

# HIV and communication skills for practice

## Self-assessment quiz

Test your knowledge and understanding by completing this quiz. You could do this before reading the article and then return to it afterwards to see how much you have learnt.

Add the completed quiz to your professional portfolio as evidence of your learning and remember to record the CPD hours spent.

1. Identify five modes of communication

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2. Identify four types of communication

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3. Name five elements of good communication

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4. What are the two types of questioning?

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5. Identify five barriers to effective communication

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6. Name three external blocks to effective listening

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7. Name two communication techniques

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8. What are the main strategies involved in conflict resolution?

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9. How do we use 'immediacy' as an advanced communication skill?

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10. Identify three reasons why clinical supervision is relevant to patient communication

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