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Empowering women: What works well in the consultation room

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Empowering women: what works well in the consultation room

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In relation to this presentation I declare that I have no conflict of interest

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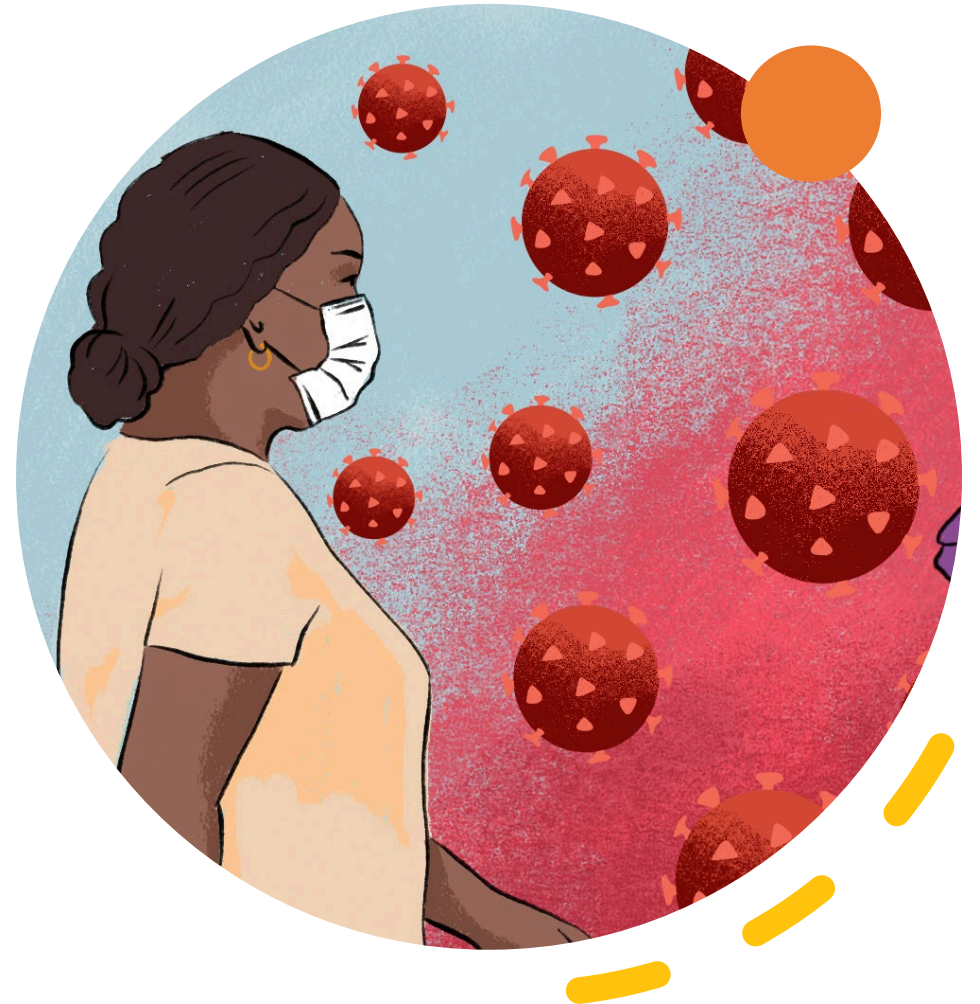
Empowering women: what works well in the consultation room

- HIV and self esteem/confidence
- Position in family and friendship group
- Position in society
- Future?



Knowledge in the healthcare hierarchy

- *Where* is the patient?
- NEVER assume knowledge
- Challenges – afraid to ask
- Seize opportunities
- Disseminate new information



“Everybody
should be
involved in every
treatment
choice...”



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Empowering HIV nurses

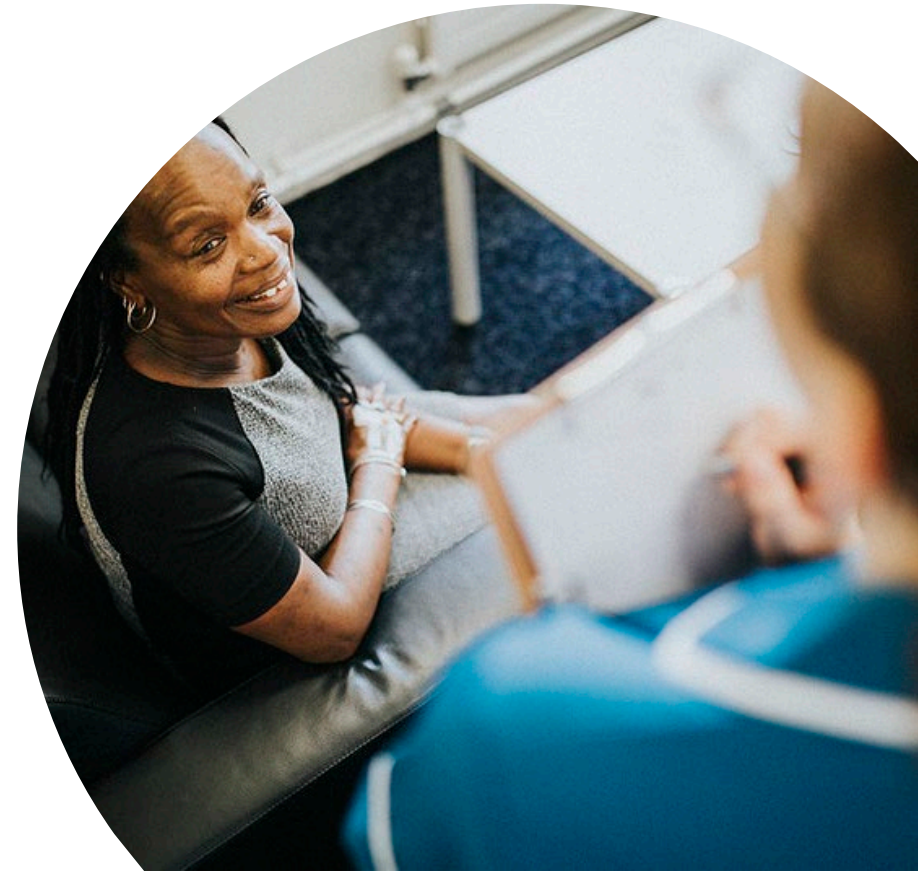
Frontline role

Time with patient

Tests and updates

Relationship with patient

MDT communication channel



Identifying potential problems

- Intersectionality
- *Mentioning* the unmentionable
- *Normalising* the unmentionable
- Raising/naming issues



Things women said earlier . . .

- Nobody told me about U=U
- I haven't seen my consultant for two years
- Why was I asked if my partner knew about my HIV status?
- Why does no one believe that my meds make me put on weight?
- What does frailty mean/does everyone with HIV get lots of things wrong with them when they get older?
- I would get more attention if I was a gay man...



Takeaways include



- **Acceptance**
- **Recognition**
- **Reinforcement**
- **Information**
- **Connections**