20th Annual Conference of the National HIV Nurses Association

THE PAST, PRESENT AND FUTURE OF HIV NURSING
28–29 June 2018, Holiday Inn Brighton Seafront, UK

preceded by

The NHIVNA Pre-conference Study Day
UNDetectable=UNTRANSMITtable (U=U)
1430–1845, Wednesday 27 June 2018 (venue as above)
Positive Parenting and HIV:

Discussion points will include pregnancy, discussing HIV with children and the impact of HIV management on family life

Thursday 28th June 2018
14:15 -15:15

Chair: Angelina Namiba
Salamander Trust

Speakers: Lizzie Jordan
Think 2 Speak
Gillian, Rebecca and Henry
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Executive Committee

Shaun Watson  Chair  Chelsea and Westminster Hospital, London
Andy Marshall  Honorary Secretary  Zachary Merton Hospital, West Sussex
Linda Panton  Honorary Treasurer  NHS Lothian, Edinburgh
Elizabeth Foote  Vice Chair, Events Subcommittee  Royal Liverpool and Broadgreen University Hospitals Trust
Claire Gamble  Imperial College Healthcare NHS Trust, London
Ricky Gellissen  Homerton University Hospital, London
Jacqui Hale  UK Community Advisory Board, London
Laura Kwardem  Community  University of Nottingham
John McLuskey  University of East Anglia, Norwich
Kemoh Rogers  The Sussex Beacon
James Stanford  Homerton University Hospital, London
Matt Wills  Royal Liverpool and Broadgreen University Hospitals Trusts
Pauline Jelliman  Co-opted Trustee  Sheffield Hallam University
Hilary Piercy  Co-opted Trustee

Venue

Holiday Inn Brighton Seafront

Registration - Entrance foyer
Lecture Theatre - Arundel 1
Catering & Exhibition - Arundel 2
Posters - Entrance foyer
Introduction

Dear Colleague

Welcome to the 20th Annual Conference of NHIVNA, held at the Holiday Inn Brighton Seafront Hotel. We traditionally invite Local Hosts, to assist the NHIVNA Committee in preparing the logistical aspects of the conference and to bring a local flavour to the programme. This year we are delighted that Anna Bamford from Sussex Community NHS Foundation Trust, Tracey Buckingham from Brighton and Sussex University Hospitals NHS Trust and Martin Jones from East Sussex Healthcare NHS Trust have kindly accepted these roles.

NHIVNA would like to thank all of our speakers, who have agreed to present their work at the conference and we are confident that their experience and expertise will benefit all who are in attendance. We are excited that the Annual Conference programme in 2018 will focus on a variety of important topics that will, no doubt, highlight some difficult issues in the management of HIV, as well as encourage some lively discussions and debate.

One of the highlights of the conference will be the presentation of the very latest research, education and clinical practice initiatives in HIV nursing during the oral presentation sessions. As in previous years, these will be presented as part of the main plenary sessions. A new addition to the conference this year is the NHIVNA Case Presentations Session that will take place on Friday morning.

The NHIVNA AGM will be held prior to lunch on Friday and I encourage all NHIVNA members to attend this meeting, as it provides a forum to present any points of view to the NHIVNA Officers and members of the Executive Committee. In addition, it will provide us with an opportunity to update delegates on some of the exciting developments within NHIVNA over the past year.

The NHIVNA Conference Social Event will take place on the Thursday evening of the conference. This will be held at the Palm Court Restaurant on Brighton Palace Pier. The evening will be informal but, in true NHIVNA style, we anticipate an evening of great food followed by after-dinner entertainment and dancing.

I hope that you enjoy the conference and find it of relevance to both your educational and practical needs.

Best wishes

Shaun Watson
Chair
National HIV Nurses Association

NHIVNA Best Oral Award and Mediscript Clinical Practice Award Judging Panel

Elizabeth Foote (Chair)
Ricky Gellissen
Martin Jones
Andy Marshall
Angelina Namiba
Linda Panton

Krattinger Rennison Award and NHIVNA Best Poster Award Judging Panel

Jacqueline Hale (Chair)
Robert Fieldhouse
Pauline Jelliman
Hilary Piercy
Kemoh Rogers
Matthew Wills
# Pre-conference Study Day

**UNDETECTABLE=UNTRANSMITTABLE (U=U)**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>1430–1500</td>
<td>Registration and arrival refreshments</td>
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<tr>
<td>1500–1505</td>
<td><strong>Introduction by Study Day Co-chairs and Patrons of NHIVNA</strong>&lt;br&gt;Robert Fieldhouse, BASELINE&lt;br&gt;Angelina Namiba, Salamander Trust</td>
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<tr>
<td>1505–1510</td>
<td><strong>A background and introduction to U=U</strong>&lt;br&gt;Shaun Watson, Chelsea and Westminster Hospital, London</td>
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<td>1510–1530</td>
<td><strong>U=U and sero-different couples, evidence of change</strong>&lt;br&gt;Tom Witney, The Open University, Milton Keynes</td>
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<td>1530–1555</td>
<td><strong>The healthcare professional perspective</strong>&lt;br&gt;Joe Phillips, 56 Dean Street, London</td>
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<td>1555–1650</td>
<td><strong>ViiV Healthcare Invited Session: The patient’s perspective</strong>&lt;br&gt;Chair: Tom Hayes, Beyond Positive&lt;br&gt;&lt;br&gt;<strong>What does U=U mean to me?</strong>&lt;br&gt;Bryan Dramiga, CHIVA&lt;br&gt;Samantha Dawson, Body Positive Dorset&lt;br&gt;Angelina Namiba, Salamander Trust&lt;br&gt;Shaun Watson, Chelsea and Westminster Hospital, London</td>
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<tr>
<td>1650–1715</td>
<td>Refreshments</td>
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<td>1745–1815</td>
<td><strong>The evidence for U=U: the PARTNER study and the U=U campaign</strong>&lt;br&gt;Simon Collins, HIV i-Base</td>
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<td>1815–1830</td>
<td><strong>The Brighton experience of telling patients about U=U</strong>&lt;br&gt;Gillian Dean, Brighton and Sussex University Hospitals NHS Trust and The Martin Fisher Foundation</td>
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<td>1830</td>
<td><strong>Evaluation and close</strong>&lt;br&gt;Robert Fieldhouse, BASELINE&lt;br&gt;Angelina Namiba, Salamander Trust</td>
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*NHIVNA Pre-Conference Study Day Sponsors 2018*
Thursday 28 June

Registration and exhibition open from 0815

0900–0905 Welcome address from the Chair of NHIVNA
Shaun Watson, Chelsea and Westminster Hospital, London

0905–0915 Welcome address from the Local Hosts
Anna Bamford, Sussex Community NHS Foundation Trust
Tracey Buckingham, Brighton and Sussex University Hospitals NHS Trust
Martin Jones, East Sussex Healthcare NHS Trust

0915–0945 Robert Pratt Lecture
Chairs: Tracey Buckingham, Brighton and Sussex University Hospitals NHS Trust
Shaun Watson, Chelsea and Westminster Hospital, London

HIV Nursing: the early days
Anna Bamford, Sussex Community NHS Foundation Trust

NHIVNA Plenary Session 1

0945–1030 Interviewer: Martin Jones, East Sussex Healthcare NHS Trust

20 years of NHIVNA and the changing faces of HIV Nursing
Nathaniel Brito-Ault, Barts Health NHS Trust, London
Nicky Perry, Brighton and Sussex University Hospitals NHS Trust
Shaun Watson, Chelsea and Westminster Hospital, London

1030–1100 Janssen Invited Lecture
Chairs: Tracey Buckingham, Brighton and Sussex University Hospitals NHS Trust
Shaun Watson, Chelsea and Westminster Hospital, London

HIV Oral History Project Update
Jane Bruton, Imperial College Healthcare NHS Trust, London

1100–1130 Refreshments

NHIVNA Plenary Session 2

1130–1230 Chairs: Elizabeth Foote, Royal Liverpool and Broadgreen University Hospitals Trust
Linda Panton, NHS Lothian, Edinburgh

Lymphoma and Kaposi sarcoma: ghosts from the past and the challenges ahead
Duncan Churchill, Brighton and Sussex University Hospitals NHS Trust

The forgotten group: a new HIV outbreak amongst people who inject drugs
Patricia Anderson, Gartnavel General Hospital, Glasgow

1230–1330 NHIVNA Oral Abstracts: Session 1 (1–4)
Chairs: Elizabeth Foote, Royal Liverpool and Broadgreen University Hospitals Trust
Linda Panton, NHS Lothian, Edinburgh

Abstract 1: Developing collaborative nursing models for people living with HIV and hepatitis C co-infection in the advent of increased access to direct acting antivirals: a service development in a large UK urban clinic.
Ruth Burholt, Brighton and Sussex University Hospitals NHS Trust
Thursday 28 June

Abstract 2: HIV antiretroviral therapy in a low prevalence rural area: communication with GPs, co-medications prescribed in primary care and associated potential drug–drug interactions  
Jane Fraser, Newcastle-upon-Tyne Hospitals NHS Foundation Trust

Abstract 3: Evaluating the use of brief motivational interviewing strategies and medication aids (pillbox) in patients with suboptimal antiretroviral adherence: a clinical nurse specialist led service  
David Stainer, Royal Free London NHS Foundation Trust

Abstract 4: How the nurse-led ‘OptionE’ HIV service complies with the 2016 BHIVA guidelines for monitoring of people living with HIV  
Paula McDonagh, Chelsea and Westminster Hospital, London

1330–1415  Lunch, exhibition and posters

1415–1515  MSD Satellite Symposium  
Chair: Angelina Namiba, Salamander Trust

Positive parenting and HIV  
Lizzie Jordan, Think 2 Speak  
Gillian, Rebecca and Henry

1515–1615  NHIVNA Oral Abstracts: Session 2 (5–8)  
Chairs: Jacqueline Hale, Homerton University Hospital, London  
Jim Stanford, The Sussex Beacon

Abstract 5: An investigation into the experiences of men who have sex with men when engaging in the partner notification process 3 months following an HIV diagnosis  
Jonathan Roberts, Brighton and Sussex University Hospitals NHS Trust

Abstract 6: Determining the level of HIV-related stigma in the general population in a UK Fast Track city prior to introducing an anti-stigma campaign in 2018  
Hannah Kelso, Brighton and Sussex University Hospitals NHS Trust

Mark Roche, Brighton and Sussex University Hospitals NHS Trust

Abstract 8: Evaluating the effectiveness of The Midlands HIV Nurses Network: 20 years on and still going strong?  
John McLuskey, University of Nottingham

1615–1645  Refreshments

NHIVNA Plenary Session 3

1645–1745  Chairs: Claire Gamble, Heart of England NHS Foundation Trust, Birmingham  
Hilary Piercy, Sheffield Hallam University

Challenges in care  
Pauline Jelliman, Royal Liverpool and Broadgreen University Hospitals Trust  
Eileen Nixon, Brighton and Sussex University Hospitals NHS Trust
Thursday 28 June

1745–1815 **NHIVNA Invited Lecture 1**
Chairs: Claire Gamble, *Heart of England NHS Foundation Trust, Birmingham*
        Hilary Piercy, *Sheffield Hallam University*

**HIV and palliative care**
Richard Harding, *King’s College London*

**From 1930**  **Drinks Reception followed by Conference Social Event at the Palm Court Restaurant, Brighton Palace Pier**

Friday 29 June

Registration and exhibition open from 0815

0900–1000 **Complex case presentation session (15mins x 4)**
Chairs: Andy Marshall, *Zachary Merton Hospital, West Sussex*
        Kemoh Rogers, *University of East Anglia*

**From ECMO to Tango via the Mental Capacity Act**
Mark Roche, *Brighton and Sussex University Hospitals NHS Trust*

**Never give up…**
Linda Panton, *NHS Lothian, Edinburgh*

**Life is a rollercoaster study: Patrick**
Sally Tillett, *Homerton University Hospital, London*

**Housing, hearing and sand flies**
Grace Newbold, *North Manchester General Hospital*

1000–1030 **NHIVNA/EHNN Invited Lecture**
Chairs: Andy Marshall, *Zachary Merton Hospital, West Sussex*
        Kemoh Rogers, *University of East Anglia*

**The refugee crisis: managing HIV and sexual health**
Fionnuala Finnerty, Brighton and Sussex University Hospitals NHS Trust

1030–1100 **Refreshments**

1100–1130 **NHIVNA Invited Lecture 2**
Chairs: Laura Kwardem, *International HIV Partnerships*
        Matthew Wills, *Homerton University Hospital, London*

**An overview of support services**
Cheryl Gowar, *National AIDS Trust*
Friday 29 June

1130–1230  **ViiV Healthcare Satellite Symposium**
Chair: Jonathan Roberts, *Brighton and Sussex University Hospitals NHS Trust*

An introduction to two-drug regimens: what nurses need to know
Rimi Shah, ViiV Healthcare UK and Honorary Consultant at Royal Free London NHS Foundation Trust
Craig Hobson, ViiV Healthcare UK

1230–1300  **NHIVNA Invited Lecture 3**
Chairs: Laura Kwardem, *International HIV Partnerships*
        Matthew Wills, *Homerton University Hospital, London*

HIV criminalisation, consent and the law
Matthew Weait, *University of Portsmouth*

1300–1320  **NHIVNA Annual General Meeting**

1300–1400  Lunch, exhibition and posters

1400–1415  **NHIVNA Awards Ceremony**

1415–1445  **NHIVNA Invited Lecture 4**
Chairs: Ricky Gellissen, *Imperial College Healthcare NHS Trust, London*
        Pauline Jelliman, *Royal Liverpool and Broadgreen University Hospitals Trust*

Patient advocacy and switching to generics
Venita Hardweir, *Brighton and Sussex University Hospitals NHS Trust*
Dennis Onyango, *Africa Advocacy Foundation*

1445–1545  **NHIVNA Plenary Session 4**
Chairs: Ricky Gellissen, *Imperial College Healthcare NHS Trust, London*
        Pauline Jelliman, *Royal Liverpool and Broadgreen University Hospitals Trust*

HIV, fertility and contraception in the time of U=U
Yvonne Gilleece, *Brighton and Sussex University Hospitals NHS Trust*

Patient related outcome measures (PROMS)
Katherine Bristowe, *King’s College London*

1545–1600  **Summary and close by the chair of NHIVNA**
HIV nursing and challenges that lie ahead
Shaun Watson, *Chelsea and Westminster Hospital, London*
Study Day Programme 2018
Wednesday 17 October 2018 • NCVO, London

0915  Registration and exhibition opens

0950-1000  Welcome and introduction

1000–1100  HIV and Diabetes
    Dietician’s perspective
    Nurse perspective

1100–1130  Refreshments

1130–1215  Plan Zero

1215–1300  Cardiovascular Disease and HIV

1300–1345  Lunch

1345–1445  HIV and Neurocognitive issues

1445–1515  Refreshments

1515–1545  Frailty and Bone Health

1545–1615  Living Well with HIV

1615  Evaluation and close

NHIVNA Major Sponsors 2018

Register Online at www.nhivna.org
Venue Information

Holiday Inn Brighton Seafront
137 Kings Rd, Brighton BN1 2JF
Tel: +44 871 510 1361

Holiday Inn Brighton - Seafront hotel is right opposite the beach, moments from the British Airways i360 observation tower.

It’s a relaxed stroll to iconic Brighton Pier, while Brighton station and the city centre are only a 15-minute walk away. Gatwick Airport (LGW) is less than a 40-minute drive. Top attractions including SEA LIFE Brighton and the extravagant Royal Pavilion are close by. Guests visiting for conferences are within walking distance of both Brighton Centre and Brighton Dome.

Accommodation information

We are inviting all delegates to book their accommodation directly via HotelMap. For full details of accommodation and to make a booking, please visit the NHIVNA website at www.nhivna.org and follow the appropriate links from the conference pages.

Travel Information

Please refer to the following websites to assist you with travelling to the conference venue:

By Air:
Skyscanner

By Rail:
National Rail Journey Planner or Transport for London Journey Planner

By Road:
Google Maps

Car Parking:
The Car Park is underneath the hotel at the cost of £20 GBP per day. Parking is subject to availability and is allocated on a first-come, first-served basis. To access the car park, turn onto Little Preston Street adjacent to the Hotel, the car park is signposted on the left. Other NCP car parks are available in close vicinity to the conference venue.

Remember to wear your badge at all times during the conference!
Exhibition floorplan

Room: Arundel 1

Exhibitors
1. The Sussex Beacon
2. Gilead Sciences
3. Oxford Immunotec
4. CHIVA
5. Janssen
6. Mildmay
7. MSD
8. Pfizer
9. ViiV Healthcare UK

NHIVNA are grateful to their sponsors and exhibitors for their continued support. The funds provided are used solely for the educational content of the conference and are not allocated to the conference social events. Sponsors and Exhibitors have no involvement in the educational content of the NHIVNA plenary programme or organisation of the conference.
Conference Information

Registration
The registration fee includes access to all conference sessions, the exhibition area, lunch and refreshments throughout the conference. In addition, all delegates who have reserved a ticket in advance and paid the necessary contribution are invited to the Conference Social Event on Thursday 28 June 2018 at the Palm Court Restaurant on Brighton Palace Pier.

Badges
Badges must be worn at all times to gain access to the conference facilities.

Posters
Poster presentations should be in place by 1000, on Thursday 28 June 2018. Poster presenters are encouraged to be beside their posters for part of the lunchtime period for discussion with delegates.

Oral research presentations
Oral research presenters are reminded to ensure they bring along a copy of their oral research slides to the conference in addition to sending them to the Conference Organisers in advance. Oral research presenters need to ensure that a version of their slides is passed to the conference organisers in the Speaker Preview area in good time prior to their session.

The NHIVNA Best Oral, NHIVNA Best Poster, Krattinger Rennison and NHIVNA/Mediscript Clinical Practice Awards will be awarded at the Prizes and Awards Ceremony at 1400–1415 on Friday 29 June 2018.

Conference Social Event
The NHIVNA Conference Social Event will be held on Thursday 28 June 2018, at the Palm Court Restaurant on Brighton Palace Pier and will commence at 1930 with a drinks reception, followed by dinner and dancing. You will require a ticket to gain entry to the event and this needs to be booked in advance of conference, with the necessary contribution paid. If you have reserved a ticket but you cannot attend, please let the Conference Organisers know and return the ticket to the Registration Desk at your earliest convenience.

Cloakroom
A coat rail will be available within the meeting room, at the Holiday Inn Brighton Seafront Hotel. All belongings are left at the owner’s risk. NHIVNA do not accept responsibility for the loss of, or damage to, delegates’ personal property left on the coat rail.

Exhibition
The exhibition represents an integral element of the conference, providing participants with an excellent platform for networking as well as an opportunity to gain further insight into cutting-edge technology, the latest healthcare solutions, and services within the field of HIV and GU medicine. Entrance to the exhibition hall is free for all registered delegates.

Save the Date!
NHIVNA Study Day
NCVO, London
Wednesday 17 October 2018
Awards and Scholarships

**NHIVNA Best Oral Presentation Award**
Awarded for the best oral presentation at the NHIVNA Annual Conference. A NHIVNA-invited panel will judge the award and will review oral presentations based on the following criteria: quality of presentation; quality of research; impact on nursing practice; originality; and considered ethical issues (if appropriate).

**NHIVNA Best Poster Presentation Award**
Awarded for the best poster displayed at the NHIVNA Annual Conference. A NHIVNA-invited expert panel will judge the award and will review the posters based on the following criteria: quality of presentation; quality of research; impact on nursing practice; originality; and considered ethical issues (if appropriate).

**NHIVNA Commended Poster Award**
As above but will be awarded to three runners up.

**Krattinger Rennison Charitable Trust Nursing Research Award**
Awarded for an original piece of research presented at the NHIVNA Annual Conference either as an oral or poster presentation. A NHIVNA-invited expert panel will judge the award and will review presentations based on the following criteria: the principal investigator is a nurse; an original piece of research; demonstrates an understanding of the research process; has an impact on nursing-related HIV policy as well as patient care; research contains an explicit discussion of the relevance of the research to nursing practice/policy and considered ethical issues (if appropriate). Winning presenters will be required to write up their research for the journal *HIV Nursing*.

**NHIVNA/Mediscript Clinical Practice Award**
Awarded for a clinical practice initiative that has made an impact on patient care presented at the NHIVNA Annual Conference either as an oral or poster presentation. A NHIVNA-invited expert panel will judge the award and will review presentations based on the following criteria: quality of presentation; impact on patient care; relationship to nursing care; recommendations for future practice; considered ethical issues (if appropriate).

**The Jane Bruton Rising Star Award**
Awarded for the best oral presentation or poster displayed at the NHIVNA Annual Conference by a student or junior nurse. A NHIVNA-invited expert panel will judge the award and will review oral and poster presentations based on the following criteria: the lead presenter must be a student or junior nurse (up to band 5–6) holding active NHIVNA membership. Please note that nurses studying for a master’s or PhD would not be eligible for this award.

**Junior Nurse Scholarships**
NHIVNA has made available up to five Junior Nurse Registration Concession Scholarships to assist junior nurses to attend the NHIVNA Annual Conference 2018. To be eligible for a scholarship, applicants must be NHIVNA members for 2018 membership year and have worked as a nurse in an acute or community setting, caring for people with HIV, for 2 years or less. These scholarships will enable successful applicants to register for the conference at the reduced registration rate of £125. Applications were administered on a first-come, first-served basis.

**First-time Attendee Scholarships**
NHIVNA has made available up to five First-time Attendee Registration Concession Scholarships to assist delegates who are attending the NHIVNA conference for the first time. To be eligible for a scholarship, applicants must be NHIVNA members in 2018. These scholarships have enabled successful applicants to register for the conference at the reduced registration rate of £125. Applications were administered on a first-come, first-served basis.

**NHIVNA Community Registration Support**
NHIVNA has made available up to 10 community registration places to delegates who work in community, voluntary or charitable organisations. Places have been allocated as fairly as possible, in principle on a first-come, first-served basis, with a maximum of two registrations per community group. The award covers registration for the conference only.

**ViiV Healthcare Travel Bursary**
NHIVNA are very grateful to ViiV Healthcare UK who have provided 30 travel bursary awards to assist NHIVNA member healthcare professionals to attend the 20th Annual Conference. NHIVNA members have benefited from a reduced registration fee of just £125 along with a contribution of £75 towards accommodation and £50 towards travel. Applications have been reviewed by NHIVNA and have been allocated on an assessment of merit. ViiV Healthcare UK have had no involvement in the selection of bursary winners.
Patricia Anderson works for Gartnavel General Hospital, Glasgow. She started working in GU Medicine in 1995 as the lead nurse for sexual health and HIV and began the first nurse-led service in the Glasgow Royal Infirmary. She then moved to Sandyford Glasgow as lead nurse and helped set up the first Integrated Sexual and Reproductive Health Service in 2000. She moved to the Brownlee Centre as a sexual health adviser and was responsible for the sexual health and partner notification of people living with HIV, a cohort of 1800. Patricia is currently lead nurse for BBC in Glasgow. Part of the IMT due to the outbreak of HIV amongst drug users.

Anna Bamford is currently the clinical service manager for the Community HIV Specialist Service covering Brighton and Hove and West Sussex in Sussex Community NHS Foundation Trust. As an integrated service, they work in partnership, bringing together health, mental health and the voluntary sector. Having worked at Chelsea and Westminster and Ealing hospitals she has many years of experience of acute HIV care. When she moved to Sussex Community NHS Trust her role changed to supporting HIV patients in their own home. She is a motivated, proactive and experienced leader who is driven to inspire others to provide high-quality care to people with HIV.

Katherine Bristowe is a lecturer at the Cicely Saunders Institute, King's College London. She is a social scientist and mixed methodologist with a background in health communication research. She joined King’s College London in 2010 and is experienced in health services research, development of outcome measures, evaluation of complex interventions and research into the experience of chronic and serious conditions.

Nathaniel Brito-Ault is a consultant nurse working for Barts Health NHS Trust and was privileged to serve as NHIVNA Chair 2010–2014. His experience in HIV nursing extends back to 1989 when he became an associate nurse at Mildmay Hospital UK. Since then he has had a range of HIV roles, including community, acute and third sector, becoming a consultant HIV nurse in 2004. His first degree is in psychology and he holds a master’s degree in advanced practice nursing. He is the clinical nursing lead for Barts Health Networked HIV service and constantly strives to challenge the accepted definition of HIV nursing.

Tracey Buckingham qualified as a nurse in 1984 and started her career in HIV at Sussex Beacon in 1999. She has worked at the Lawson Unit, Royal Sussex County Hospital, Brighton, since 2005 and has been the senior nurse since 2008. She has a particular interest in looking at new and innovative ways to improve patients’ clinic experiences. She is incredibly proud to work at the Lawson Unit and alongside other services around the city. She is delighted to have been asked to be one of the local hosts for the 20th NHIVNA conference.

Jane Bruton has been an HIV nurse since 1987 for inpatients and outpatients, including in Uganda. She has an MA in medical anthropology and is currently the clinical research manager in the Patient Experience Research Centre at Imperial College London. She currently teaches HIV nurses in South East Europe with JUSTR to Civil Society and HIV to public health students at Imperial College Healthcare NHS Trust. She is part of an oral history team interviewing healthcare workers about their experience of working in HIV in the 80s and 90s. She is a Trustee for Positively UK. Her key achievements include developing nurses’ roles and services, championing patient involvement and engagement in their care.

Duncan Churchill has been a consultant at the Royal Sussex County Hospital in Brighton since 1999. After studying at Oxford University and Middlesex Hospital Medical School, he trained in HIV medicine at Middlesex and St. Mary’s Hospitals. He is currently Honorary Treasurer of the British HIV Association (BHIVA), past Chair of the BHIVA Antiretroviral Guidelines writing group, and is Deputy Convenor of the Diploma in HIV Medicine examination at the Worshipful Society of Apothecaries.

Susan Cole has been involved in HIV activism, advocacy and journalism for over 16 years. She has worked for a number of HIV organisations, including until very recently for the National AIDS Trust. She has written on a wide range of issues around HIV for various publications, including Positive Nation, BASELINE and Writers of Colour. She is particularly passionate about issues affecting women living with HIV – She is a Trustee of the Sophia Forum and serves on the steering group of Positively Women, Positively UK’s women’s project. She has recently returned to NAM as Patient Information, Marketing and Membership Manager.

Simon Collins is an HIV-positive treatment advocate who encourages people living with HIV to take an active role in their own health. He produces various resources for i-Base which he cofounded in April 2000. These include a series of non technical treatment guides and the more technical HIV Treatment Bulletin (HTB). All i-Base resources are free, including bulk orders to UK clinics. He also manages the i-Base treatment information services that answered more than 7000 individual questions last year- by email, phone and online.

Gillian Dean is an HIV/GUM physician in Brighton and Hove and Trustee of The Martin Fisher foundation, working towards Zero HIV. With fellow Trustees and the City Council, she has secured Brighton and Hove as the first Fast Track city in the UK. Her interests include networking with primary care local stakeholders and the community to improve knowledge and increase HIV testing, as well as tackling HIV stigma across the city. Through Public Health England HIV Innovations grants, she has been able to progress novel ways of distributing HIV self-tests to high-risk MSM in non-traditional settings and develop a city-wide anti-HIV stigma campaign.
Robert Fieldhouse set up Body Positive’s Treatment advisory service in 1997 and provided treatment advice at Mortimer Market Centre in 2002. He worked as an editor at NAM for 3 years, as Treatments Editor at Positive Nation and Communications Manager at Body Positive North West. He was editor of BASELINE for 6 years. Robert continues to provide treatment education through the community interest company Treat.info and is a trustee of Forum Link, the national network of HIV patient organisations. He became a patron of NHIVNA last year. Robert has been living with HIV since 2002.

Fionnuala Finnerty is a specialist registrar (SpR) in HIV and sexual health at the Royal Sussex County Hospital. She has a special interest in the sexual and reproductive health of undocumented migrants, asylum seekers and refugees both in the UK and also in camps. She is an independent advisor for Refugee Rights Europe and is the SpR representative on the BASHH sexual violence special interest group.

Yvonne Gilleece trained in Dublin and London and is a consultant in HIV medicine at Brighton and Sussex University Hospitals NHS Trust. She has a special interest in HIV and women and is Chair of SWIFT, promoting research in women living with HIV and is Chair of the BHIVA Pregnancy Guidelines. She also specialises in HIV and hepatitis co-infection and liver dysfunction.

Cheryl Gowar is the Policy and Campaigns Manager at National AIDS Trust (NAT) the UK's HIV policy and campaigning organisation. She joined NAT in 2015. The reports Cheryl has published for NAT include HIV Support Services: State of the Nations. She is currently working on a project to foster integrated care in long-term condition management. Cheryl is a member of the INVOLVE advisory group, the branch of NIHR engaged in supporting active public involvement in NHS, public health and social care research. Prior to joining NAT, Cheryl had a career in academia and most recently worked for Disability Rights UK.

Richard Harding is the Dunhill Chair in palliative care and rehabilitation at the Cicely Saunders Institute, King's College London. He is director of the Centre for Global Health Palliative Care, with a specific interest in person-centred care and the use of patient-centred outcome measurement to improve quality.

Venita Hardweir is a specialist HIV pharmacist for Brighton and Sussex University Hospitals and East Sussex Healthcare NHS Trust. She is the lead author of the poster ‘The Next Generation’ which looked at patients switching from Atripla to generic-containing regimens and won the best poster prize at BHIVA, April 2016.

Pauline Jelliman commenced nurse training in 1981, undertaking various roles in the UK and overseas. The last 25 years have been devoted to working in HIV and she is now the service lead for two community specialist nursing teams: HIV and TB. Pauline graduated in 2016 with a master's degree in public health, which resulted in internationally published research, and she attained an independent nurse prescribing qualification in 2017. Pauline champions innovative practice and her service delivers advanced nurse practice by managing complex patients with HIV who do not attend hospital. This is achieved via home visits and a robust, comprehensive community nursing service with diagnosing, monitoring prescribing and integration into generalist services being key. Pauline is delighted about the latest NHIVNA publication the ‘Community nurse model’ which will be launched at Brighton 2018, and is proud to represent HIV nurses nationally on the NHIVNA executive.

Martin Jones is a clinical nurse specialist in HIV in East Sussex Healthcare NHS Trust; he has attended every NHIVNA conference bar one.

Angelina Namiba has been living with HIV for more than 2 decades. She has worked in the HIV sector for over 17 years on different initiatives ranging from one-to-one support and treatment advocacy to managing service delivery. Angelina is passionate about the sexual and reproductive health rights of women living with HIV and enabling a good quality of life for young people living with HIV. Her special area of interest is HIV and pregnancy. Angelina currently works as Associate Project Manager with the Salamander Trust; is a patron of NHIVNA, and a Trustee of the National AIDS Trust and SAFE Kenya.

Eileen Nixon has been a nurse consultant in HIV since 2004 at Brighton and Sussex University Hospitals Trust. She has served on the NHIVNA Executive Committee and was co-author of the national HIV nursing competencies. She represented NHIVNA members on the HIV Clinical Reference Group from April 2013 to January 2015. Her current clinical practice focuses on engagement in care and complex case management and she has been involved in setting up HIV nurse education courses in the UK and developing county settings. Eileen’s main research interests are around HIV service delivery and her post-doctoral research has focused on HIV service models from both staff and patient perspectives.

Dennis Onyango is currently working as the Programmes Director of Africa Advocacy Foundation, a charity founded in 1996 that works with disadvantaged and marginalised communities in London on a range of issues including sexual and reproductive health, violence against women and girls, and mental health. Denis has over 18 years’ experience of grassroots community health promotion work and has led a number of successful campaigns and initiatives to reduce health inequalities and also enhance access to HIV, viral hepatitis and TB screening and linkage to care particularly for black African migrant communities. He is currently involved in healthcare policy work in the UK, and in Europe he serves on a number of advisory boards. Denis’ academic background is education, voluntary sector management and public policy.
**Nicky Perry** began her HIV nursing career on the wards in 1988 at Stephen’s Hospital in London and from there moved into research nursing at the Kobler centre in 1992, and has been in research ever since. This has included in Sydney, Australia, and for the past 22 years in Brighton where she helped to set up the HIV research unit. Nicky was one of the founding members of NHIVNA and was Chair of the Association for 10 years. For the past 3 years she has been manager of the Clinical Trials Unit at Brighton and Sussex Medical School working across a range of therapy areas.

**Joe Phillips** has been an HIV nurse for 10 years and currently works as an HIV nurse practitioner at 56 Dean Street. As well as caring for patients in the nurse-led ‘OptionE’ service, he manages a cohort of patients living with HIV/hep C, including treating people with new DAA therapies.

**Sophie Strachanis** Co-chair of the Sophia Forum, she currently works as a sexual health advisor in London. She is a community advisory board member with the IMPACT trial, and appointed co-chair of the women and PrEP commissioning group within IMPACT trial. She is also a community member for Gilead European advisory group for PrEP in Europe. Sophie has worked with a number of global organisations, including: WHO, UNAIDS, Global Coalition On Women and AIDS, Global Network of people living with HIV and The Salamander Trust.

**Shaun Watson** has worked within HIV care for 27 years from hospice management, adherence support to self-management and working as a community HIV clinical nurse specialist since 2003 at Chelsea and Westminster Hospital. As NHIVNA Chair he welcomes the opportunity to bring his knowledge and expertise to support NHIVNA members. Shaun’s main objective is to ensure the longevity of NHIVNA, champion the role of nurses within HIV, especially that of the community HIV specialist nurse. Sometimes nurses forget the wealth of knowledge and experience they possess and he feels it has been a real pleasure to work with some truly inspirational nurses.

**Matthew Weait** is Professor of Law and Society and Dean of the Faculty of Humanities and Social Sciences at the University of Portsmouth. His research centres on the impact of criminal law and criminal justice on HIV prevention, and on people living with, or at heightened risk of acquiring, HIV. He co-founded the River House Law Clinic, has been a consultant for UNAIDS and WHO Europe, was a member of the Technical Advisory Group for the Global Commission on HIV and the Law and is on the Advisory Board for EATG. He has published extensively on the criminalisation of HIV transmission and exposure, and in 2017 was made a Fellow of the Academy of Social Sciences for his work in this field.

**Tom Witney** is currently undertaking PhD research into the lived experiences of men in same-sex serodiscordant relationships, supervised by Jacqui Gabb, Peter Keogh and Darren Langdridge at the Open University. Prior to embarking on this research, he completed master’s courses in health psychology (City University London) and science communication (Imperial College London).
## Future Events and Sponsors

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<td><strong>Hepatology Highlights</strong></td>
<td>Wednesday 3 October 2018</td>
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<td><strong>BHIVA Autumn Conference</strong></td>
<td>4–5 October 2018</td>
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<td><strong>BHIVA General Medicine Course</strong></td>
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<td><strong>BHIVA Annual Conference 2019</strong></td>
<td>3–5 April 2019</td>
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For further information on any of these events, please contact:
Mediscript Ltd. 1 Mountview Court,
310 Friern Barnet Lane, London N20 0LD
Telephone: 020 8446 8898  email: conferences@mediscript.ltd.uk

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In the management of HIV, TIMES ARE CHANGING

Are your treatment decisions changing with them?
Now is the time for a 2-drug regimen for your suppressed patients.*

* JULUCA ▼ is indicated for the treatment of HIV-1 infection in adults who are virologically suppressed (HIV-1 RNA <50 copies/mL) on a stable antiretroviral regimen for at least 6 months with no history of virological failure and no known or suspected resistance to any NNRTI or INI.

Prescribing Information

Juluca ▼ dolutegravir 50mg/rilpivirine25mg tablets

See Summary of Product Characteristics (SmPC) before prescribing

Indication: Indication: HIV-1 in virologically suppressed adults (HIV-1 RNA <50 copies/mL) on stable ART for at least 6 months with no history of virological failure and no known resistance to any NNRTI or INI. Dosing: Adults (over 18 years): one tablet once daily with food. Elderly: Limited data in 65+ yrs. Caution in severe hepatic or renal impairment. Contraindications: Hypersensitivity to any ingredient. Co-administration with dofetilide, carbamazepine, oxcarbazepine, phenobarbital, phenytoin, rifampicin, rifabutin, proton pump inhibitors, systemic dexamethasone (excluding single dose) or St John’s Wort. Warnings/precautions: Risk of hypersensitivity reactions. Discontinue Juluca immediately if suspected. Risks of prolongation of QTc interval, osteonecrosis, opportunistic infections. Monitor LFTs in Hepatitis B/C co-infection and ensure effective Hepatitis B therapy. Small rise in serum creatinine in first 4 weeks of treatment, not considered clinically relevant. Do not co-administer with other antiretrovirals (except in case of co-administration of rifabutin, when an extra dose of rifapentine 25mg should be used). Use with antacids or once-daily H2-receptor antagonists requires dosage separation. Calcium, iron or multivitamins should be taken at the same time as Juluca with food, otherwise dosage separation recommended. Caution with metformin: monitor renal function and consider metformin dose adjustment to minimise risk of lactic acidosis.

If macrolide antibiotics are required, consider azithromycin. Caution with antimalarials (artemether/lumefantrine) or anticoagulants (icatoritinib or dabigatran). Pregnancy/ lactation: Not recommended. Avoid breast-feeding. Side effects: See SmPC for full details. Increased total and LDL cholesterol, insomnia, headache, dizziness, nausea, diarrhea, increased triglycerides, decreased appetite, abnormal dreams, depression, anxiety, sleep disorders, GI disorders, rash, pruritus, fatigue, decreased white blood cell count, haemoglobin and platelet count, arthralgia, myalgia, hypersensitivity, hepatitis, suicidal ideation or suicide attempt, acute hepatic failure. Changes in laboratory biochemistries: elevations of ALT, AST, pancreatic amylase, bilirubin and CPK. Basic NHS costs: £699.02 for 30 tablets (EU/1/18/1282/001). MA holder: ViiV Healthcare UK Ltd, 980 Great West Road, Brentford, Middlesex TW8 9GS. Further information available from Customer Contact Centre, GlaxoSmithKline UK Ltd, Stockley Park West, Uxbridge, Middlesex UB11 1BT.

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