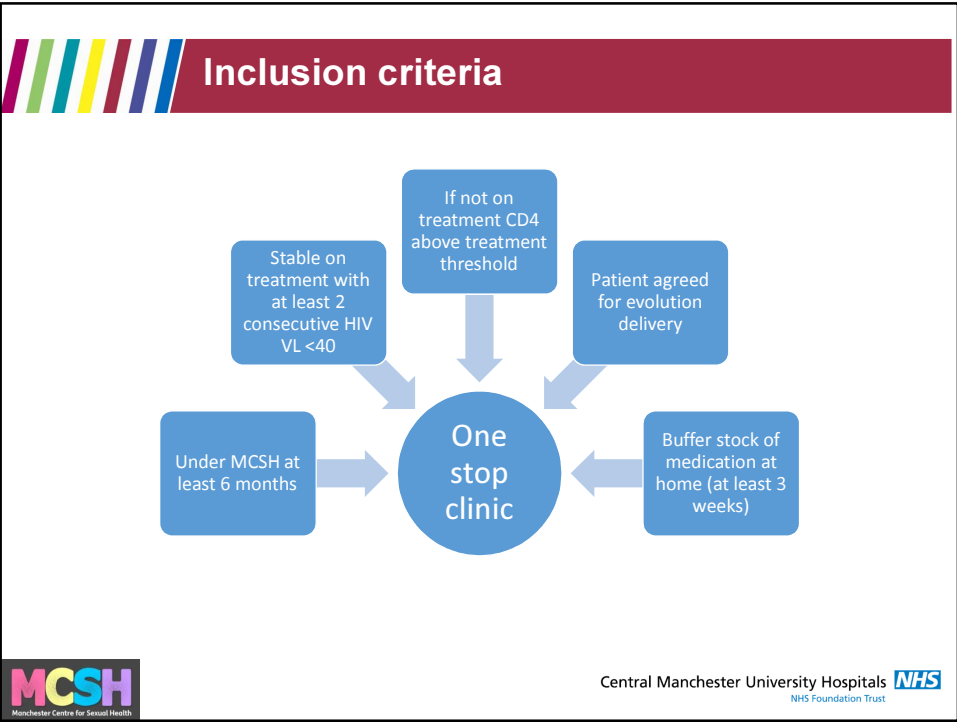


One stop clinic

- Nurse led clinic protocol
- Clinic proformas and protocols were developed in accordance with BHIVA national guidelines (2011) and BHIVA standards of care for PLWHIV (2013) in collaboration with medical consultant colleague
- Inclusion criteria set





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Virtual clinic review

- Blood results reviewed within 7 days
- Action on significant results
- Prescription (NMP)
- Summary of care – letter to GP
- Polypharmacy – review by pharmacist
- Encrypted email sent to patient – online survey link




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Results

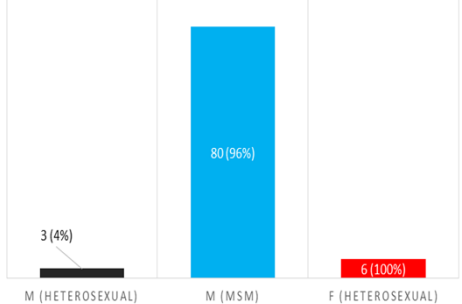
Feb – May 2015 : 103 patients booked, 89 attended, 14 (13%) DNA

GENDER





Gender	Count	Percentage
Male	83	93%
Female	6	7%

SEXUALITY

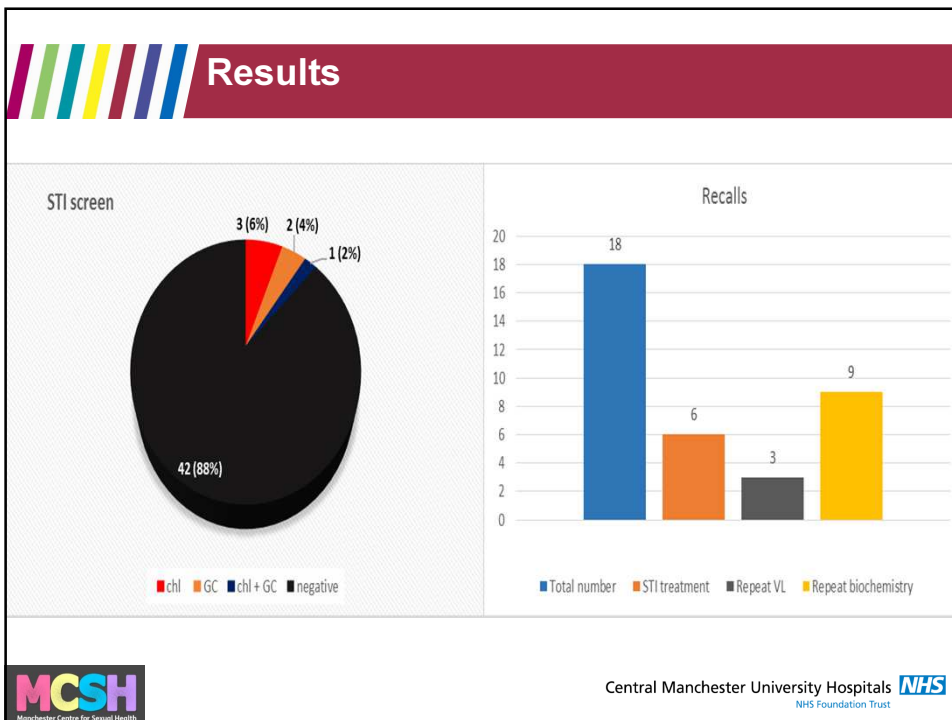
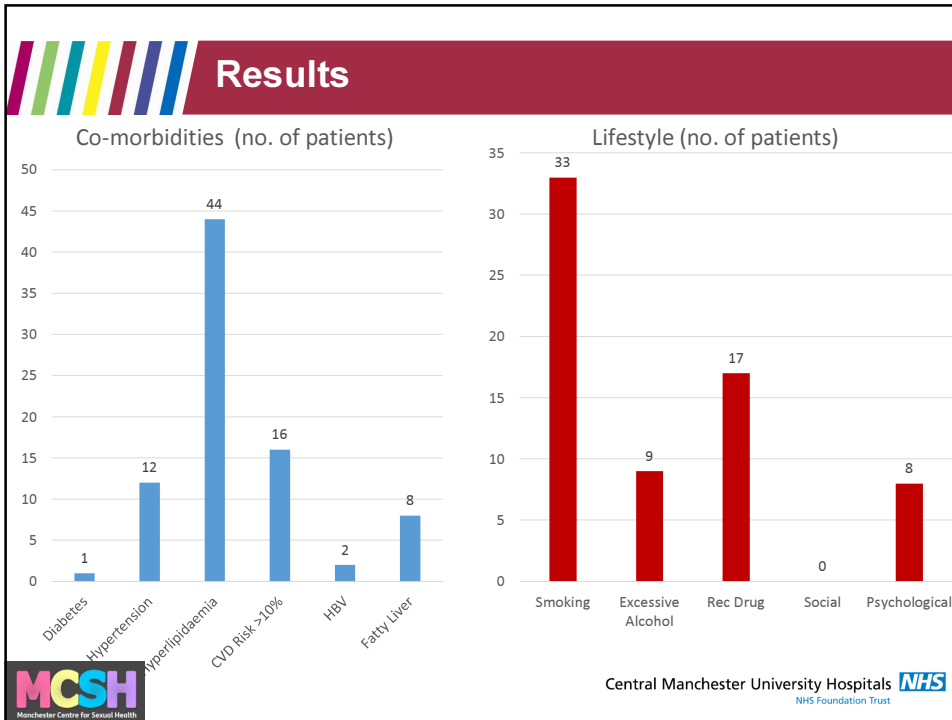


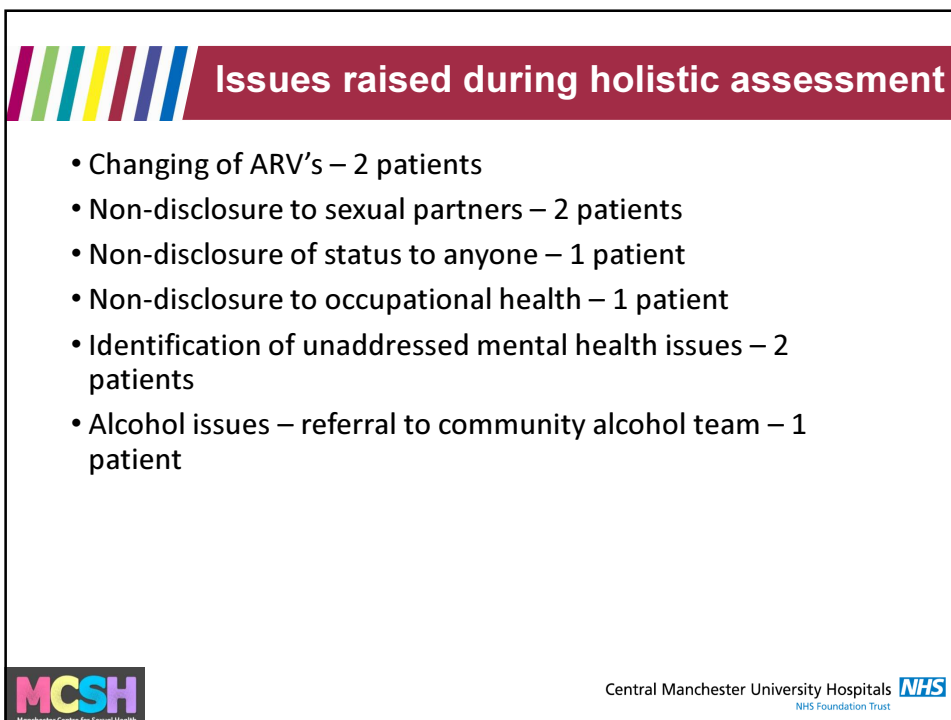
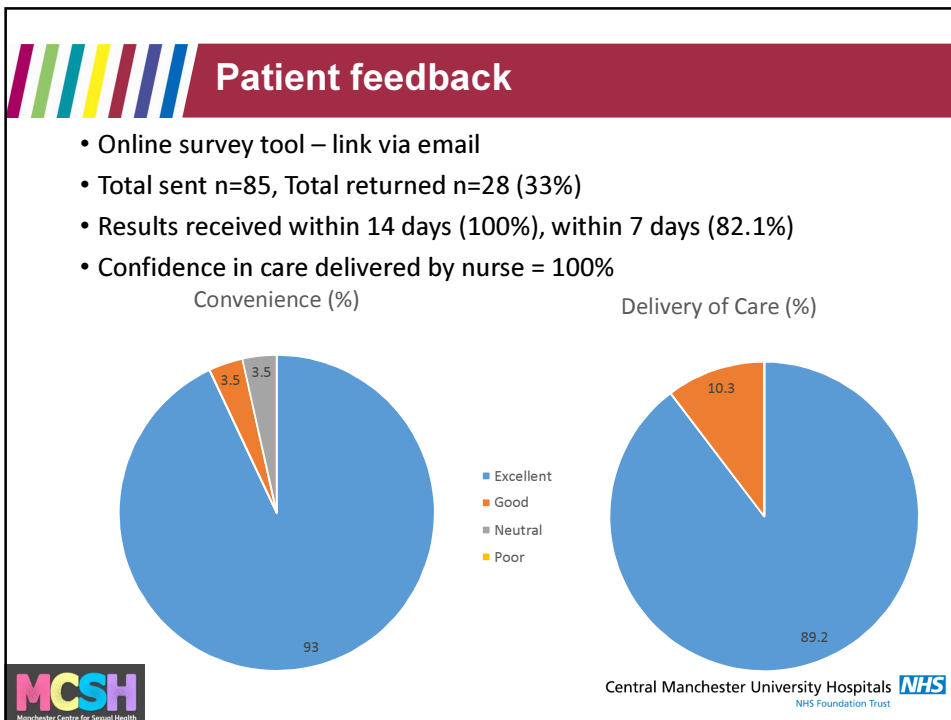
Sexuality	Count	Percentage
M (HETEROSEXUAL)	3	4%
M (MSM)	80	96%
F (HETEROSEXUAL)	6	100%




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Conclusions

- Co-morbidities – opportunity for interventions :
Healthy diet, exercise, referral to club drug clinic, CAT, mental health services, GP, polypharmacy, support organisations eg George House Trust
- 50% appointment reduction for patients – continue to receive a face to face holistic consultation
- Reduced DNA rate 13% (current DNA for clinic 17-18%)
- Patients with poor clinic attendance continue to DNA – further work to explore reasons





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Conclusions

- High patient satisfaction scores for patients - both convenience/delivery of care
- High staff satisfaction for nursing staff – ideally placed to provide holistic care for stable patients
- Future potential for expansion – other CNS team members
- Potential to develop and explore opportunities to change inclusion criteria



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