

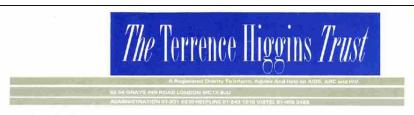
# HIV Nursing – The Early Years

Anna Bamford Clinical Service Manager HIV Community HIV Specialist Service Competing interest disclosure – None declared

Excellent care at the heart of the community







Our ref: Gen

Anna Barnford Flat Two 71 Queens Road Twickenham Middlesex TW1 4EU

27th July 1989

Dear Anna,

Thank you all for raising the magnificent sum of £175.00 for the Terrence Higgins Trust.

We are all Living with AIDS and Living with AIDS means being there - for our friends, for each other and for ourselves. That THT is committed to changing the climate of fear, misinformation and prejudice that still surrounds this health crisis. We are committed to sharing our knowledge and expertise with all who work in this area of care and health education, to providing informatand advice on HIV/AIDS and most important of all, to work with and meet the very real and practical needs of all people with AIDS and those who support and love them.

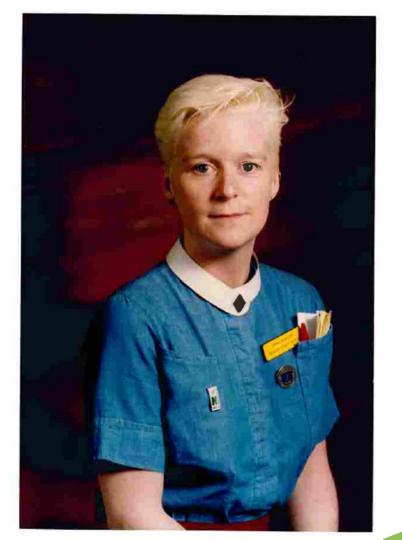
Sadly, there is no end to this health crisis in sight. The calls for our services increase weekly and our organisation is growing rapidly to meet this demand. Your generous support has not only contributed financially to provide these services but also encourages and boosts morale in an extremely difficult and distressing area of care and concern and for this we thank you.

With all Good Wishes,

Yours sincerely,

Liz Davies FUND RAISER





#### 29th October 1996

Anna Banford **Clinical Sister** Wilmot Ward Ealing Hospital NHS Trust Uxbridge Road SOUTHALL Middlesex UB1 3HW



fashion acts

#### Dear Ms Banford

FASHION ACTS is the British Fashion industry's initiative to raise money for people affected by HIV and AIDS. It was set up in 1988 and so far has raised approximately £1,000,000.

The fashion industry's initiative to help people affected by HIV/AIDS

Fashion Acts Ltd 30 Elgin Crescent

London W11 2JR Tel: 0171 229 7348

Fax: 0171 221 8795

**Beverley Cable** Amy Li

Stewart Mechem

Terence Nolder Martin Raymond

Andrew Wiles

Co-Ordinator

Kathy Davies

Trustees Sally Brampton

Each year FASHION ACTS gives presents to people hospitalised over the Christmas period. Last year we visited 14 hospitals and gave gift parcels to over 240 patients, this included the Wilmot ward and we would like to do so again this Christmas.

I would be most grateful if you could let me know if this is acceptable to you and if so please supply me with the expected patient numbers - men, women and families, and when it would be convenient for us to deliver. We are hoping to deliver the presents on Christmas Eve.

Please contact me at 18 Pembroke Mews, London, W8 6ER or phone 0171 938 2323.

I look forward to hearing from you.

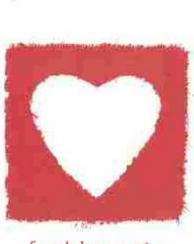
Yours sincerely

any th

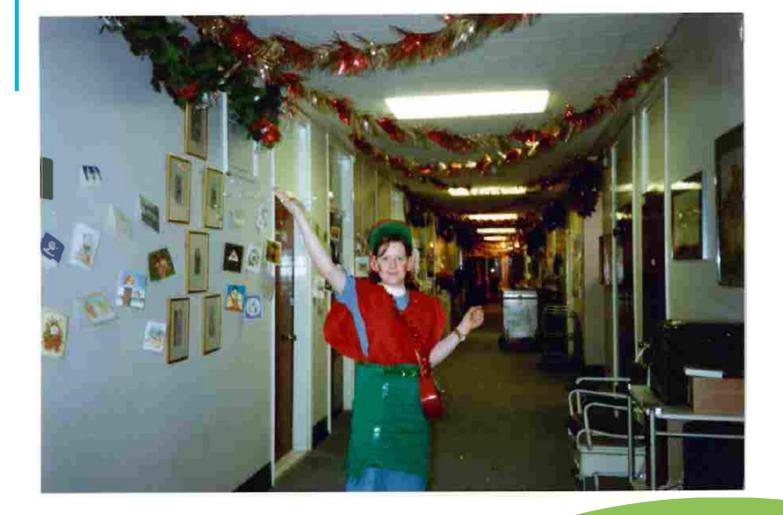
AMY LI TRUSTEE

ast. Sent letter. asked for presents for: 9-men 4. Woman Company secretary Elaine Burgess

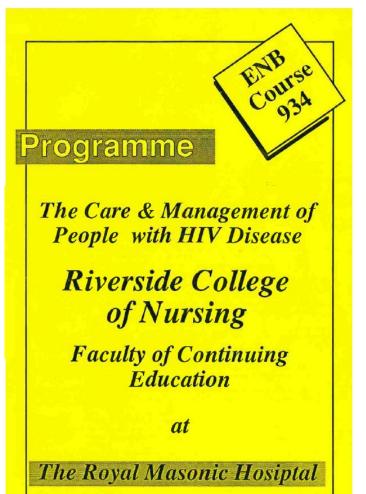
Reg. Office 32-36 Great Portland Street London W1N 5AD Reg. Charity No. 1048767 Company No. 3074179



fashion acts







January 1990 – 15 days course (not including pre- and postcourse study days)

Topics included:The Evolution of an

- The Evolution of an Epidemic
- Death and Dying
- Women's
- perspectives on AIDS
- Injecting substance misuse
  - Bio-medical ethics

### Afternoon Programme 25th May 1994

### 13.45-16.30 Concurrent sessions.

Concurrent sessions will run as follows: Session 1:- 13.45 - 14.30 Session 2:- 14.40 - 15.25 Session 3:- 15.45 - 16.30

Long Term Drug Therapies (Venue- Conference Room)

Living Wills (Venue- Meeting Room)

Funeral Arrangements (Venue-Meeting Room)

Effective Control of Pain. (Venue-Resource Room)

Complex Care Assessment. (Venue- David Powells Office)

Community Liaison. (Venue-TBA)

16.30-17.00 E

Evaluation & Close

### Speakers

Sian Edwards. Clinical Nurse Lecturer, Riverside College of Health Studies.

Anna Bamford. Senior Staff Nurse, Chelsea & Westminster Hospital.

Eileen Nixon. Sister, Kobler Centre, St Stephen's Clinic, Chelsea & Westminster Hospital.

Peter Watt. Lecturer, Riverside College of Health Studies.

Kate Golton. Palliative Care Nurse Specialist, Chelsea & Westminster Hospital. Kath McClinton, Senior Social Worker. Chelsea & Westminster Hospital.

Susan Bowman, Social Worker, Chelsea & Westminster Hospital.

**Roger Newham,** Team Leader, Chelsea & Westminster Hospital.

Melanie Dobbin. Charge Nurse, Chelsea & Westminster Hospital.

Johnny Deighan. Charge Nurse, Community Liaison Team, St Stephen's Clinic.

Roger Newham

Peter Watt.

Melanie Dobbin.

Kate Golton

Kath McClinton. & Susan Bowman.

Johnny Deighan

Steve Lennox.

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### **CLINICAL HIV UPDATE FOR NURSES**

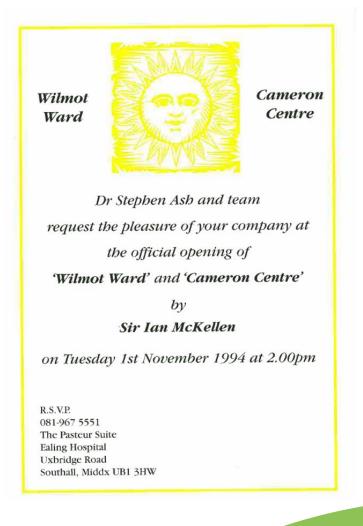
CHELSEA —————— WESTMINSTER *Healthcare* 

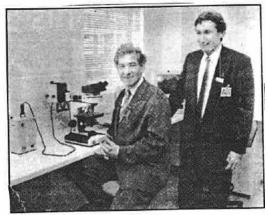
### (5) HIV Disease as a Long Term Chronic Illness? 25th May 1994

9.00 - 17.00hrs

### Programme

Venue- Conference Room, 4th Floor, St Stephen's Clinic, Chelsea & Westminster Hospital.





### Sir lan cuts the ribbon

STONEWALL founder Sir Ian McKellen visited Ealing Hospital on Tuesday to open a new HIV/ AIDS ward, laboratory, education and administration unit. The nine-bed Wilmot Ward has been named after a former patient, as have the other facilities now known as the Cameron Centre. Pictured with McKellen is consultant Dr Stephen Ash. PHOTO: GORDON RAINSFORD



Sir lan finds out from staff about the work of the unit Celebration as Aids

by 10 times to 200. The hospital's Pasteur Suite Appeal has raised (18,000 direc it was opcard in April, Including a dominon of 10,000 from the Eiton John AIDS Foundation and

SEE THIS: An official shows off a





Many nurses are realising the benefits of PICCs to their patients in areas such as oncology and nutrition. However, the move into areas such as HIV has not been as rapid.

in HIV

Since attending a Bard Groshong PICC workshop about a year ago, we have been successfully using PICCs in HIV patients for administering treatment lasting anything from 2 weeks to several months. This can range from a course of antibiotics, drugs such as foscarnet and gancyclovir, and for taking blood.

PICCs are an extremely cost-effective, safe device to use in HIV treatment, with infection rates kept much lower than subclavian lines.

They are very well received by our patients in relation to body image. Patients have often requested to have a PICC placed in preference to other VADs as they are more aesthetic. The main complication we have found with PICCs is the incidence of mechanical phlebitis. We have reduced the incidence of this by heating the arms, keeping the veins warm and therefore dilating them. However out of the 30 PICCs we have placed over the last year, we have come across very few complications. The use of PICCs in HIV is a nurse-led initiative which has resulted in a direct improvement in the quality of holistic patient care.



Christie Green, Senior Sister, Anna Branford, Clinical Sister, Ealing Hospital XHS Trust





### LEARNING OBJECTIVES

**EXUAL** 

- To review key implementation challenges and progress in implementing the National Strategy
- To explore the effective commissioning toolkit for sexual health and HIV Services
- To highlight good practice in the integration of HIV / AIDs services
- To share innovative approaches in service commissioning
- To highlight good practice in partnership working

### IMPROVING COMMISSIONING AND DELIVERY

HEALTH

AND HIV

SERVICES

Keynote Speakers:

CATHY HAMLYN HEAD OF SEXUAL HEALTH & SUBSTANCE MISUSE, DEPARTMENT OF HEALTH

JANE MEZZONE SEXUAL HEALTH PROGRAMME MANAGER DEPARTMENT OF HEALTH



A ONE DAY CONFERENCE Tuesday 29 April 2003 Central London







### Anna in America

Anna Bamford, manager of the community HIV team, was the only nurse from England among the 700 delegates at the annual conference for nurses in AIDS care, held in New Orleans.

Anna heads the integrated HIV team which offers nursing, mental health and social care support from its base at the Old Market in Hove.

"Many of the nurses I met were interested in the fact that our community specialist team is an integrated service and supports the majority of patients in their own homes," she said.

"Overall, the conference revealed the latest progress in treatments, current approaches to care, ethical and social issues surrounding HIV and AIDS, and ways for nurses to support each other.

"I also took the opportunity of visiting a local HIV outpatient clinic which has 3,500 patients on its books."

Other aspects of HIV care covered during the conference included medication and side effects, HIV pregnant women, nutrition and HIV prevention. For more information, contact Anna on 267575.

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### A Decade of Change

### A Bamford, S Mirfin, C Bellingham

#### Objective

These are three **Community** HIV nurses in Brighton, who collectively have 45 years HIV nursing **Imperiests**, we have looked back and reflected at the changes in HIV care for patients over the last decade. This has been inspired by the tenth **annivers**ary of the NHVMA conference.

The main objective of the study was for the nurses to reflect upon their clinical practice, experimences and patient's stories over the last 10 years and so inform us of potential areas we may device an unreal and services.

#### Methods

Reference

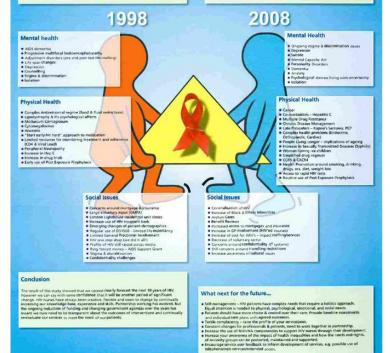
The methodology used was a reflection on practice and sharing of patient stories over the last 10 years of muting. Three main areas affecting patients were, physical, psychological and social needs from 1998-2008 and how they have changed for the both the patient, nuises and periodic provides.

#### Results

The three main themes explored have shown significant changes in nutsing practice, patient's physical health needs around their HIV and how this has evolved from a palliative and terminal cere approach to a chronic disease model of care.

This in turn has lead nulfiels to acquire new skills in Chronic Disease Management, to keep abreast of the constant changes in Antileferonical medication and its management, to increase their knowledge of HIV and co-morbidities and to deal with the continual impact of new diagnosis and the continualization who pream late.

Patient's psychological and mental health needs have also changed with an increase in chronic depression, anxiety issues, adjustment disorders, isolation and low self esteem, the social care meets for people in 2008 are significantly different including housing, returning to work, and the most significant locally is the increase in anytim patients and cultural issues.



So in conclusion - where could HIV nursing be in 2018?

South Downs Health NHS

#### nge brauet Olangas kar matik and book Care 11, Oai 14,9 A Nieklick 2007 - 197 Naas og Contemporen

A Decade of Change

# HIV Nurses are

great!



## Here's to the next generation!