
Correspondence: Linda Panton
lindapanton66@gmail.com

---

**HIV and bone health: answers to the self-assessment quiz**

1. The correct answer is b
2. The correct answer is b
3. Your answer could include any three of the following: Paget’s Disease, parathyroid, sarcoidosis, alcoholism, cystic fibrosis, SLE, anorexia nervosa, chronic renal disease, coeliac disease, diabetes, Cushing’s syndrome
4. Answer c is correct
5. Answer d is correct
6. The statement is true
7. Answer b is correct
8. Answer b is correct
9. Answer a is correct
10. Your answer could include any three of the following: high alcohol intake, smoking, opiate use, renal dysfunction, low BMI, low testosterone levels, hepatitis C co-infection, treatment with corticosteroids.
11. The statement is false. See CPD article section P for clarification
12. Your answer could include any three from the following:
   - Assess and reduce modifiable lifestyle factors e.g. smoking and alcohol use.
   - Assess dietary intake – especially for calcium and vitamin D.
   - Perform DEXA scan on key risk sites for BMD loss
   - Assess ART regimen and consider switching if safe/as appropriate e.g. from TDF to TAF
   - Assess testosterone levels in men
   - Assess oestrogen levels for menopause in females
   - Consider what other medications are taken medium/long-term