

# Complexities: A patient perspective

## Susan Cole

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# Am I a complex patient??

Abacavir  
hypersensitivity

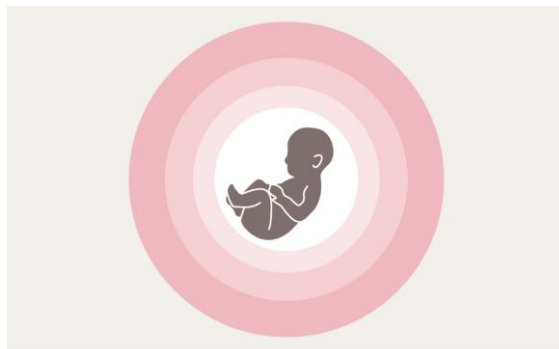
Pregnancy

Resistance

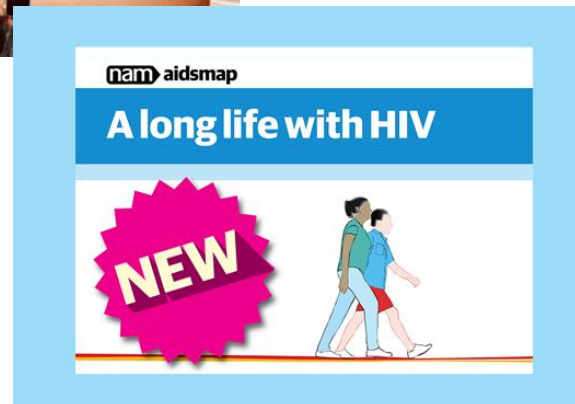
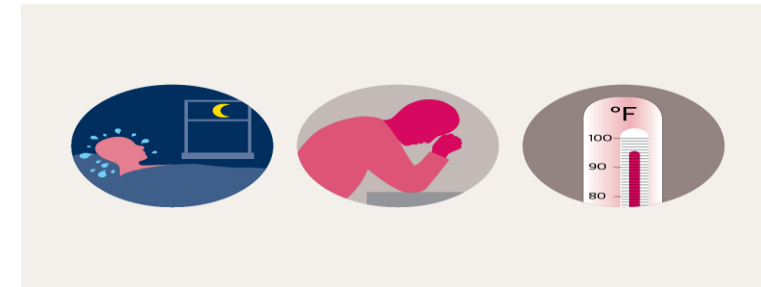
Breast  
cancer

Not CCR5 -  
tropic

Menopausal

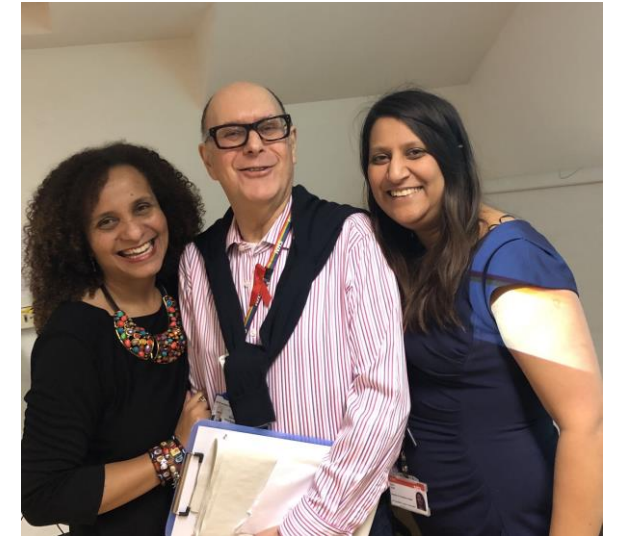


## “Older” women and complexities



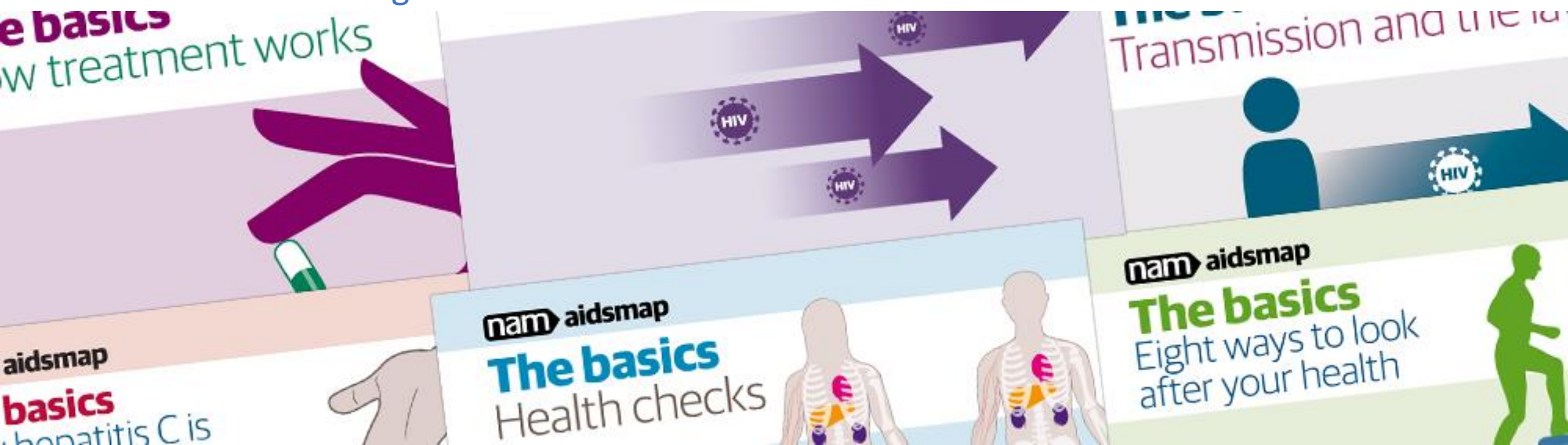
## Insights from NAM Patient Information Sessions

- Delivered over 20 patient information sessions to clinics & community groups
- Including: Metro, African Advocacy Foundation, THT, Foodchain, Positive East, Positively UK, Homerton Patients Forum, Blue Sky Trust, Mortimer Market Centre



## Insights from patient information sessions

- High rates of comorbidities
- Concerns around drug interactions & side effects
- Varying reasons for adherence issues
- Hunger for information



## Insights from patient information sessions

- Reports of being ping-ponged between healthcare providers
- Facing stigma in healthcare settings
- U = U not widely discussed in clinic
- Can be challenging to speak up to healthcare providers





*HIV & AIDS – sharing knowledge, changing lives*

Thank you

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