



**nhivna**

NATIONAL **HIV** NURSES ASSOCIATION  
support | research | education

# **21<sup>st</sup>** Annual Conference *of the* **National HIV Nurses Association (NHIVNA)**

27–28 June 2019 · Manchester Conference Centre

# Developing an in-reach service to facilitate early discharge from hospital for people living with HIV and other complex needs

Hannah Pugh<sup>1</sup> Tracey Buckingham<sup>1</sup> Mark Roche<sup>2</sup>

The Sussex Beacon<sup>1</sup> Brighton and Sussex University Hospitals<sup>2</sup>





# My Background











 The Sussex  
Beacon

 NHS Services  
The Lawson Unit  
Community Specialist HIV  
Service  
Mental Health Services

 Voluntary Services  
THT  
Lunch Positive

# REASONS FOR REFERRAL







**I can help!**





# Setting up the service



Attend weekly HIV virtual ward round.



Discuss and review all patients currently on acute wards.



Visit and introduce myself to each patient.

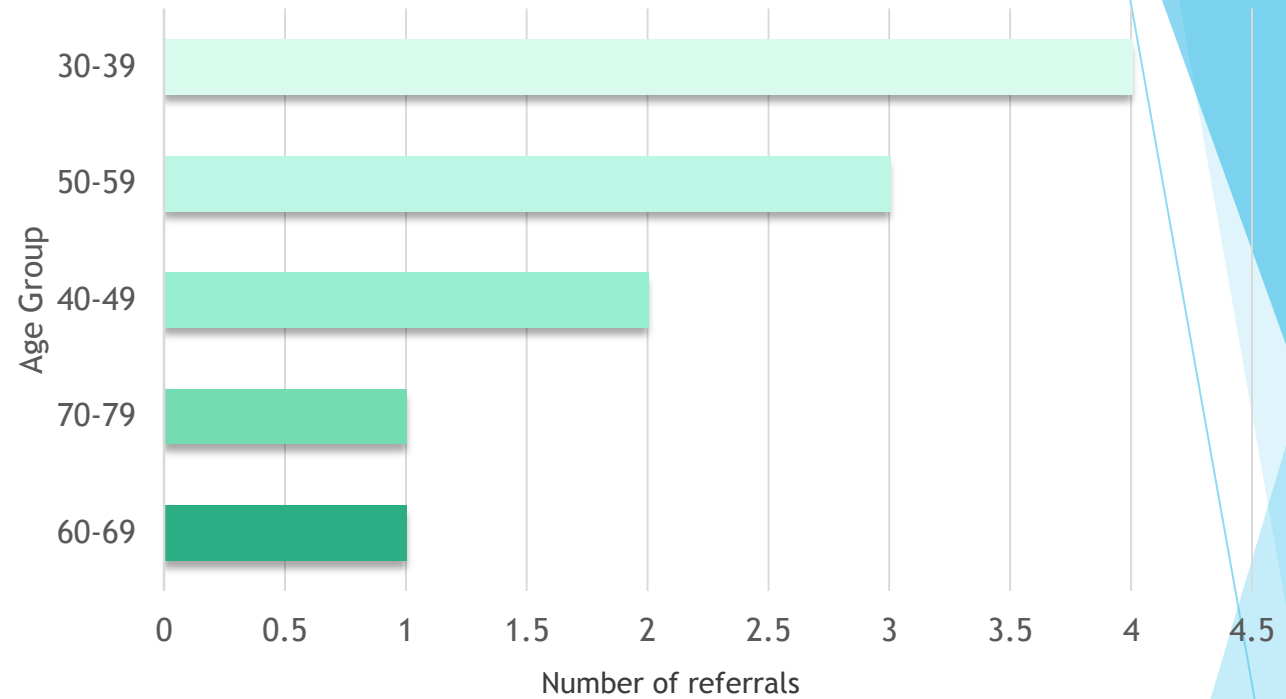
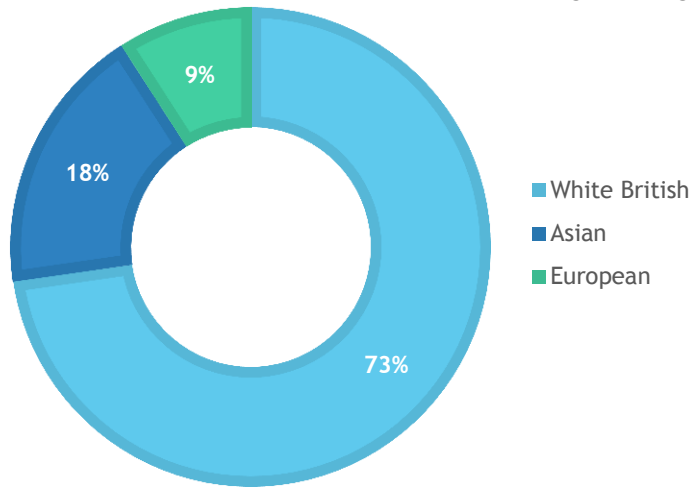
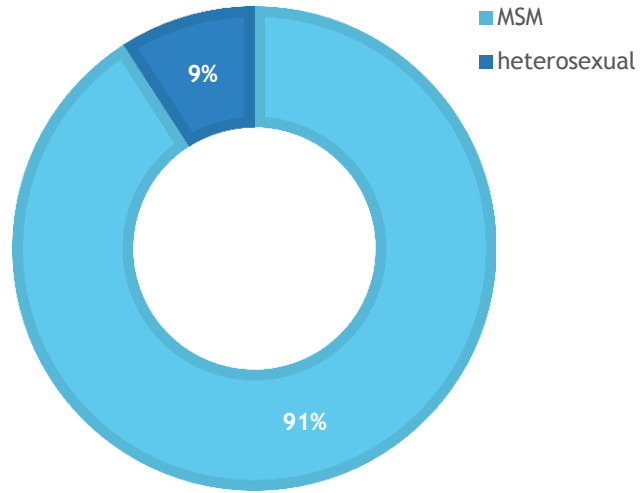


Complete pre-admission assessment and refer directly on to the Beacon



Liaise with ward staff to arrange a transfer date

# Demographic





# Indications for transfer to the Sussex Beacon



Mental health support



Medical step down care



Surgical step down care

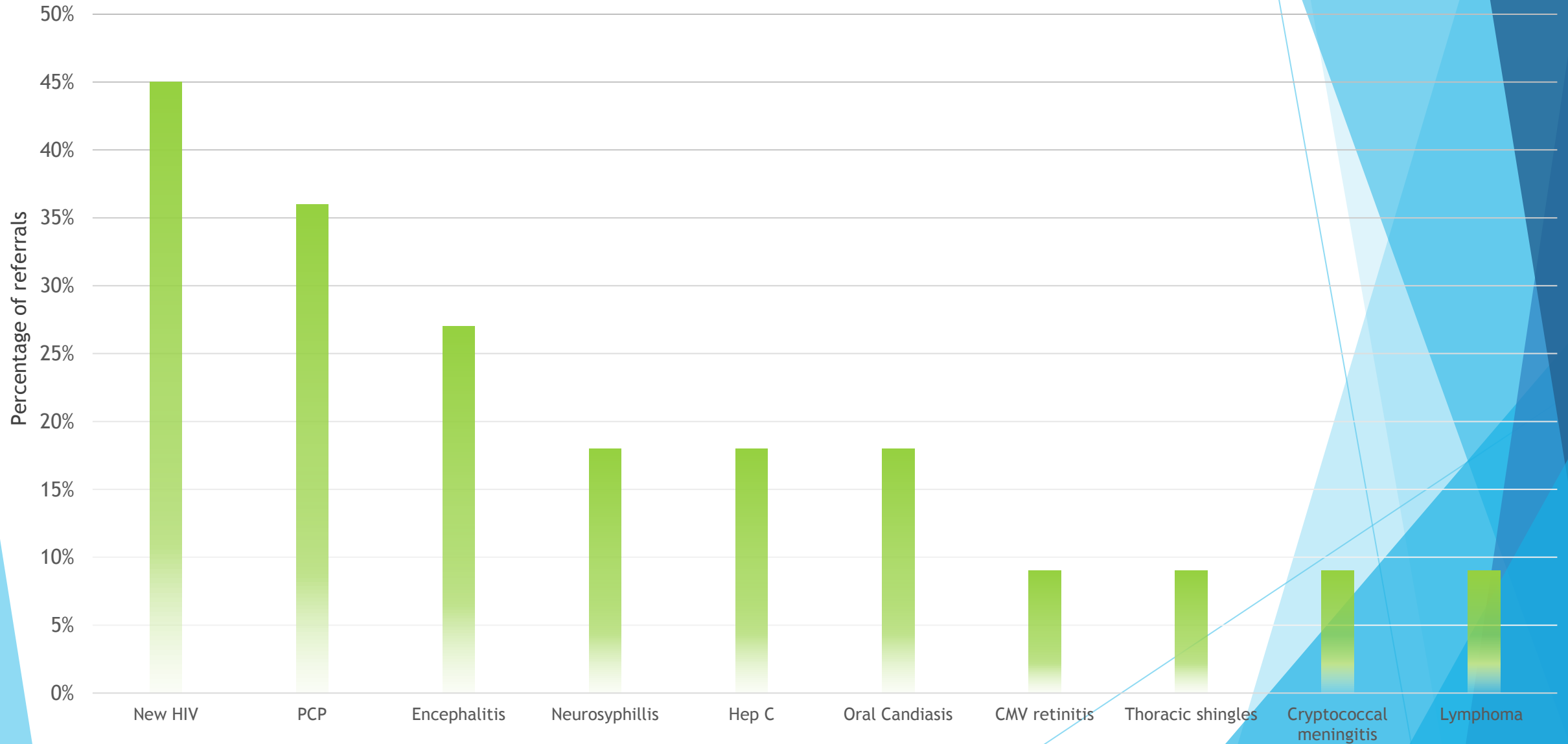


Education and support with a new HIV diagnosis



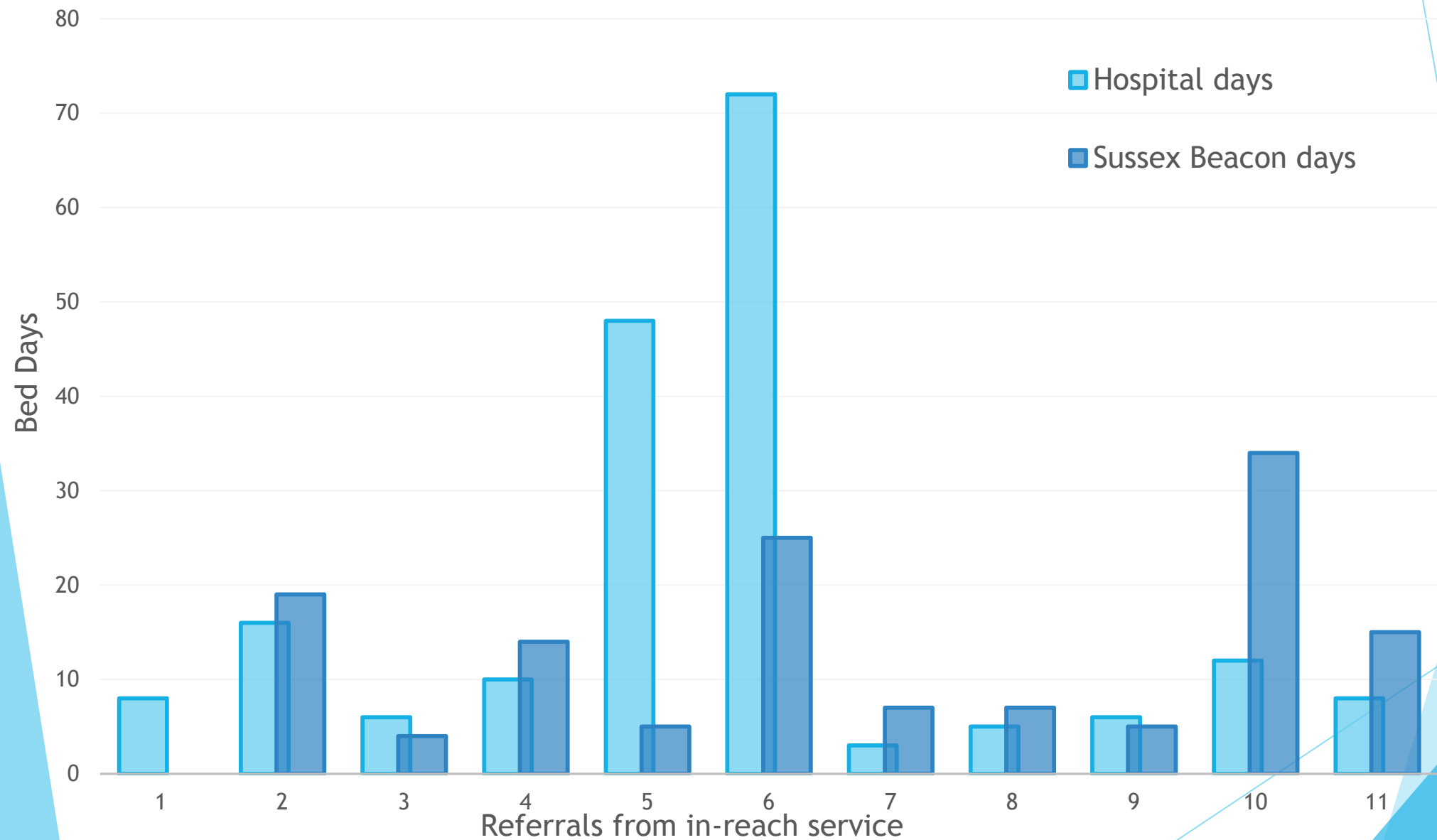
Rehabilitation post-hospital admission

# Prevalence of opportunistic infections





# Length of stay at the Sussex Beacon vs Hospital



# Conclusions

Facilitated early discharge ✓



```
graph TD; A[Facilitated early discharge ✓] --> B[Relieve NHS bed pressure ✓]; B --> C[Increased profile of services to patients and healthcare professionals ✓]; C --> D[Prevention of failed discharges ✓]; D --> E[Education and development for nursing team ✓];
```

Relieve NHS bed pressure ✓

Increased profile of services to patients and healthcare professionals ✓

Prevention of failed discharges ✓

Education and development for nursing team ✓



# Patient Feedback

I have gained so much in so many ways — firstly, weight (haha!), confidence, strength, self-worth, dignity, wisdom, discipline, the ability to completely trust people whom I haven't met before, and most importantly, the belief and faith in knowing that a beautiful life is ahead — or has begun, indeed. I see a silver lining. ☺



# Acknowledgements

Thank you!

Rachel Basset - The Sussex Beacon

Matthew Barker - The Sussex Beacon

Jim Stanford - The Sussex Beacon

Eileen Nixon - The Lawson Unit

All the team on the Clinical Infection  
Wards

& All the team on the IPU at the Sussex  
Beacon