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HIV and bone health: answers to the self-assessment quiz

1. The correct answer is **b**
2. The correct answer is **b**
3. Your answer could include any three of the following; Paget's Disease, parathyroid, sarcoidosis, alcoholism, cystic fibrosis, SLE, anorexia nervosa, chronic renal disease, coeliac disease, diabetes, Cushing's syndrome
4. Answer **c** is correct
5. Answer **d** is correct
6. The statement is **true**
7. Answer **b** is correct
8. Answer **b** is correct
9. Answer **a** is correct
10. Your answer could include any three of the following: high alcohol intake, smoking, opiate use, renal dysfunction, low BMI, low testosterone levels, hepatitis C co-infection, treatment with corticosteroids.
11. The statement is **false**. See CPD article section P for clarification
12. Your answer could include any three from the following;
 - Assess and reduce modifiable lifestyle factors e.g. smoking and alcohol use.
 - Assess dietary intake – especially for calcium and vitamin D.
 - Perform DEXA scan on key risk sites for BMD loss
 - Assess ART regimen and consider switching if safe/as appropriate e.g. from TDF to TAF
 - Assess testosterone levels in men
 - Assess oestrogen levels for menopause in females
 - Consider what other medications are taken medium/long-term