Towards Zero Stigma

A review of stigma in healthcare settings


MADE HERE
FRESH & GOOD

Background

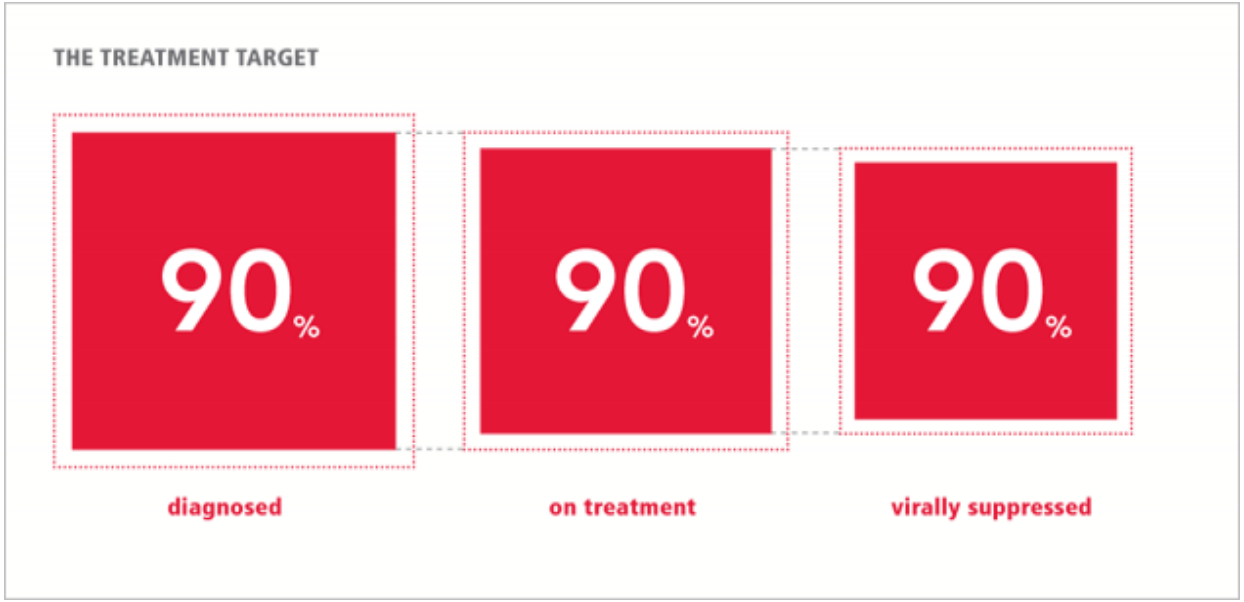

DOCTOR! I'VE BEEN IMPALED!
Well maybe you'll feel better if you lose some weight.

U=U

Undetectable = Untransmittable

"A person living with HIV, who is on effective treatment and has an undetectable viral load, **WILL NOT** transmit HIV to their sexual partners"

SAVING LIVES UK.COM



HIV Stigma
HIV Deaths
HIV Infections

What is Stigma

stigma

/ˈstɪgmə/

noun

1. a mark of disgrace associated with a particular circumstance, quality, or person.
   "the stigma of having gone to prison will always be with me"
   synonyms: shame, disgrace, dishonour; More

STIGMA SURVEY UK 2015

BYUS FORUS

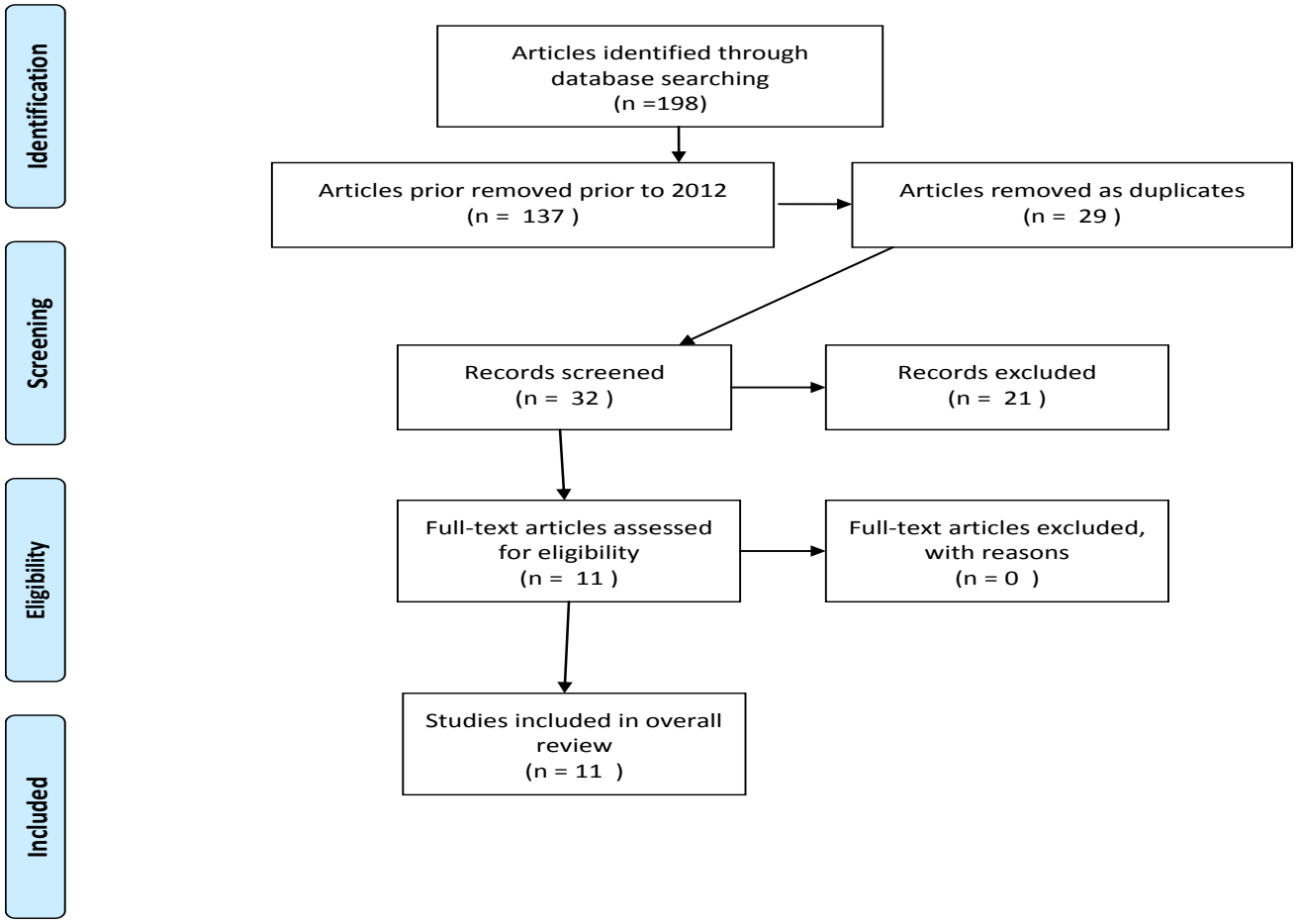
HIV-related stigma is commonly understood as a process of devaluation and may constitute:

Self or internalised stigma: the acceptance of negative self-beliefs associated with being HIV positive

Anticipated or perceived stigma: the awareness of negative beliefs and expectation of negative treatment amongst people living with HIV

Discrimination: the negative and devaluing treatment of people due to their status. These may fall within the purview of the law. [4]

Methods


Identification
Screening
Eligibility
Included
Articles identified through database searching (n =198)
Articles prior removed prior to 2012 (n = 137)
Articles removed as duplicates (n = 29)
Records screened (n = 32)
Records excluded (n = 21)
Full-text articles assessed for eligibility (n = 11)
Full-text articles excluded, with reasons (n = 0)
Studies included in overall review (n = 11)


FEAR


Bristol Community Health
what is community healthcare?
Primary Care -
e.g GP Surgeries, Opticians, Pharmacies, NHS Dentists
Bristol Community Health
Specialist services -
e.g physiotherapy
Bristol Community Health
Care of long term conditions -
e.g district nurses, diabetes service, heart failure service
Bristol Community Health
Urgent care services -
e.g Urgent Care Centre, Rapid Response team
Bristol Community Health
Prison healthcare
Bristol Community Health
Learning difficulties services
North Bristol NHS Trust
University Hospitals Bristol NHS Foundation Trust

Fear	• Fear of stigma & fear of discrimination • Rates of stigma or perceived stigma varied from 21% to as high as 39% (7/11) • Fear has been a powerful driver of stigma throughout the course of the HIV epidemic (Earnshaw et al, 2014)
Job Role	• The vast majority of papers dealt with stigma, by primary care physicians, nurses and dentists. The remaining papers dealt with perinatal care including and midwifes , obstetrics & gynaecologists.

Settings	• Primary care workers featured predominantly. There no recent papers which focused specifically on the experiences of patients in more acute settings.
Disclosure	• Perceived stigma is more prevalent when considering disclosure • Certain populations are more likely to not tell HCP's • Black African men v White MSM counterparts far more likely to conceal their status

Understanding intention to discriminate amongst HCP's

- Intention to discriminate is measurable
- Socio-economic predictive factors
- More likely to be female
- Lower level of education, earlier in their training
- Less driven by cognitive (stereotypes)
- More driven by affective (attitudes, fear)

Table 3 Regressions with HIV discrimination intent as dependent variable

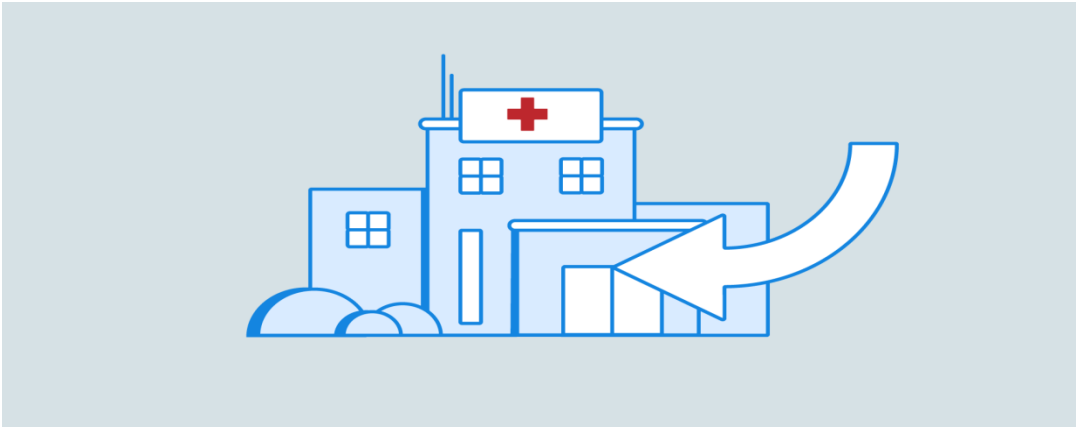
	Bivariate regressions			Multivariate regression		
	B	SE	*t*	*B*	SE	*t*
Socio-demographic characteristics						
Age	−0.01	0.01	−0.33	0.02	0.02	1.03
Male	−0.16	0.04	−3.59**	−0.12	0.04	−2.99*
Malay	0.06	0.05	1.17	0.19	0.13	1.49
Chinese	−0.02	0.05	−0.38	0.06	0.09	0.65
Muslim	0.04	0.06	0.75	−0.10	0.14	−0.74
Buddhist	0.01	0.06	0.19	−0.04	0.08	−0.49
Year of study	−0.02	0.16	−1.26	−0.06	0.03	−2.36†
Clinical status	0.01	0.05	0.24	0.08	0.07	1.23
Dental student	0.47	0.06	7.52**	0.21	0.05	4.17**
Stigma-related constructs						
PLWHA thermometer	−0.01	0.01	−13.07**	−0.01	0.00	−5.12**
PWID thermometer	−0.01	0.00	−6.00**	−0.00	0.00	−0.87
MSM thermometer	−0.01	0.00	−4.54**	0.00	0.00	1.47
HIV prejudice	0.18	0.03	5.06**	−0.07	0.04	−2.10†
HIV internalised shame	0.43	0.03	15.40**	0.23	0.03	7.28**
HIV fear	0.33	0.02	14.48**	0.18	0.03	6.99**
HIV deserve good care	−0.35	0.03	−13.05**	−0.24	0.03	−8.63**
HIV stereotypes	−0.01	0.03	−0.23	−0.02	0.02	−1.04

PWID, people who inject drugs; and MSM, men who have sex with men.
†$P \leq 0.05$; *$P \leq 0.01$; **$P \leq 0.001$.

Tackling discrimination

- Multipronged approach
- Addressing attitudes & internalised shame
- Non-judgemental
- Educate… educate… educate….

Where to from here……



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- Patients
- Jazz, Adam & Suzanne
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