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NATIONAL HIV NURSES ASSOCIATION

support | research | education

**21<sup>st</sup>**

**Annual Conference** *of the* **National HIV Nurses Association (NHIVNA)**

27–28 June 2019 · Manchester Conference Centre

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# TREATMENT

**Fungai Murau**

**Researcher & Community Advocate**

# Declaration of interests relating to this presentation

- Statement of interests

**NONE**

# Voices from MY Community

- Efficacious , Better life, Essential, Hope
- Fear , Anger, Guinea pig, Responsibility
- Peer support , Life , **SEX**, Baby, Health, Wellbeing
- Side Effects, Struggle, Remembering, Dread
- Pleasure, Freedom, Un-detectability , Fearless
- Progress, U=U, Adhere , Life , Lucky, Necessary nuisance

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# Different Seasons



# Quality of life of People living with HIV

“There is no combination ARV pill for self-stigma, nothing to help one achieve an undetectable level of self-stigma” Shaun Mellors (2019)

# What's Missing

- **Communication**
- **Choice**
- **Clarity**

People living with HIV work with a health care provider to choose an HIV regimen.



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# Ends

## Thank you

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