Complexities: A patient perspective
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No competing interests
Am I a complex patient??

- Abacavir hypersensitivity
- Pregnancy
- Resistance
- Breast cancer
- Not CCR5 -tropic
- Menopausal
“Older” women and complexities
Insights from NAM Patient Information Sessions

• Delivered over 20 patient information sessions to clinics & community groups
• Including: Metro, African Advocacy Foundation, THT, Foodchain, Positive East, Positively UK, Homerton Patients Forum, Blue Sky Trust, Mortimer Market Centre
Insights from patient information sessions

• High rates of comorbidities
• Concerns around drug interactions & side effects
• Varying reasons for adherence issues
• Hunger for information
Insights from patient information sessions

• Reports of being ping-ponged between healthcare providers
• Facing stigma in healthcare settings
• U = U not widely discussed in clinic
• Can be challenging to speak up to healthcare providers
Thank you
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