

# HIV as a long-term condition and role of the annual health review: self-assessment quiz

Test your knowledge and understanding by completing this quiz. You could do this before reading the article and then return to it afterwards to see how much you have learnt.

Add the completed quiz to your professional portfolio as evidence of your learning and remember to record the CPD hours spent.

1. Complete the following sentence. A long-term condition is one that ...
  - (a) has lasted more than 10 years
  - (b) requires ongoing management over a period of years or decades
  - (c) requires more than one complex condition for a year
2. According to one study, by 2030 the proportion of people living with HIV and at least one noncommunicable illness will be?
  - (a) 66%
  - (b) 73%
  - (c) 84%
3. Is the following statement true or false?  
In the general population chronic diseases are the most common cause of death and disability.  
.....  
.....
4. According to the Department of Health (2012), how many people in the UK have a long-term condition?
  - (a) 12 million
  - (b) 13.5 million
  - (c) 15 million
5. The House of care has what at the centre?
  - (a) the patient
  - (b) personalised care planning
  - (c) personalised income plans
6. Is the following statement true or false?  
The Self Care Forum states that around 50% of all care in the UK is self-care?  
.....  
.....
7. The self-care continuum looks at four main areas: healthy living, minor ailments, long-term conditions and?
  - (a) death
  - (b) in-hospital care
  - (c) community care
8. Is the following statement true or false?  
The NHVNA annual health review document has 12 measurable standards?  
.....  
.....
9. Which one of the following aims is stated in the NHVNA annual health review document
  - (a) Improve outcomes for people living with HIV
  - (b) Improve healthcare professionals' legal duties in maintaining health
  - (c) Ensure people living with HIV look after their own health
10. Is the following statement true or false?  
The 2018 BHIVA Standards recommend self-care and self-management alongside peer support.  
.....  
.....