21st Annual Conference of the National HIV Nurses Association (NHIVNA)

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My Life in HIV

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Declaration of interests relating to this presentation

STATEMENT OF INTERESTS
I HAVE NO INTERESTS TO DECLARE
Early Years....Its all about ME !!
Nursing Career

Student Nurse/Ward Nurse/Ward Manager  1976-87
Community Nurse/Leam Leader 1987-95
Specialist Community HIV Nurse 1995 to date
In 1858, Miss Nightingale visited Liverpool to present two papers at the National Association for the Promotion of Social Science. William Rathbone, a prominent Liverpool citizen, approached Miss Nightingale to ask her advice about setting up a District nursing scheme. This was to be the first district nursing service in the country. 

Community Nursing in Liverpool
Liverpool Community HIV Nursing Service

- Established in 1993
- Currently 3.6 WTE team members
- Liverpool CCG commissioned
- Residency or GP footprint criteria
- Nurse led service, 50% of caseload are complex care and remotely managed
- Robust working relationship with Sahir House our local voluntary sector provider of HIV support
Service Profile

- HIV Testing Activity
- Short term Caseload Shared Care <12 weeks
- Corporate Caseload Shared Care >12 weeks
- Liverpool Community Clinic Complex Care Remotely Managed Patients

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HIV Testing Activity

Self referral
GP referral
Outreach screening
New entrant screening

Simplitude POCT or venous sample

Retest
Confirmatory sample
ID/GUM referral
Psychological support
Signposting

Data 2019
1/4/ to 17/6
Testing 146
TB (L/A) 8
HBV 7
HCV 2
HIV2
Short Term Caseload

- Shared care Patients
- Home visits Joint consultations Clinic attender
- New diagnosis Adherence issues Treatment switch Co-morbidity
- Adherence support Monitoring Psychological support Signposting
Corporate Caseload

- Shared Care Patients
- Home visits
- Joint consultations
- Clinic attender
- New diagnosis
  - Ongoing adherence problems
  - Treatment switch
  - Co-morbidity
- Secondary dispensing
- Monitoring
- MDT working
- Psychological support
- Signposting
Liverpool Community Clinic

- Remotely managed patients
- Complex case management
- Co-ordination of care role
- Monthly HIV Consultant MDT
- Late diagnosis
- Advanced HIV
- Co-morbidity
- Polypharmacy
- Behavioural challenges
- Prescribing
- Secondary dispensing
- Monitoring
- Psychological support
- MDT working
- Long term planning

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Community HIV Nurses

- What makes us different?
- Viewing the bigger picture
- Getting to know a patient’s social narrative
- Developing a local knowledge base
- Short and long term realistic care planning
- Reflective practice and ongoing supervision
The Influence of Social Narratives

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Patient

Partner

Pets!!

Wider Local Community
Faith Groups

Family

Neighbours

Friends and Social Media
Prioritising Care and Compromise

Patient Priorities

Nursing Diagnosis

Medical Diagnosis
Case Study

- Male age 38
- Late diagnosis in 1996 with advanced disease, PCP, KS
- Poor adherence to first generation ARV’s
- Large social network
- End of life care at home involving MDT
- Care after death presented many challenges
Progressive Multifocal Leuкоencephalopathy

- Motor function abnormalities
- Mental status changes
- Dysphasia/Dysphagia
- Visual problems
- Seizures
- Cranial nerve palsy
Case Study

- Male age 54
- Late HIV diagnosis, CD4 count 22
- PML with neurocognitive impairment, very poor mobility
- Reclusive lifestyle, fiercely independent, mistrust of authority
- Conspiracy theorist
- Decided to stop treatment due to his poor quality of life
- Made informed choices and advanced care planning
- Hospice care 2 days prior to death
- HIV testing using POCT of sexual contacts at home
Case Study

- Male age 32
- Late HIV diagnosis, CD4 count 2
- PML with severe neurocognitive impairment and seizures
- Dysphagia, immobile, staccato speech, limited vision
- Remotely managed
- MDT domiciliary working and MDT meetings at home
- Short and long term goals
- Small family unit
- Poor housing
Short and long term goal setting in complex care

- Identify and prioritise problems
- Identify and prioritise aims and objectives
- Attach equal importance to physical, psychological and environmental needs
- Identify a quick win
- Use reflection to look for subtle changes
Community HIV Nursing is multi-faceted

- Challenging
- Demanding
- Rewarding
- Emotive
- Community HIV Nursing
- Affirming
- Stimulating

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Questions