

14th Annual Conference of the
National HIV Nurses Association (NHIVNA)



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The Sussex Beacon

14-15 June 2012, Manchester Conference Centre



Psychological Support Study
'My brave face is false'

Caroline Lovett
The Sussex Beacon



Two parts

- Are clients on the IPU having their psychological needs meet with the appropriate level of service input
- Are referrals appropriate, duplication/multi referrals avoided



Psychological Support

Defined as –

‘any form of support which is aimed at helping people living with HIV to enhance their mental and their cognitive emotional well-being’

Standards for psychological support for adults living with HIV (MedFASH) November 2011



Background

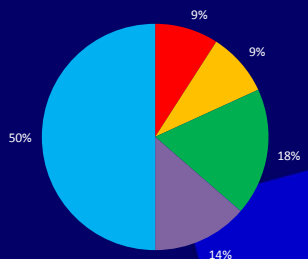
- Self filled in questionnaire
- Semi structured interview
- 29 clients on the IPU over 6 months
- (23 filled in questionnaire)



Results

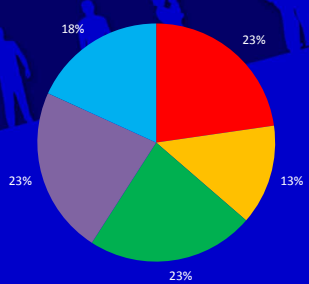
I have accepted my illness

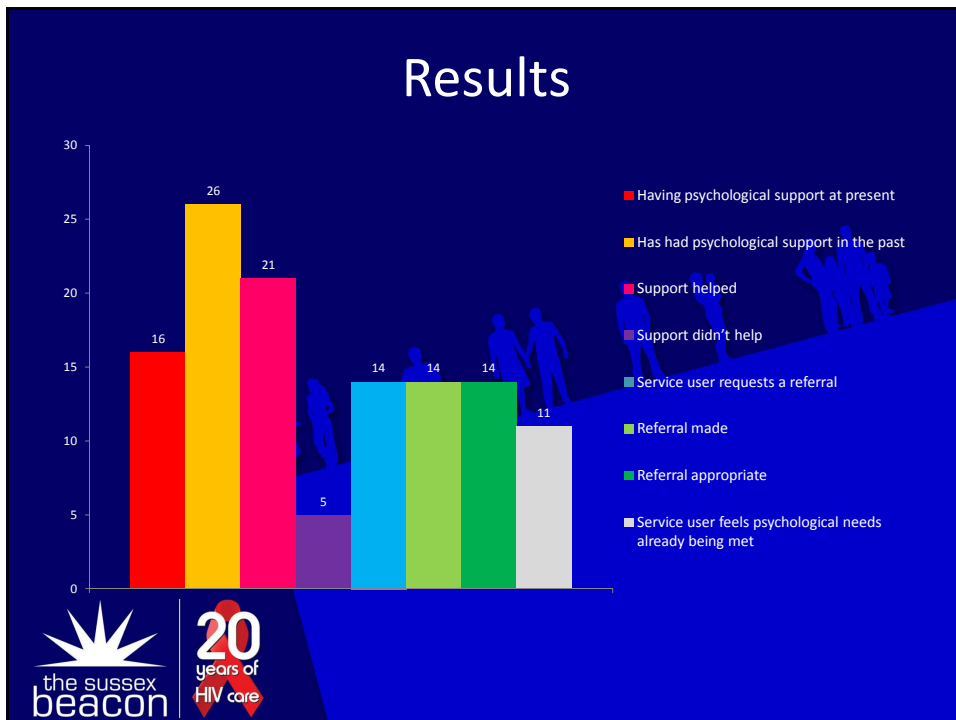
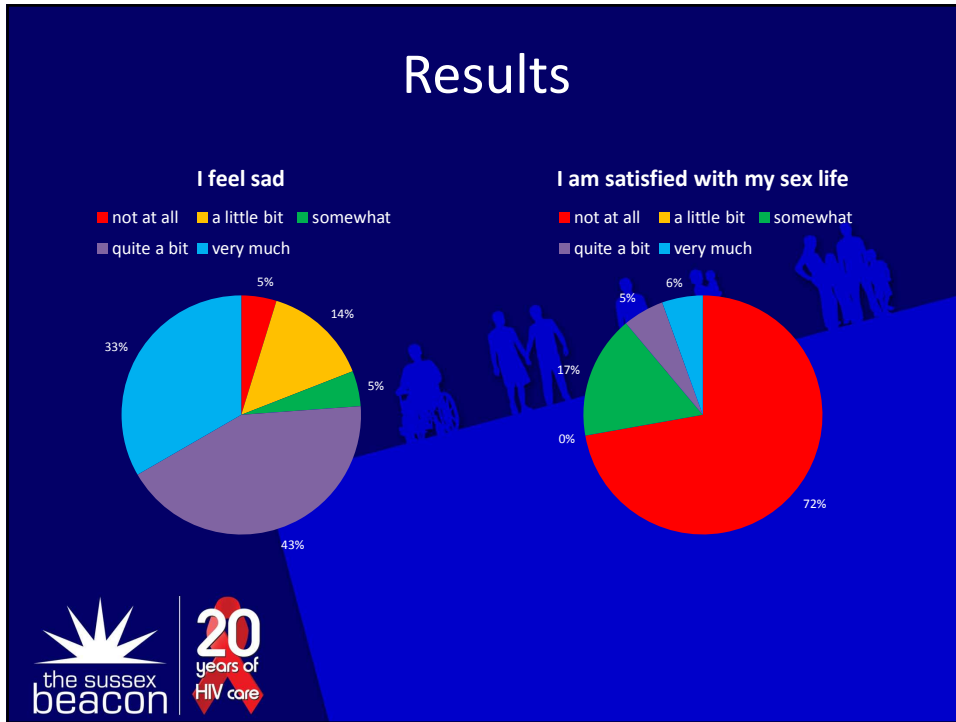
- not at all
- a little bit
- somewhat
- quite a bit
- very much

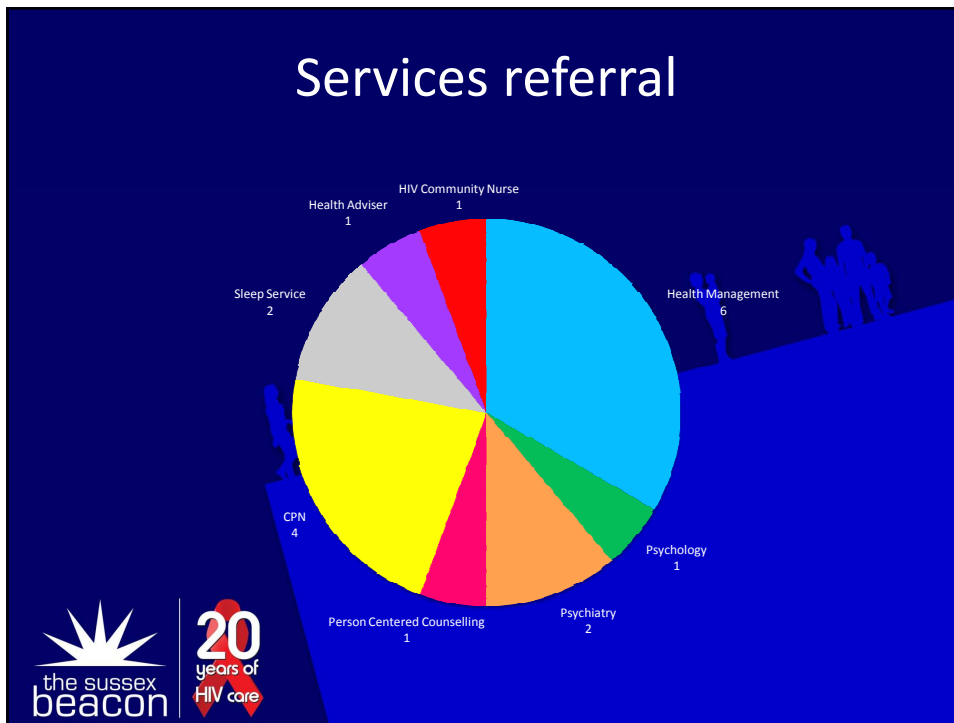


I am satisfied with how I am coping with my illness

- not at all
- a little bit
- somewhat
- quite a bit
- very much







Conclusions

- Duplication of referrals avoided – more economical use of time and resources
- Avoids clients having to ‘tell their story’ again and again

the sussex beacon | 20 years of HIV care

Reference

Standards for psychological support for adults living with HIV
(MedFASH) November 2011



www.sussexbeacon.org.uk

