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Drag Queen for a day: 'DQ4ADAY' - using Drag to improve confidence and HIV related self-stigma

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Using Drag to improve confidence and HIV related self-stigma

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Conflict of Interest

£6,000 from the Gilead HIV Fellowship Programme

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Aim

Background

Planning & Implementation

Workshop

Results

Conclusion



Background

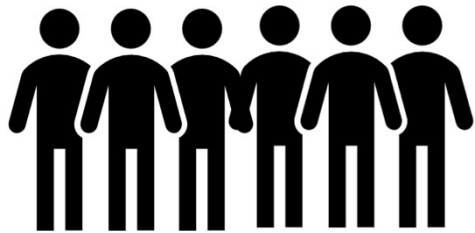




EIGHT
participants



2 Cis
Female



6 MSM

Mean years
living with
HIV **24**
longest being **28**

Workshop

- Day 1
 - Introductions, welcome, ground rules & housekeeping
 - Pairing participants & Queens
 - Setting the scene
 - Exploring the meaning of drag
- Day 2
 - Creating and developing drag personas
 - Reflection and check in
 -
- Day 3
 - Showcase
 - Up close and personal with local drag artist
 - Naming of the new Queens.
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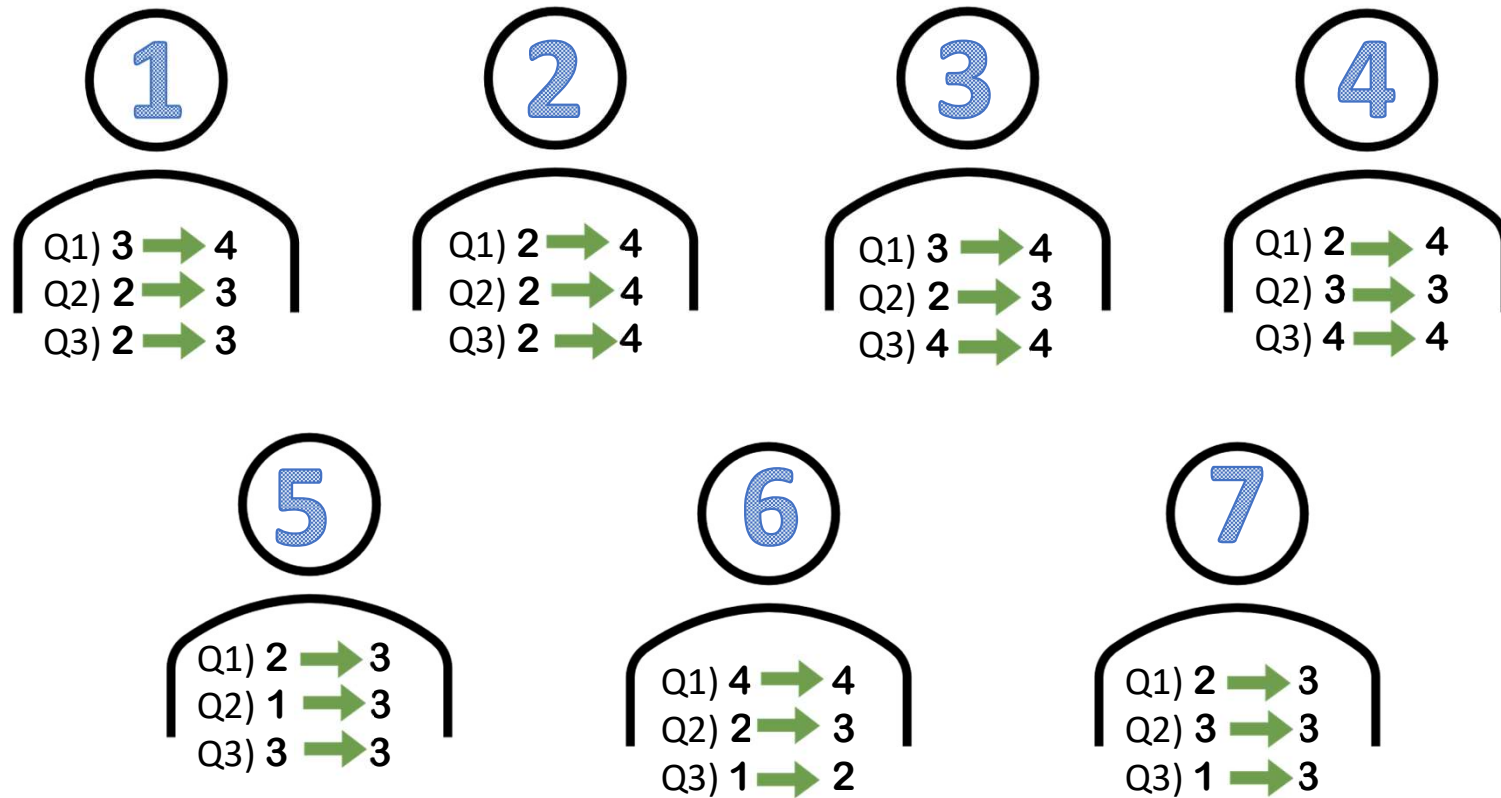
FEAR



FAMILY



Pre and post workshop evaluation by participant



1= poor
2= average
3= good
4= very good

Q1. How would you rate your emotional wellbeing at this time ?

Q2. How would you rate your confidence to manage your physical and psychological health needs at this time ?

Q3. How would you view your support and social networks currently?

Participant Feedback

"I feel exhilarated, and I feel like shouting to the world that I am HIV positive and proud."

"You have given me back my confidence. Thank you so much"

"Really good and empowering. I loved the process"

"Amazing ! Fun !"

"Amazing, amazing workshop. Well planned and I felt safe and supported. Brilliant drag Queen partner".

"I was feeling very nervous to start with, but now I feel more confident"

"I've had such a marvellous time. A highlight of my life I'd say. I'll fondly remember this and you and definitely want to be involved in future Events to do my original planed job. Lol."



Conclusion



- Challenging self-stigma
- Creative and fun
- Friendships made
- Tackling isolation

Thanks to:



SAUCY SPICY



Whizzy Cap



Joe Low



Scarlett Von Kok



H.R. Tina



Dirty Dil DOH



**Fudge May
Sideways**



Breef Knot

Thanks to



Alpha Bites



Brandy Bex



Cherry Bomb



Ex-Girlfriend



Fuschia Von Steel



Glew



Heather Duster



Peanut



Shallow Vera



Miss Jason

Acknowledgements

Alex Allison

Scott Davidson

The Participants

The Queens

The Sussex Beacon

Tracey Buckingham





Questions

THE FUTURE ?



WHO IS SHE ?