



24th Annual Conference of the National HIV Nurses Association

Wed 15th - Fri 17nd June
Hilton, Cardiff

www.nhivna.org

#NHIVNA2022
Follow us on social media



SAVE THE DATE

Coming to London in October 2022!

NHIVNA Workshop: Building Confidence and Courage

Communication is the greatest skill for individuals working with people living with HIV whether this be verbal, non-verbal or written.

This workshop will help you to explore different approaches to strengthen your abilities in speaking and writing confidently.

It will enhance presentation skills for education and conferences in the future and for you to realise your own potential.

Please get in touch if there are any areas that you specifically want us to cover at conferences@nhivna.org

Welcome



Liz Foote,
Chair, NHIVNA

It is an absolute pleasure to welcome you all to the 24th Annual Conference of NHIVNA, which is being held in the beautiful city of Cardiff. This year we are delighted that Kerry Roberts, our local host from Hywel dda University Health Board – West Wales, is able to join us

We are aware of how busy everyone is and the strain the NHS is under at the moment so more than ever NHIVNA would like to thank all of our speakers, who have agreed to present their work at the conference this year. Members of the NHIVNA exec, led by Jill Williams, have worked very hard to ensure that the programme this year is relevant and interesting.

We are also looking forward to welcoming our patrons back to the conference, Angelina Namiba and Robert Fieldhouse, along with our new patron Nathaniel Hall who will be speaking this year.

The NHIVNA AGM will be held at 15:30-15:45 on Thursday 16th June, and I encourage all NHIVNA members to attend this meeting, as it provides a forum to present any points of view to the NHIVNA Officers and members of the Executive Committee. In addition, it will provide us with an opportunity to update delegates on some of the exciting developments within NHIVNA over the past year.

The NHIVNA Conference Social Event will take place on the Thursday evening of the conference in the conference venue, the Hilton Cardiff. The evening will give us all an opportunity to spend time together in a relaxed setting.

On behalf of the NHIVNA exec we look forward to welcoming you all to this year's NHIVNA conference.

Liz Foote,
Chair, NHIVNA

Executive Committee

Chair

Liz Foote, Sussex Community NHS
Foundation Trust

Honorary Secretary

John McLuskey, University of
Nottingham

Honorary Treasurer

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Christina Antoniadis, Chelsea
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Foundation Trust, London

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NHS Trust

Jen Kendrick, Manchester University
NHS Foundation Trust

Andy Marshall, Zachary Merton
Hospital, Rustington

Kirstie Salthouse, Manchester
University NHS Foundation Trust

Jillian Williams, Liverpool University
Hospitals NHS Foundation Trust

Matt Wills, Sheffield Hallam
University

Eileen Nixon, Co-opted Trustee,
Brighton and Sussex University
Hospitals NHS Trust

Katie Warburton, Co-opted Trustee,
University of Central Lancashire

Garry Brough, Community
Representative Trustee, Positively UK

Events

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J Williams

Vice Chair

D Flower

C Antoniadis

G Brough

L Foote

J Kendrick

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Education

Chair

J McLuskey

Vice Chair

A Marshall

L Foote

J Kendrick

D Flower

L Panton

Research

Chair

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E Nixon

K Warburton

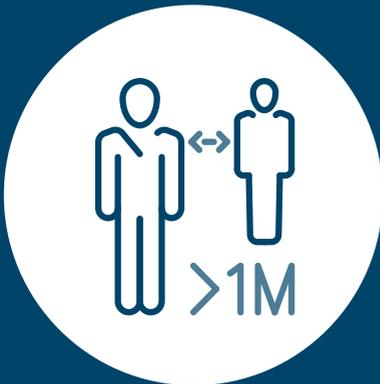
J Williams



HANDS



FACE



SPACE

Safety Measures

The safety of delegates is our priority and we have worked with the Hilton Hotel Cardiff to ensure we make the conference as safe as possible for everyone.

We are still taking measures including the provision of hand sanitiser and social distancing markers, we encourage the wearing of face covering in crowded areas where social distancing may not be possible.

Face masks will be available from the registration desk throughout the conference if required.

Whilst LFT testing is no longer a legal requirement we would like to encourage you to test prior to traveling to the conference. If you test positive or have any COVID symptoms please do not attend the conference and contact the secretariat to discuss the cancellation of your place.

Conference Information

Venue

Hilton Cardiff

Kingsway | Cardiff | CF10 3HH | United Kingdom

T: +44 (0)2920 646 300

Exhibition

The exhibition represents an integral element of the conference, providing participants with an excellent platform for networking as well as an opportunity to gain further insight into cutting-edge technology, the latest healthcare solutions, and services within the field of HIV and GU medicine. Entrance to the exhibition hall is free for all registered delegates.

Exhibition Opening Times

Weds 15th June 14:00 – 17:20

Thurs 16th June 08:00 – 16:15

Fri 17th June 07:30 – 15:00

Registration

Registration includes access to all session, the exhibition area, refreshments and lunch for the days specified in your registration acknowledgement correspondence.

The registration desk is located in the Atrium and will be open during the following hours:

Weds 15th June 14:00 – 19:00

Thurs 16th June 08:00 – 19:00

Fri 17th June 07:30 – 16:30

Conference Information

Delegate badges

Badges must be worn at all times to gain access to all conference sessions, catering and exhibition areas.

Conference Sessions

Pre-conference study day – Ballroom

Plenary Meeting – Ballroom

Catering, exhibition and posters – Llandaff Suite

NHIVNA Social event

Tickets for the NHIVNA Social Event are available to book in addition to your conference registration or will be available to purchase from the registration desk (subject to availability). The event will take place in the Atrium where street food and drinks will be served. Tickets are £25 per person and must be shown to gain entry.

Poster presentations

Posters will be displayed in the Llandaff Suite alongside the exhibition.

Posters should be in place by 09:00 Thursday 16th June and poster presenters are encouraged to be beside their posters over the lunch period on Thursday for discussion with delegates and judges.

Invited speakers and oral presenters

All presenters are reminded to ensure they visit the speaker preview room at least 3 hours in advance of their talk to check and sign off that we have the most up to date version of their slides. Speakers will be able to make final changes with the technicians here but will not be able to change their presentation in the meeting room or present from their own laptop.

The Speakers' Preview Room is located in the Victoria Suite.

WiFi

Free WiFi access is available throughout the conference venue.

Conference Information

Liability and insurance

The Meeting Secretariat and Organisers cannot accept liability for personal accidents or loss or damage to private property of participants either during or indirectly arising from the NHIVNA Annual Conference.

Social Media

Follow NHIVNA on social media [#NHIVNA2022](#)



National HIV Nurses Association (NHIVNA)



[@NHIVNA](#)

Pre-conference study day - Women and HIV

WEDNESDAY 15TH JUNE 2022

Registration and exhibition open from 14:00

14:30 - 14:35 **Welcome and introduction**

Chair: Susan Cole, NAM aidsmap

14:35 - 14:55 **Young women and HIV**

Michelle Bockor, Positively UK

14:55 - 15:15 **Women, HIV & sex: healthy, happy sexual relationships**

Rebecca Mbewe, 4M Network of Mentor Mothers

15:15 - 15:35 **Mama Knows Breast: Pregnancy and the importance of infant feeding choices for women living with HIV**

Angelina Namiba, 4M Network of Mentor Mothers

15:35 - 15:55 **Contraception & reproductive health**

Emily Clarke, Liverpool University Hospitals NHS Foundation Trust

15:55 - 16:15 **HIV and the menopause (medical perspective)**

Emily Clarke, Liverpool University Hospitals NHS Foundation Trust

16:15 - 16:35 **HIV and the menopause (patient perspective)**

Susan Cole, NAM aidsmap

16:35 - 16:50 **Panel discussion**

16:50 - 17:20 *Refreshment break*

17:20 - 17:50 **HIV and trans women (medical Perspective)**

Kate Nambiar, University Hospitals Sussex NHS Foundation Trust

17:50 - 18:15 **HIV and trans women (patient perspective)**

Rebecca De Havilland, 56 Dean St London

Pre-conference study day - Women and HIV

WEDNESDAY 15TH JUNE 2022 CONTINUED

- 18:15 - 18:35 **PrEP For Women – How far have we come and what still needs to be done**
Sophie Strachan, Sophia Forum
- 18:35 - 18:50 **Empowering women: What works well in the consultation room**
Jo Josh, British HIV Association (BHIVA) and the UK Community Advisory Board (UK-CAB)
- 18:50 - 19:00 **Panel discussion**
- 19:00 *Close*

Scientific Programme

THURSDAY 16TH JUNE 2022

Registration and exhibition open from 08:00

09:00 - 09:15 **Welcome address**

Liz Foote, Chair, NHIVNA and Kerry Roberts, Local Host, Hywel dda University Health Board – West Wales

09:15 - 10:30 **NHIVNA Plenary Session One**

Chairs: Kerry Roberts, Hywel dda University Health Board – West Wales and Jill Williams, Liverpool University Hospitals NHS Foundation Trust

Intentional non-adherence

Liz Foote, Sussex Community NHS Foundation Trust

The role of Peer Support in addressing non-adherence

Garry Brough, Positively UK

What adherence interventions work

Michelle Croston, University of Nottingham

Trauma and adherence issues: making sense of what seems not to make sense

Sarah Rutter, Manchester University NHS Foundation Trust

Panel Q&A

10:30 - 11:00 *Refreshment break*

Scientific Programme

THURSDAY 16TH JUNE 2022 CONTINUED

- 11:00 - 12:00 **NHIVNA Plenary Session Two**
Chairs: Daini Flower,
Royal Wolverhampton NHS Trust and Angelina Namiba, 4M
Network of Mentor Mothers
Joint working to improve the metabolic patient pathway
Linda Panton & Tracy Russell, NHS Lothian
The frailty assessment team
Justine Mellor, Manchester University Hospitals Foundation Trust
Integrated care systems
Eileen Nixon, Brighton and Sussex University Hospitals NHS Trust
Panel Q&A
- 12:00 - 13:00 **Satellite Symposium – ViiV Healthcare**
- 13:00 - 14:00 *Lunch, exhibition and posters*
- 14:00 - 15:00 **NHIVNA Oral Abstracts: Session 1**
Chairs: Linda Panton, NHS Lothian, Edinburgh and Kirstie
Salthouse, Manchester University NHS Foundation Trust
**001 Working with Complexity in Reflective Practice:
Images, thoughts and feelings brought up in sessions**
Nicola Williams, CHIVSS, West Sussex
**002 Remote HIV Care - A Community Nursing
Approach**
Jill Williams, Liverpool University Hospitals NHS Foundation Trust

Scientific Programme

THURSDAY 16TH JUNE 2022 CONTINUED

O03 The impact of free formula milk provision for parents living with HIV

Anna Brewster, The Food Chain

O04 Psychological wellbeing and sleep in human immunodeficiency virus (HIV)- a retrospective analysis of assessment and interventions within HIV services in the United Kingdom (UK) and Ireland, interim data

Nicola Galbraith, Gilead Sciences

15:00 - 15:30

Update Session

Research, education and the HIV Nursing journal supplement

HIV Nursing Journal

Liz Foote, Chair, NHIVNA

Model of HIV Nursing

Eileen Nixon

Education

John McLuskey, University of Nottingham

Research

Kirstie Salthouse, Manchester University NHS Foundation Trust

15:30 - 15:45

NHIVNA Annual General Meeting

15:45 - 16:15

Refreshment break

16:15 - 17:15

Satellite Symposium – ViiV Healthcare

17:15 - 17:45

NHIVNA Plenary Session Three

Chairs: Jen Kendrick, Manchester University NHS Foundation Trust and Matt Wills, Sheffield Hallam University, London

Advanced care planning – end of life care

Liz Foote, Sussex Community NHS Foundation Trust

Scientific Programme

THURSDAY 16TH JUNE 2022 CONTINUED

17:45 - 18:45

NHIVNA Oral Abstracts: Session 2

Chairs: John McLuskey, University of Nottingham and Jill Williams, Liverpool University Hospitals NHS Foundation Trust

O05 Recreational drug use, chemsex and antiretroviral prescribing in an HIV cohort in Brighton, UK

Zoe Adler, University Hospitals Sussex NHS Foundation Trust

O07 Where Have All Our Patients Gone? A collaborative multidisciplinary team approach to Lost to Follow Up

Julie-Anne Field, Barking Hospital

O08 Widening access to HIV testing through a national home-testing offer: the success of HIV Scotland's community-led approach

Alastair Hudson, HIV Scotland

From 18:45

Social Event & Drinks, in conference venue

Scientific Programme

FRIDAY 17TH JUNE 2022

Registration and exhibition open from 08:00

09:00 - 10:00 **NHIVNA Case Presentation Session**

Chairs: Jill Williams, Liverpool University Hospitals NHS Foundation Trust and Katie Warburton, University of Central Lancashire and CHIVA

The challenges and successes of multidisciplinary working during the Covid 19 pandemic

Sibusisiwe Mutambara, Sussex Community NHS Trust

Time and teamwork: the challenges of asylum destitution in people living with HIV

Sarah Emerton, NHS, Manchester

10:00 - 10:30 *Refreshment break*

10:30 - 11:30 **Satellite Symposium – Gilead Sciences**

11:30 - 12:45 **Stigma**

Chairs: Garry Brough, Positively UK and Christina Andoniadi, Chelsea and Westminster Hospital NHS Foundation Trust

Stigma in the NHS

Moses Shongwe, Barts Health NHS Trust

You will get AIDS and die’ – the devastating impact of Homophobia and HIV stigma on children of the 1980s

Nathaniel Hall, NHIVNA Patron, and Actor, Writer and HIV Activist

Growing up with HIV - the role of stigma

Katie Warburton, University of Central Lancashire, and CHIVA youth committee

Panel Q&A

12:45 - 13:45 *Lunch, exhibition and posters*

Scientific Programme

FRIDAY 17TH JUNE 2022 CONTINUED

- 13:45 - 14:15 **2019 NHIVNA Research Award update**
Chairs: Kirstie Salthouse, Manchester University NHS Foundation Trust and John McLuskey, University of Nottingham
Using a co-creation approach to share the cancer experiences of patients living with HIV: Translating research findings into practice
Dr Emma Hainsworth, Royal Marsden NHS Foundation Trust
Initial perceptions of HIV nurses involved in delivering a community-based intervention to improve engagement of HIV patients in care and treatment – Qualitative enquiry
Charlie Hughes, Sheffield Teaching Hospitals NHS Trust
“Inside Out Health Project”
How do male prisoners experience HIV healthcare in English prisons? An exploration of patient’s experiences and opinions
Felicity Young, Solent NHS Trust
- 14:15 - 14:30 **NHIVNA awards ceremony**
Presented by Liz Foote, Sussex Community NHS Foundation Trust and Jill Williams, Liverpool University Hospitals NHS Foundation Trust
- 14:30 - 15:00 *Refreshment break*

Scientific Programme

FRIDAY 17TH JUNE 2022 CONTINUED

- 15:00 - 15:45 **NHIVNA invited lecture**
Chairs: Daini Flower, Royal Wolverhampton NHS Trust and
Andy Marshall, Zachary Merton Hospital, Rustington
**Psychological impact of caring during the COVID-19
pandemic on HIV nurses, Phase 1 of the COCHIV Study**
Matt Wills, Sheffield Hallam University, London
The impact of COVID-19 - self compassion
Michelle Croston, University of Nottingham
Panel Q&A
- 15:45 - 16:15 **NHIVNA top 10 of the year**
Christina Antoniadis, Chelsea and Westminster Hospital NHS
Foundation Trust
Jill Williams, Liverpool University Hospitals NHS Foundation Trust
Nathaniel Hall, NHIVNA Patron, and Actor, Writer and HIV
Activist
Angelina Namiba, NHIVNA Patron and 4M Network of Mentor
Mothers
- 16:15 - 16:25 **Closing remarks & depart**
Liz Foote, Chair, NHIVNA

Poster Abstracts

P01 Development of a multi-professional approach for holistic frailty assessments in the HIV population to improve patient care

Justine Mellor, Manchester University NHS Foundation Trust

P02 Improving access to hepatitis C treatment for people living with HIV

Justine Mellor, Manchester University NHS Foundation Trust

P03 A review of Elite Controllers in clinic: factors that prevented or enabled them to start Antiretroviral therapy

Caroline Cable, University Hospitals Sussex

P04 Annual health review – a pilot project in the HIV community setting

Adeola Stephens, Guy's and St Thomas' NHS Foundation Trust

P05 A person-centered approach to retaining and engaging people living with HIV in healthcare

Jen Kendrick, Manchester University NHS Foundation Trust

P06 T spot testing in HIV outpatients setting. Chasing the IGRA

Jonathan Roberts, University Hospital Sussex NHS Foundation Trust

Awards & Scholarships

NHIVNA Best Oral award for research/clinical practice

Awarded for the best oral presentation covering either research or clinical practice at the NHIVNA Annual Conference. A NHIVNA-invited panel will judge the award and will review oral presentations based on the following criteria: quality of presentation; quality of research; impact on nursing practice; originality; and considered ethical issues (if appropriate).

NHIVNA Best Poster Presentation Award

Awarded for the best poster displayed at the NHIVNA Annual Conference. A NHIVNA-invited expert panel will judge the award and will review the posters based on the following criteria: quality of presentation; quality of research; impact on nursing practice; originality; and considered ethical issues (if appropriate).

NHIVNA Commended Poster Award

As above but will be awarded to three runners up.

NHIVNA HIV Nurse of the Year Award 2022

The NHIVNA HIV Nursing Award was set up in 2007 and recognises the outstanding achievements of nurses who have made a significant or unique contribution to the care and quality of life of people living with HIV.

Supported by funding from Gilead Sciences Ltd, who have no involvement in selecting recipients of the award

First-time Attendee Scholarships

NHIVNA has made available up to five First-time Attendee Registration Concession Scholarships to assist delegates who are attending a NHIVNA conference for the first time. To be eligible for a scholarship, applicants must be NHIVNA members in 2022. These scholarships have enabled successful applicants to register for the conference at the reduced registration rate of £125. Applications were administered on a first-come, first-served basis.

Awards & Scholarships

ViiV Healthcare Conference Scholarships

NHIVNA are very grateful to ViiV Healthcare who have provided up to 20 bursary awards to assist NHIVNA member healthcare professionals to attend the 24th Annual Conference. NHIVNA members have benefited from a contribution of £200 towards accommodation for two nights and £100 towards travel. Applications have been reviewed by NHIVNA and have been allocated on an assessment of merit.

ViiV Healthcare have had no involvement in the selection of bursary winners.

Speakers & conflicts of interest

Miss Michelle Bockor - none

Garry Brough - none

Dr Emily Clarke - received honorarium to talk on HIV and the menopause from Gilead and Viiv. Talks were non-promotional.

Susan Cole - none

Michelle Croston - none

Rebecca de Havilland - TBC

Liz Foote - none

Dr Emma Hainsworth - none

Mr Nathaniel Hall - none

Charlie Hughes - Project costs were fully covered by a Research Fellowship award from the National HIV Nurses Association (NHIVNA).

Jo Josh - none

Ms Rebecca Mbewe - none

Miss Justine Mellor - none

Kate Nambiar - TBC

Ms Angelina Namiba - none

Eileen Nixon - TBC

Linda Panton - none

Mrs Tracy Russell - none

Sarah Rutter - none

Moses Shongwe - none

Miss Sophie Strachan - none

Katie Warburton - none

Matt Wills - TBC

Ms Felicity Young - none

Sponsors

We would like to thank our industry partners for their ongoing support of NHIVNA and encourage you visit their stands during the breaks for the latest updates, resources and information.

NHIVNA ANNUAL CONFERENCE MAJOR SPONSORS 2022

Gilead Sciences



Gilead Sciences, Inc. is a biopharmaceutical company that has pursued and achieved breakthroughs in medicine for more than three decades, with the goal of creating a healthier world for all people. The company is committed to advancing innovative medicines to prevent and treat life-threatening diseases, including HIV, viral hepatitis and cancer. Gilead operates in more than 35 countries worldwide, with headquarters in Foster City, California.

MSD



At MSD, known as Merck & Co., Inc., Rahway, NJ, USA in the United States and Canada, we are unified around our purpose: We use the power of leading-edge science to save and improve lives around the world. For more than 130 years, we have brought hope to humanity through the development of important medicines and vaccines. We aspire to be the premier research-intensive biopharmaceutical company in the world – and today, we are at the forefront of research to deliver innovative health solutions that advance the prevention and treatment of diseases in people and animals. We foster a diverse and inclusive global workforce and operate responsibly every day to enable a safe, sustainable and healthy future for all people and communities. For more information, visit www.msd-uk.com and connect with us @MSDintheUK on Twitter, LinkedIn, Instagram, YouTube and Facebook.

Sponsors



ViiV Healthcare

We are ViiV Healthcare: A specialist pharmaceutical company 100% dedicated to HIV medicines and research, and completely focused on people living with HIV and AIDS. In the last 30 years, the world of science and the HIV and AIDS community have worked together to control the HIV epidemic. Right now, we face a new wave of challenges, still... we have to keep going. We are here until HIV and AIDS aren't.

Exhibitors



Chiva

CHIVA carries out direct support work with children, young people and families living with HIV, and works with health professionals, to ensure that children and young people living with HIV have the treatment and care, knowledge, understanding, skills and wider support needed to live well and achieve their greatest potential. CHIVA works with people living with HIV who have transitioned to adult care up to age 25 and there are peer opportunities beyond this age too.

Owen Mumford



Owen Mumford has been at the forefront of medical device innovation for 70 years, creating solutions that improve the global delivery of healthcare and home health treatments. Products include devices that make blood testing simple. Our Simplitude™ brand meets the need for a rapid diagnostic test that is easy to use and offers confidence in reliable results; it provides convenient, prompt results to support early diagnosis of HIV. Simplitude™ ByMe™ is the first HIV test with a built-in safety lancet, blood collection unit, and strip test.

We are delighted to support the NHIVNA Conference.

www.simplitudebyme.com www.owenmumford.com

Programme of satellite symposia

THURSDAY 16TH JUNE 2022

12:00 – 13:00 **ViiV Healthcare Sponsored
Satellite Symposium**



Title: Optimising HIV Treatment for People Living with HIV Now

Speakers:

Dr Jonathan Underwood, University Hospital of Wales

Laura Hilton, Southend University Hospital NHS Trust

16:15 – 17:15 **ViiV Healthcare Sponsored
Satellite Symposium**



Title: Long-Acting Injectables: Implementation, Experience and Practical Tips

Speakers:

Patricia Anderson, Lead Clinical Nurse Specialist, BBV Glasgow

Pauline Jelliman, HIV Specialist Nurse, ViiV Healthcare

Shaun Watson, HIV Specialist Nurse, ViiV Healthcare

FRIDAY 17TH JUNE 2022

10:30 – 11:30 **Changing Minds – Together We Can**



Chair: Dr Sarah Rutter – Clinical Psychologist,
North Manchester General Hospital

Speakers:

Laura Wilson-Powell, Clinical Nurse Specialist MPHFT

Carl De Souza, Clinical Nurse Specialist, Croydon Sexual Health

Dr Sian Warren, Consultant in GUM/HIV, Royal Gwent Hospital

Nicola Galbraith, HIV Standards Support Team, Gilead Sciences

Garry Brough, Positively UK

Special virtual guest appearance from Dr Laura Waters,
Chair of BHIVA

Research Awards 2022

Call for applications

The NHIVNA research awards provide funding for research or development projects that will improve the care and management of people with HIV in the UK. They are specifically designed to build research capacity in the NHIVNA membership by enabling members with limited research experience to undertake a project with mentorship and support.

This year, a total of up to £3,000 is available to be distributed amongst the successful applicants.

Open to NHIVNA members

Full details online at:
www.nhivna.org/NHIVNA-Research-Awards

Working together to best support people living with HIV in the UK

After 12 years working in sexual health and HIV within the NHS and being part of a small, dedicated HIV team in Essex, Susie Gyampo joined Gilead Sciences in January 2022. Here, Susie describes her journey working in HIV and how this experience helps to support teams across the UK as part of her work at Gilead. You can find Susie's full story in an upcoming edition of the British Journal of Nursing.



What was your experience working in an HIV service in the NHS?

After I graduated, I joined the Mid and South Essex NHS Foundation Trust where I started working in an integrated sexual health service as a genitourinary medicine nurse, then as a Health Advisor. As part of a small team, we were then tasked to set up and help manage a standalone local HIV service after the split from the sexual health service.

How did you find being part of setting up a standalone HIV service?

Setting up the standalone HIV service was so important in addressing the specialised needs of our cohort and to address health inequalities amongst people living with HIV. It was not without its challenges – ensuring we met those individualised needs with only a small team was a big undertaking, yet a huge opportunity to reconsider our approach as an integrated service.

Did you have support setting up the service?

As we tried to navigate and learn how best to build the service, I recognised how important networks are – one of the great things about the HIV community is the deep-rooted nature of collaboration and it was the support of other healthcare teams, HIV services, associations, peer support, patient advocacy groups and industry that were integral to us getting up and running.

What was the main focus of your service?

One of the things that I am most proud of is the emphasis that we placed on the mental health of people living with HIV. We actively listened to the individuals we were creating this

service for and a recurrent theme was the need for psychological support. It may sound obvious, but we completely believed that there is no physical health without mental health and that is something that transcended throughout the service we provided.

What was your experience with industry before joining Gilead?

Until I was a clinical nurse specialist, I had only ever had very limited exposure to the pharmaceutical industry, but from then my experience was only ever positive. Industry partners were integral to supporting us through enabling us to network with other specialist healthcare professionals. Additionally, their help in making us aware of the latest education really made managing our services better.

How does your previous experience help in your role at Gilead?

As part of the Gilead HIV Standards Support Team, I have the chance to work with some of the incredible HIV teams across UK&I. Today, I support teams in optimising HIV Standards of Care, enabling them to evolve their own services to improve the health of people living with HIV. Our work includes delivering a streamlined and standardised approach to the HIV annual health review and embedding BHIVA standards to improve the experience of people living with HIV.

How does Gilead support people living with HIV beyond treatment?

Working so closely alongside the HIV community, we are always listening to and considering the key issues facing people living with HIV – as well as healthcare professionals and patient

organisations. One of the pieces of feedback that we hear regularly is around people not feeling comfortable to speak with their clinician about wider aspects of their life, such as wellbeing and mental health. Through this insight Gilead UK&I have worked with the community groups to develop our Find Your Four campaign, which encourages people living with HIV to think about broader aspects of their health and wellbeing – empowering them to talk to their healthcare team about why it matters.

For people empowerment, health literacy and peer support resources, please visit:

www.hivfindyourfour.co.uk.

If you'd like to reach out to the Gilead HIV Standards Support Team, email us at:

hivstandardssupport@gilead.com.

You can find Susie's full story in an upcoming edition of the British Journal of Nursing.



GILEAD

Creating Possible

**GILEAD
HIV STANDARDS
SUPPORT TEAM**

This article was sponsored and developed by Gilead Sciences Ltd.
www.gilead.co.uk.

Prepared: May 2022 Job code: UK-UNB-2190

Speakers biographies



Miss Michelle Bockor, Youth Project Coordinator, Positively UK

Michelle Bockor is one of the youth project coordinators/peers supports at Positively UK. She provides peer support to HIV positive young adults aged 18 -30 in the UK. Michelle was diagnosed with HIV as a pre-teen and through learning how to navigate the world as a young black woman living with HIV and dismantling her internalized stigma, she now uses her experience to support other young people. Michelle believes that having a sense of uplifting community is crucial for any person in any stage of their HIV journey.



Garry Brough, Lead for Peer Learning, Partnerships & Policy, Positively UK

Diagnosed HIV+ in 1991, Garry has championed patient involvement and peer-delivered support since co-founding the Bloomsbury Network in 1999. He has worked in both the NHS and HIV charity sector and currently works for Positively UK, as Lead for Peer Learning, Partnerships and Policy.

Garry has served as community representative on BHIVA, BASHH and BMA committees and currently sits on the NHIVNA Executive, as well as London's Fast Track Cities Initiative Leadership Group and HIV Clinical Forum.



The CHIVA Youth Committee (CYC)

The CHIVA Youth Committee (CYC) is an active group of young people who are keen to get involved in a wide range of projects and campaigns. Since 2010, the CYC has been working alongside the CHIVA staff team, Trustee Board and Steering Group to:

give a voice to children and young people living with HIV in the work of CHIVA and in the public domain tackle HIV stigma and support campaigns by working with the media, policy makers and the public.

All CYC members are aged 12–18 years old and living with HIV. It has recently expanded to 20 members, including an elected chair and deputy chair. Committee members hold their roles for two or three years.

The CYC achieves its aims by: Reviewing CHIVA's work and influencing developments at CYC meetings 3–4 times a year. Working with CHIVA's partner organisations to tackle issues, strengthen campaigns and speak at conferences. Getting involved in projects they feel will work towards creating better awareness and understanding of HIV.

Abi Carter is the CHIVA Participation Manager who support the CYC along with a wider team of associates and peer workers who have also grown up with HIV.



Dr Emily Clarke
Consultant in genitourinary medicine and HIV, Liverpool University Hospitals
NHS Foundation Trust

Dr Emily Clarke is HIV clinical lead and a consultant in genitourinary medicine at Liverpool University Hospitals NHS Foundation Trust. She has a special interest in Women’s health and HIV: she runs an HIV/menopause clinic and is a member of the BHIVA HIV in pregnancy guidelines group. Dr Clarke is chair of the British Association for Sexual Health and HIV Clinical Standards Group and a member of the NICE Reducing STIs guidelines group.



Susan Cole, Community Engagement Manager, NAM aidsmap

Susan is an award-winning HIV activist, broadcaster, writer and public speaker, advocating for people living with HIV for two decades. She leads the community engagement and broadcasting activities for the HIV information charity NAM aidsmap, producing and hosting the live broadcast series aidsmapLIVE for a global audience of people living with HIV. She has previously worked for a number of NGOs including the UK Coalition of People Living with HIV, the National AIDS Trust and has served as a Trustee of the Children’s HIV Association & the Women’s HIV charity the Sophia Forum.

She is particularly passionate about issues affecting women and people of colour living with HIV, writing and presenting about the health inequities they face. She is a member of the Global HIV Collaborative, 4M Network of Mentor Mothers and serves as a community representative of the British Association for Sexual Health and HIV (BASHH) HIV Special Interest Group.



Dr Michelle Croston, Associate Professor of Nursing, University of Nottingham

Dr Michelle Croston is an Associate Professor of Nursing at the University of Nottingham. She has a clinical background in HIV care working at national and international level to improve outcomes for people living with HIV. She holds a fellowship with European Society of Person Centered Healthcare (ESPCH) and is an associate member of the International Community of Practice for person-centred practice (PCP-ICoP). Michelle has extensive post graduate qualifications in mental health and psychological trauma, alongside her role as an educator she is a qualified Mental Health First Aid Instructor and Crisis Counsellor for a Mental Health charity that specialises in working with healthcare workers. Michelle is passionate about developing teaching and learning strategies to prevent compassion fatigue and secondary trauma.

Speakers biographies



Rebecca de Havilland, Peer Support Worker

Rebecca is an advocate for trans women living with HIV. She has worked as an outreach officer for the Terrence Higgins Trust, promoting HIV testing in the community and is also a member of the Gilead Sciences' pan-European Women's Working Group on HIV. Rebecca also works for TransPLUS as a peer support worker at 56 Dean St.

Since 2017, Rebecca has been delivering her trans empowerment initiative, Project Bootcamp. Bootcamp creates a support network for trans women and trans femmes which helps to build confidence and resilience, improve access to employment and provides education on sexual health and wellbeing via series of psycho-educational workshops.

Rebecca was reported in the national press as being the first woman in Ireland to transition. She has had an amazing and varied career, working as an award-winning hairstylist for Vidal Sassoon, was the director of her own successful model agency, as well as authoring the best-seller listed book His Name is Rebecca. @BexDeHavilland



Liz Foote, Clinical Services Manager/NHIVNA chair, Sussex Community NHS Foundation Trust

Liz started working in the area of HIV 29 years ago and has found that choosing to work in this field has led her on a very special journey. She started her journey as an HIV buddy in 1993 and her first job as a nurse in HIV was in 1996 at Addenbrookes hospital, Cambridge, on their Infectious diseases unit. Liz then moved to Mildmay Hospital in London. At this time much of her work was palliative and it was an honour and a privilege to look after her patients. Liz worked as a HIV nurse in Phnom Penh, Cambodia for three years between 2002-2005 where she helped support a team of Cambodian nurses and was involved in a HIV community home care project in the slums where there were approximately 350 HIV positive patients on their list at any one time. Liz found the three years incredibly hard, witnessing people die in the most inhumane and raw ways, but extremely rewarding too.

Liz worked as a Macmillan nurse for four years then worked as the clinical team leader for the community HIV nurse specialist team in Liverpool, looking after complex patients with HIV. In August 2020, she started a new post as Clinical Services Manager for Sussex Community NHS Foundation Trust managing three community specialist services, the Community HIV specialist service, the ME/Chronic Fatigue syndrome service and the Carers Health Team.

Liz has a Masters in Drug Use and Addiction and is a Non-Medical prescriber. She has a special interest in palliative care and believes in equity for all people and is passionate about working with vulnerable and stigmatized groups.



Dr Emma Hainsworth, Nurse Researcher, Royal Marsden NHS Foundation Trust

Dr Emma Hainsworth currently works as a nurse researcher within the Applied Health Research Group at the Royal Marsden Hospital.

She has had 28 years of experience as a nurse, initially working with patients living with HIV and then moving to cancer care as a lymphoma research nurse. In March 2019 she was awarded a PhD at UCL for a qualitative research study exploring the experiences of people living with a dual diagnosis of HIV and cancer. This work developed her own research interests of cancer patients' experiences of care; particularly those from stigmatised or marginalised groups in society. Using a 2019 NHIVNA Research award she consulted key experts on ways to translate her research findings into practice and as a result adopted a co creation approach to make three videos in partnership with individuals living with HIV and cancer. Since joining the Royal Marsden she has led several patient involvement projects and has a particular interest in work which advances health equity in cancer care.



Mr Nathaniel Hall, Actor, Writer and HIV Activist

Nathaniel Hall is an award-winning actor, writer and HIV activist known for his HIV stigma-smashing solo-show First Time. The play and its associated community outreach programme has been enjoyed by over 70K people and Nathaniel has told his story to millions more through broadcast, print and digital media. The play is published by Nick Hern Books.

Nathaniel also appeared as Donald Bassett in It's A Sin, the 11-times BAFTA nominated hit C4 drama about HIV/AIDS in 1980's Britain. His community-led creative activism has been covered extensively by the U.K.'s media including Lorraine, Steph's Packed Lunch, Good Morning Britain, Channel 4 News and BBC Breakfast. He is Co-Artistic Director of Dibby Theatre, an award-winning LGBTQ-led theatre company from Manchester.

www.nathanieljhall.co.uk
www.dibbytheatre.org
 @nathanieljhall
 @dibbytheatre



Mrs Charlie Hughes, HIV Clinical Nurse Specialist, Sheffield Teaching Hospitals NHS Trust

Charlie has worked as a HIV Clinical Nurse Specialist at Sheffield Teaching Hospitals NHS Trust for the past 15 years. In addition to her clinical role she is very interested in research and recent studies include Advanced Nurse Contribution to HIV Services (ANCHIVs, 2015). To enhance and support her practical research skills she completed an MSc in Clinical Research in 2016.

Charlie is currently contributing to a service development project looking at a community delivered nursing intervention to improve engagement of HIV patients in care and treatment.

Charlie also facilitates the South Yorkshire HIV Network – Patient and Public Involvement group for HIV Research.

Speakers biographies



Ms Jo Josh, Communications Consultant, British HIV Association (BHIVA) and the UK Community Advisory Board (UK-CAB)

Jo Josh is a communications professional who moved from mainstream brands to focus on media training, strategic communications and crisis management for leading global businesses. She has print and broadcast experience for national and independent outputs.

Now focusing on the health sector, Jo is Communications Officer for the British HIV Association, managing media enquiries and advocacy with the health system and government. As a woman living with HIV, voluntary roles include being on the steering group of the UK Community Advisory Board (UK-CAB), a network of around 700 HIV treatment advocates from more than 100 organisations. She is a former Trustee and Co-Chair of Sophia Forum, a UK national charity which promotes and advocates for the rights, health, welfare and dignity of women living with HIV, through research, raising awareness and influencing policy.

Jo was Vice Chair of NICE Clinical Guidelines Rapid Updates Standing Committee C (2014 – end 2017), and now researches HIV-related neuropathic pain in the UK and globally. Other research includes a role in data safety monitoring for the RIO study into the use of broadly neutralising antibodies (bNAbs) to achieve viral suppression of HIV.



Ms Rebecca Mbewe, Co-Director, 4M Mentor Mothers Network CIC

Rebecca is an HIV advocate, mentor, speaker and trainer who has long standing experience of working within the HIV sector and is passionate about gender equality and women's sexual health and reproductive rights. Along with many other roles within the HIV community, Rebecca is currently an active member of the UK Community Advisory Board (UKCAB)

Rebecca sits on British HIV Association Audit and Standards sub-committee group as a community/patient representative. As well as working with Positively UK as a Training & Policy Coordinator for the (GROWS: Growing Older, Wiser, Stronger) project, Rebecca has recently become one of 3 directors for 4M Mentor Mothers Network CIC (4mm.org), developed from a project under the Salamander Trust, aimed at mentoring, supporting and training women living with HIV going through the perinatal journey. All the work Rebecca does is underpinned by her lived experience of living with HIV for 25 years.



John McLuskey, Director of Professions, University of Nottingham and Honorary Secretary of NHIVNA 2022–2025

Currently, John is the Director of Professions at the University of Nottingham and has worked within HIV care for a number of years. He has held a position on the NHIVNA Executive Committee previously and chaired the Education Committee. Unsurprisingly, he has an interest in HIV education for students, staff and people with HIV and has recently led on the development of the education strategy for NHIVNA.



Miss Justine Mellor, Advanced clinical practitioner, Manchester University Hospitals Foundation Trust

Justine has worked in sexual health since 2003 and been in a lead HIV nursing role since 2013 at the Hathersage Centre at Manchester University Hospital foundation trust developing the nursing workforce to provide high standards of HIV care both within the clinic and a community setting.

Some of her initiations have been developments of complex co-ordination of care for vulnerable patients at risk of disengagement, one stop and virtual clinics for stable patients, rapid ARV initiation pathways by nurses for patients presenting with primary HIV infection and collaboration with hepatitis C services to enable patients to receive HCV treatment alongside their routine HIV care.

More recently she completed an MSC in advanced clinical practice and now works within the clinic continuing to provide advanced clinical practice, leadership, education, service audits and evaluations.



Kate Nambiar, Brighton and Sussex University Hospitals NHS Trust

Kate Nambiar is a physician at Brighton Sexual Health and Contraception Service and the London Gender Identity Clinic (Tavistock and Portman NHS Foundation Trust). She trained at Oxford University and Imperial College, London and has worked in sexual health since 2003.

Kate chairs the BASHH gender and sexual minorities special interest group and has co-authored recommendations for care of trans people in sexual health clinics, and guidance on contraception provision for trans people. In 2012 she set up, and continues to run Clinic-T – a specialist sexual health service in Brighton for trans and gender diverse people. Her clinical and research interests remain focussed on the healthcare needs of trans people.



Ms Angelina Namiba, Project Manager, 4M Network of Mentor Mothers

Originally from Kenya, Angelina has over 24 years' experience of working in the HIV sector on different initiatives ranging from providing one-to-one support, treatment advocacy, managing service delivery to facilitating, promoting and advocating for the involvement of women living with HIV in forming and informing local and national strategy and policy. A founder member of the 4M Network of Mentor Mothers living with HIV, Angelina also sits on various national and international advisory boards. These include, as a patron of the National HIV Nurses Association, a lay member of the Women's Network of the Royal College of Obstetricians and Gynaecologists, a member of the organizing Committee of the International annual Women and HIV Workshop, has been a Community Representative for the British HIV Association, and is a Trustee of the National AIDS Trust Salamander Trust and SAFE Kenya. She has co-authored various articles in peer review journals and UNAIDS reports.

Speakers biographies



Eileen Nixon, Nurse Consultant, Brighton and Sussex University Hospitals NHS Trust

Eileen has worked in the HIV field since 1988 and has worked in palliative care, acute and community settings. She has been a Nurse Consultant in Brighton since 2004. Her clinical work includes working with harder to reach groups of patients and people with complex health needs. She has been involved nationally and internationally in training and development of HIV nursing.



Linda Panton, Senior Charge Nurse, NHS Lothian, Scotland

Linda Panton began her career in HIV nursing in the Regional Infectious Diseases Unit in Edinburgh nearly 30 years ago in 1993. Her first post was a staff nurse in the HIV unit and then moved into the role of HIV clinical nurse specialist. She is passionate about improving patient services and outcomes, and helped set up NHS Lothian Patient Forum. She strives to ensure equity of care for all those living with HIV, and her main objective is to drive nurse-led holistic care for stable patients in her unit. She has served on the NHIVNA Executive since 2013 and feels proud of being part of a group of experienced, inspiring and innovative nurses. She is delighted that conference can once again take place to provide a perfect opportunity to network and learn from each other.



Ms Kerry Roberts, Hepatology & BBV Clinical Nurse Specialist, Hywel dda University Health Board – West Wales (Local Host)

Kerry has been a Clinical Nurse Specialist in Blood Borne Viruses (BBV) and Hepatology for the last 16 years, and has extensive experience in these fields of nursing, across a range of clinical settings.

She most recently worked as part of the REACH research study, which compared efficacy of education only Hepatitis C referral and point of care testing and treatment amongst patients receiving opiate substitute therapy (OST) in community pharmacies in Wales, Scotland and Australia.

As part of a local health board awareness raising campaign for World Hepatitis Day, Kerry created #GetTestedGetCured which has now been taken on nationally.

Kerry was jointly nominated for the RCN clinical nurse specialist nurse of the year in 2017, in which she and her colleague, Sarah Nicholas came runners up.

In December 2021, Kerry relocated to West Wales and from Cardiff's University Hospital of Wales, where she joined Hywel Dda University health Board, Wityhush General Hospital in Pembrokeshire. She is fortunate enough to work in the same specialities.

Kerry has special interests in fatty Liver Disease, HIV and health promotion in an ageing population.



Mrs Tracy Russell, Specialist Dietitian, NHS Lothian, Scotland

Tracy is a Specialist Dietitian working with both inpatients at outpatients at the Regional Infectious Diseases Unit, Western General Hospital, Edinburgh. She has specialised in HIV care for 27 years. Her particular interests include substance abuse and cardiovascular risk in HIV.

Tracy is currently the joint chair of the Dietitians in HIV Care Specialist Group of the British Dietetic Association and is actively involved in the Scottish Dietitians in HIV Care group.

Tracy Lives in the Scottish Borders and enjoys a slow-paced country life when out of work!



Dr Sarah Rutter, Clinical Psychologist, North Manchester General Hospital - Manchester University NHS Foundation Trust

Sarah Rutter is a Clinical Psychologist whose experience falls primarily within the field of physical health. She has worked and trained in a range of physical health services, including neuro-rehabilitation, oncology, chronic pain and renal, as well as her current role as

Psychology Lead in the HIV Service at North Manchester General Hospital. Sarah was also the chair of the British Psychological Society’s HIV and Sexual Health Faculty for four years and through this work has been involved in, and has often co-facilitated various projects within the field of HIV. These have included the writing and updating of national care standards, involvement in UK audit of the standards for psychological care for adults living with HIV, leading on specialist consultations, the organisation and delivery of study days and joint conferences and the development of a psychological support training package for healthcare professionals working within HIV. She has also co-edited and contributed to books relating to the topics of psychological care in HIV. She is an honorary teacher at the University of Liverpool, and provides HIV specific teaching and training to HIV Specialist Nurses and Trainee Clinical Psychologists across the North West region.



Kirstie Salthouse, Matron for Infectious Diseases & Sexual Health, Manchester University NHS Foundation Trust

Kirstie is Ward Manager of the Regional Infectious Diseases Unit in Manchester, which provides specialist HIV inpatient care. Since qualifying in 2012, she has had various roles within HIV care in London, Sheffield and Manchester. Kirstie joined NHIVNA in 2012 and

was delighted when she was awarded a research award for her innovative teaching method around HIV awareness in non-traditional settings. She is passionate about patient advocacy and nurse education. She would like to bring the voice of the inpatient nurse to the NHIVNA Executive Committee to address issues of late diagnosis and improved outcomes for people living with HIV.

Speakers biographies



Moses Shongwe, HIV Network Lead Nurse, Barts Health NHS Trust

Moses Shongwe is a HIV Network Lead Nurse for Barts Health NHS Trust and a lead nurse for HIV and Hepatitis. He has worked in HIV care for 23 years. He graduated in South Africa and since developed himself and now has MSc in ACP, MBA in HSM, PG Dip in Academic Practice and fellow in Higher Education. He led a survey on Healthcare Professional

Knowledge within his NHS Trust Organisation and won the Professor Chloe Orkin Award for work in social sciences presented in BHIVA Autumn Conference in 2020.



Miss Sophie Strachan, CEO, Sophia Forum

Sophie Has been an advocate for Women and HIV for nearly two decades. Sophie has provided policy advice to public health organizations both nationally and internationally including NHS England, UK Health Security Agency, NICE and the World Health Organization. Sophie is a member of the Global Reference Group on Sexual and

Reproductive Health of women living with HIV for The World Health Organization.

Sophie is co-chair of the women and other group PrEP IMPACT trial community advisory board and a member of the PrEP Underrepresented working group. Sophie's work both as a sexual health advisor at Chelsea & Westminster hospital and as a CEO of The Sophia Forum involves addressing the gender imbalance in the knowledge and uptake of PrEP for trans, non-binary and cis women.

Sophie works as an Associate Consultant currently interviewing both men and women living with HIV in UK prisons as part of a commissioned piece of work by NHS England, and is co-principal investigator looking at the impact of COVID19 on racially minoritized women living with HIV across a London Trust.



Katie Warburton, Senior Lecturer, University of Central Lancashire and CHIVA

Katie is a Senior Lecturer in Children and Young People's nursing at the University of Central Lancashire. Katie is a children and young people's nurse and have worked with children, young people and families living with or affected by HIV since 2003. Katie has worked as an Infectious Diseases Clinical Nurse Specialist for many years in two different North West hospitals. Katie undertook a research nurse post on the AALPHI study covering sites across the country.

Katie is currently undertaking research that focuses on children being told their HIV diagnosis. Katie has worked as a health lead for CHIVA and is currently a CHIVA steering group member. Katie is a member of the NHIVNA executive team. Katie has had the privilege of volunteering with CHIVA Africa on a number of trips supporting services in South Africa across the last decade. Katie is passionate about ensuring children, young people and families stay on the agenda and their voices are heard and influence our practice.



Matt Wills, Research Assistant, Sheffield Hallam University

Matt has worked in the HIV social care field since 2001, initially in the third sector in the midlands, then at the Jonathan Mann Clinic at Homerton University hospital until 2020. For the past 12 months he has worked at Sheffield Hallam University as a Research Assistant on the Cost of Caring in HIV (COCHIV) Project.



Ms Felicity Young, Consultant Nurse, Solent NHS Trust

Felicity Young is a Consultant Nurse based in the Isle of Wight Sexual Health Service, Solent NHS Trust. She was the first consultant nurse on the Isle of Wight, and led the integration of the GUM, HIV and family planning clinics to form an integrated sexual health service.

Felicity trained initially as a psychiatric nurse in Norfolk, then as a general nurse at The Royal London Hospital and undertook midwifery training through City University, London. She started working in sexual health in 1991 and has held various posts as a health advisor, clinical nurse specialist and nurse practitioner in the largest HIV, sexual health and contraception services in the UK.

Felicity holds weekly clinics for GUM and HIV care, sub-dermal implant and intrauterine contraception fitting, and in-reach sexual health and HIV care for people in HMP Isle of Wight. She is especially interested in STIs in pregnancy, particularly bacterial vaginosis and genital herpes, and in the provision of sexual health care for people in prison.

Felicity is currently studying for a Professional Doctorate at University of Portsmouth. Her area of enquiry asks: how do male prisoners experience HIV healthcare in English prisons? and explores patient's experiences and opinions.

MSD has sponsored this meeting and has had no input into the agenda or content

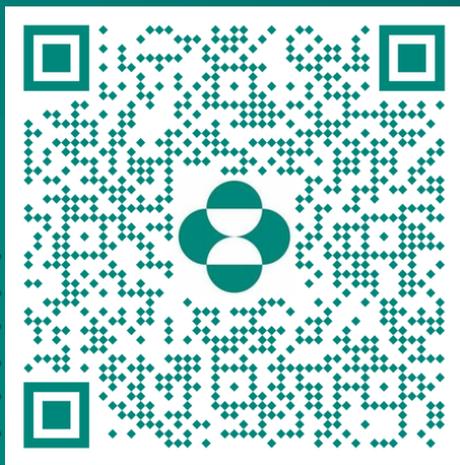
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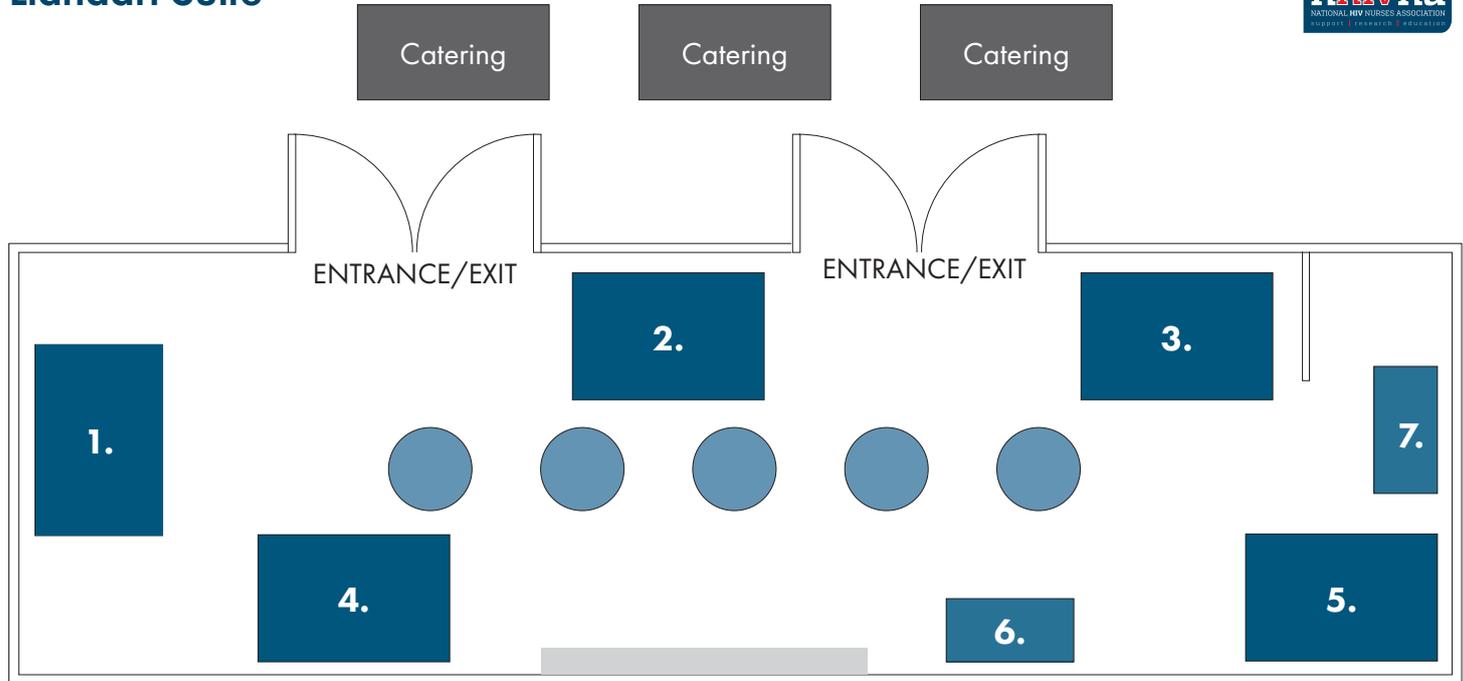


We now have two HIV Nursing supplements a year in the British Journal of Nursing. These are every January and June.

Please consider writing an article for the HIV supplement.

If you have an article to submit or would like to speak to someone further about submitting an article then please email editorial board members Liz Foote on liz.foote@nhs.net or John McLuskey on john.mcluskey@nottingham.ac.uk





Exhibitors

- 1. Owen Mumford
- 2. Gilead Sciences
- 3. Viiv Healthcare
- 4. MSD
- 5. Gilead Sciences
- 6. National HIV Nurses Association (NHIVNA)
- 7. CHIVA

Key

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