

# Transition for adolescents living with HIV

## Self-assessment quiz

Test your knowledge and understanding by completing this quiz. You could do this before reading the article and then return to it afterwards to see how much you have learnt.

Add the completed quiz to your professional portfolio as evidence of your learning and remember to record the CPD hours spent.

1. What did the CHER trial discover?  
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2. Name the UK cohort study following the clinical outcomes of children and young people in paediatric HIV care.  
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3. Name a resource to support holistic needs assessments.  
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4. Identify two key barriers to successful transition for young patients.  
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5. Identify three aspects outlined in the 'Ready Steady Go' transition resources.  
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6. Identify three key issues associated with HIV in childhood that make this experience distinct from adults with behaviourally-acquired HIV  
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7. Identify three approaches that are supportive of successful transitions.  
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8. Identify three key approaches that adult clinics could adopt to make their services more responsive to the needs of young transitioned patients.  
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9. What is identified as a key risk factor for compromised immunity and poor virological suppression in young adults?  
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10. What does the RCPCH guidance on successful transition for young people focus on?  
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