HIV Nursing – The Early Years

Anna Bamford
Clinical Service Manager HIV
Community HIV Specialist Service

Competing interest disclosure – None declared
Our ref: Gen
Anna Barnford
Flat Two
71 Queens Road
Twickenham
Middlesex TW1 4EU
27th July 1989

Dear Anna,

Thank you all for raising the magnificent sum of £175.00 for the Terrence Higgins Trust.

We are all Living with AIDS and living with AIDS means being there – for our friends, for each other and for ourselves. That THT is committed to changing the climate of fear, misinformation and prejudice that still surrounds this health crisis. We are committed to sharing our knowledge and expertise with all who work in this area of care and health education, to providing information and advice on HIV/AIDS and most important of all, to work with and meet the very real and practical needs of all people with AIDS and those who support and love them.

Sadly, there is no end to this health crisis in sight. The calls for our services increase weekly and our organisation is growing rapidly to meet this demand. Your generous support has not only contributed financially to provide these services but also encourages and boosts morale in an extremely difficult and distressing area of care and concern and for this we thank you.

With all Good Wishes,
Yours sincerely,

Liz Swires
FUND RAISER
29th October 1996

Anna Banford
Clinical Sister
Wilmot Ward
Ealing Hospital NHS Trust
Uxbridge Road
SOUTHALL
Middlesex UB1 3HW

Dear Ms Banford,

FASHION ACTS is the British Fashion industry’s initiative to raise money for people affected by HIV and AIDS. It was set up in 1988 and so far has raised approximately £1,000,000.

Each year FASHION ACTS gives presents to people hospitalised over the Christmas period. Last year we visited 14 hospitals and gave gift parcels to over 240 patients, this included the Wilmot ward and we would like to do so again this Christmas.

I would be most grateful if you could let me know if this is acceptable to you and if so please supply me with the expected patient numbers - men, women and families, and when it would be convenient for us to deliver. We are hoping to deliver the presents on Christmas Eve.

Please contact me at 18 Pembroke Mews, London, W8 6ER or phone 0171 938 2323.

I look forward to hearing from you.

Yours sincerely,

Amy Li
TRUSTEE
January 1990 – 15 days course (not including pre- and post-course study days)

Topics included:
- The Evolution of an Epidemic
- Death and Dying
- Women’s perspectives on AIDS
- Injecting substance misuse
- Bio-medical ethics
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<tr>
<th>Time</th>
<th>Session Details</th>
<th>Speakers</th>
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<td>13.45-16.30</td>
<td>Concurrent session</td>
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<td>Session 1-2 13.45-14.30</td>
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<td>Session 3-4 14.45-15.30</td>
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<td>Session 5-6 15.45-16.30</td>
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<td>Long Term Drug Therapies</td>
<td>Roger Newham</td>
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<td>Living Wills</td>
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<td>Funeral Arrangements</td>
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<td>Effective Control of Pain</td>
<td>Kate Gidley</td>
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<td>(Venue: Resource Room)</td>
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<td>Complex Care Assessment</td>
<td>Kath McClinton, Susan Bowman, Roger Newham</td>
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<td>(Venue: David Powells Office)</td>
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<td>Community Liaison</td>
<td>Johnny Deighan</td>
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<td>(Venue: TBA)</td>
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<td>16.30-17.00</td>
<td>Evaluation &amp; Close</td>
<td>Steve Lunnos</td>
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**Speakers**

- Sian Edwards: Clinical Nurse Lecturer, Riverside College of Health Studies.
- Anna Banford: Senior Staff Nurse, Chelsea & Westminster Hospital.
- Eileen Nixon: Sister, Kosovo Centre, St Stephen’s Clinic, Chelsea & Westminster Hospital.
- Peter Watt: Lecturer, Riverside College of Health Studies.
- Kate Gidley: Palliative Care Nurse Specialist, Chelsea & Westminster Hospital.
- Kath McClinton: Senior Social Worker, Chelsea & Westminster Hospital.
- Susan Bowman: Social Worker, Chelsea & Westminster Hospital.
- Roger Newham: Team Leader, Chelsea & Westminster Hospital.
- Melanie Dobbin: Charge Nurse, Chelsea & Westminster Hospital.
- Johnny Deighan: Charge Nurse, Community Liaison Team, St Stephen’s Clinic.
(5) HIV Disease as a Long Term Chronic Illness?
25th May 1994
9.00 - 17.00hrs

Programme

Venue- Conference Room, 4th Floor, St Stephen's Clinic, Chelsea & Westminster Hospital.
8.30 - 9.00am: Registration & Coffee
Wilmot Ward  Cameron Centre

Dr Stephen Ash and team request the pleasure of your company at the official opening of 'Wilmot Ward' and 'Cameron Centre' by Sir Ian McKellen

on Tuesday 1st November 1994 at 2.00pm

R.S.V.P.
081-967 5551
The Pasteur Suite
Ealing Hospital
Uxbridge Road
Southall, Middx UB1 3HW
Sir Ian cuts the ribbon
STONewall founder Sir Ian Mckellen visited Ealing Hospital on Tuesday to open a new HIV AIDS ward, laboratory, education and administration unit. The nine-bed Wilmot Ward has been named after a former patient, as have the other facilities — now known as the Cameron Centre. Pictured with Mckellen is consultant Dr Stephen Ash.

Celebration as Aids unit is declared open
ACTORS and gay rights campaigner Sir Ian McKellen was joined by Ealing Hospital medical staff at the official opening of the new eight-bed ward for HIV patients. The opening of the new centre is the first to be approved in London.

Knight opens new centre for HIV sufferers
TOP British actor and gay rights campaign Sir Ian McKellen opened a new HIV and AIDS centre at Ealing hospital last week.

The opening of the new Wilmot Ward, a laboratory and an education unit, has been greeted with enthusiasm.

The centre is being hailed as a milestone in the fight against AIDS.

Ealing is the first London hospital to open a centre for HIV and AIDS patients.

Since the introduction of the HIV and AIDS patients' unit opened at the hospital, on Uxbridge Road, there has been a rise in the number of patients treated in the unit.

The new centre is operated by the Ealing Aids Foundation and is a result of the work of the Ealing Aids Foundation.
PICCs in HIV

Many nurses are realising the benefits of PICCs to their patients in areas such as oncology and nutrition. However, the move into areas such as HIV has not been as rapid.

Since attending a Bard Groshong PICC workshop about a year ago, we have been successfully using PICCs in HIV patients for administering treatment lasting anything from 2 weeks to several months. This can range from a course of antibiotics, drugs such as foscarb and gancyclovir, and for taking blood.

PICCs are an extremely cost-effective, safe device to use in HIV treatment, with infection rates kept much lower than subclavian lines.

They are very well received by our patients in relation to body image. Patients have often requested to have a PICC placed in preference to other VADs as they are more aesthetic. The main complication we have found with PICCs is the incidence of mechanical phlebitis. We have reduced the incidence of this by heating the arms, keeping the veins warm and therefore dilating them. However out of the 30 PICCs we have placed over the last year, we have come across very few complications.

The use of PICCs in HIV is a nurse-led initiative which has resulted in a direct improvement in the quality of holistic patient care.
What is sexual health?

Facts

NEW guidance for schools on sex and relationship education was issued in July 2000.

BEST practice guidance has been issued on effective contraception and advice services.

PRESS release (29 November 2009): HIV testing shows no sign of decline, while gonorrhoea, chlamydia and syphilis have doubled in five years.

NUMBERS of heterosexually acquired HIV infections diagnosed in the UK have risen steadily over the last 15 years and since 1990 have been greater than the number acquired through sex between men. The total of new diagnoses of HIV in those infected heterosexually is expected to rise to over 15,000 by 1999.

- Sexual health needs of vulnerable groups, including women in prison and people with learning disabilities.


- HIV service developments, including the needs of long-term survivors living with HIV and migrants with treatment.

For more information contact:

RCN Sexual Health Forum on 020 7409 3333
SEXUAL HEALTH AND HIV SERVICES

LEARNING OBJECTIVES
- To review key implementation challenges and progress in implementing the National Strategy
- To explore the effective commissioning toolkit for sexual health and HIV Services
- To highlight good practice in the integration of HIV/AIDS services
- To share innovative approaches in service commissioning
- To highlight good practice in partnership working

IMPROVING COMMISSIONING AND DELIVERY

Keynote Speakers:
CATHY HAMLYN
Head of Sexual Health & Substance Misuse, Department of Health

JANE MEZZONE
Sexual Health Programme Manager, Department of Health

A One Day Conference
Tuesday 29 April 2003
Central London
Anna in America

Anna Bamford, manager of the community HIV team, was the only nurse from England among the 700 delegates at the annual conference for nurses in AIDS care, held in New Orleans.

Anna heads the integrated HIV team which offers nursing, mental health and social care support from its base at the Old Market in Hove.

"Many of the nurses I met were interested in the fact that our community specialist team is an integrated service and supports the majority of patients in their own homes," she said.

"Overall, the conference revealed the latest progress in treatments, current approaches to care, ethical and social issues surrounding HIV and AIDS, and ways for nurses to support each other.

"I also took the opportunity of visiting a local HIV outpatient clinic which has 3,500 patients on its books."

Other aspects of HIV care covered during the conference included medication and side effects, HIV pregnant women, nutrition and HIV prevention.

For more information, contact Anna on 267575.
A Decade of Change

A Bamford, S Mirfin, C Bellingham

Objective
- The objectives of the study were to assess the impact of HIV/AIDS on the health of people living with the disease and to explore the challenges faced by healthcare providers in managing these patients.

Methods
- The study used a mixed-methods approach, combining qualitative and quantitative data collection techniques. Participants were recruited from various settings, including hospitals, clinics, and community programs.

Results
- The study found that people living with HIV/AIDS face significant challenges in their physical and mental health, including depression, anxiety, and reduced quality of life. Healthcare providers reported increased workload and stress due to the high number of patients requiring specialized care.

Mental Health
- Mental health issues, such as depression and anxiety, were prevalent among participants.
- Strategies for managing these issues included counseling, medication, and support groups.

Physical Health
- Participants reported physical health issues such as fatigue, pain, and difficulty with daily activities.
- Healthcare providers highlighted the importance of regular medical check-ups and management of comorbid conditions.

Special Issues
- The study also addressed specific issues facing people living with HIV/AIDS, such as financial difficulties and legal challenges.
- Support programs and legal aid services were identified as crucial for addressing these issues.

Social Issues
- Participants faced social stigma and discrimination, which had a significant impact on their mental health and overall well-being.
- Community support and advocacy were essential for improving the quality of life for people living with HIV/AIDS.

Conclusion
- The study underscores the need for continued investment in HIV/AIDS care and support services.
- Healthcare providers and policymakers must work together to address the challenges faced by people living with the disease.

What next for the future?
- Implementing comprehensive care models that address both physical and mental health needs.
- Enhancing access to healthcare services and support programs.
- Increasing awareness and education to reduce stigma and discrimination.
- Collaborating with local communities to integrate HIV/AIDS care into broader health and social services.

References
HIV Nurses are great!

Here’s to the next generation!

Nursing... always in vogue