The role of the Advanced Practice Nurse and Nurse Consultant

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The Role of Advanced Practice in HIV Care

- Consultant Nurse
- Advanced Nurse Practitioner
- Nurse Practitioner
- Clinical Nurse Specialists
- Etc....

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The Whys and Wherefores

- Why has advanced practice come about? (Drivers)
- What is it? (Definition)
- How do we know we are capable? (Competence)
- Who is doing it? (Examples)
- Where is it going? (Future issues)

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The Why: The Drivers for Change

Nurstoons by Carl Ellings

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Drivers

- Making a Difference (1999)
- NHS Plan (2000)
- Ara Darzi and Polyclinics
- Government White Paper: Our Health Our Say - advocating greater community based care
- Community Matrons

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Drivers

- Long term conditions
- BHIVA HIV Service Standards
- BHIVA Treatment Standards
- HIV Care Pathways
- Finances
- HIV Nursing

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The view of the Royal college of Physicians:

“HIV clinic nurses are also key members of the clinical team. They develop specialised skills in assessing the wide range of clinical and other problems that patients experience, and may be trained to assist with or undertake a wide range of medical procedures”

The What: A definition of Advanced Practice

- RCN (2008)
  - An RCN Guide to the advanced nurse practitioner, competencies and programme accreditation
- “Senior Nurses working in HIV who have a defined cohort of patients for whom they manage an aspect of clinical care. Care should include professionally autonomous decision making based upon the interpretation of data gathered from a systematic assessment, and associated investigations and results, within a wider supervised clinical team”
  - (HIV Nurses in Advanced Practice Group)
The How: Exploring Competence


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- Horrocks S et al (2002) “Systematic Review of whether nurse practitioners working in Primary Care can provide equivalent care to doctors”. *British Medical Journal* 324, 6 April 02, p819-823

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Published Competencies

- National HIV Nurses Association Competencies
  - June 07
  - Level 4 competencies: this level of practice reflects the role of expert practitioners working in advanced practice roles such as nurse consultant, senior clinical practitioner or senior nurse manager.

The Who: Examples of Advanced Practice

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- Community CNS / Matron
  - Community based clinics (stable patient, lipid, avoiding admission)

- District General Hospital Acute CNS’s
  - Stable patients, Triage and treatment minor ailments, Lipid clinics etc

**The Where:**

**Future Issues** in Advanced Practice. Possibilities..

- Primary or Secondary based care?
- Community Based One-stop-shop care?
- Prescribing 1st Line Therapy?
And challenges...

The Essence of nursing!

"One of us is in serious trouble!"

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