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speakers a question!



26th Annual Conference of the National HIV Nurses Association

Mon 10th - Wed 12th June

Spaces at the Spine: Liverpool

www.nhivna.org

#NHIVNA24

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LIVING WELL WITH HIV IS NOT ONE-SIZE-FITS-ALL. TREATMENT SHOULDN'T BE EITHER.

ViiV Healthcare's innovative portfolio of medicines provides options—because individualising care for people living with HIV matters, to you and to us.

Welcome

I am excited to welcome you all to the 26th Annual NHIVNA conference in the vibrant city of Liverpool.

The conference committee, led by Andy Marshall and Garry Brough, have been working tirelessly since last September to put together this brilliant programme. Andy and Garry chose the theme of “Connecting with the Community” for the pre-conference study day, and “Making Connections” for the main conference. Your feedback is important for us to choose topics that fit with the main themes, so I really do hope you agree that there is something for everyone.

I would like to thank Michelle Mussard, who kindly agreed to be our local host, and took on the very important role of finding a suitable venue for our popular social evening. We are also grateful to our patrons Angelina Namiba and Nathaniel Hall for giving up their time to support us and attend.

As always thanks go to the Medivents team, in particular Jacqueline English and Karen Anthony, who keep us right throughout the year and Gemma Wilkins for ensuring we met deadlines throughout the planning of this conference. Not an easy job!

We are extremely grateful to our major sponsors for their ongoing generous support of NHIVNA, which helps cover the costs of our conference. Please do go and visit their stands, as well as those of our other supporters and colleagues who work in the field of HIV.

As always, we will be holding our AGM

during the conference and I encourage you all to attend. This is an opportunity for you to hear how your membership fees are being used and provides an opportunity to ask any questions.

And of course the conference would not be the same without its Social Event. I hope you can join us for some food and drink at Metrocola and I look forward to seeing some impressive dance moves!

I do hope you leave conference having caught up with old colleagues, made new friends, and feel inspired to go back to your workplace and start working on next year's abstracts and case studies.

So sit back, learn, and most importantly have fun!



Linda Panton,
Chair, NHIVNA

Executive Committee

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Conference Information

Venue

Spaces at the Spine.

The Spine Building | 2 Paddington Village | Liverpool | L7 3FA

W: www.spacesatthespine.co.uk/how-to-find-us

Exhibition

The exhibition represents an integral element of the conference, providing participants with an excellent platform for networking as well as an opportunity to gain further insight into cutting-edge technology, the latest healthcare solutions, and services within the field of HIV and GU medicine.

Entrance to the exhibition is free for all registered delegates.

Exhibition opening times

Monday 10th June 14:00 – 18:00

Tuesday 11th June 08:00 – 18:00

Wednesday 12th June 08:00 – 11:30

Delegate badges

Badges must be worn at all times to gain access to all conference sessions, catering and exhibition areas.

Conference Sessions

Exhibition, Catering, Posters	Space Two/The Axis (floor 13)
Conference & Symposia	Space One (floor 13)
Registration	Entrance (ground level) & The Flyover (floor 13)

Conference Information

NHIVNA Social event

The NHIVNA social event 2024 will take place on the evening of Tuesday 11th June at 'Metrocola', a 15-minute walk from the venue.

Tickets cost £35 and include a buffet dinner and a drink on arrival. There will be a paying bar and music so please book your ticket at the same time as registering for the conference and we look forward to seeing you there!

Poster presentations

Posters will be displayed in Space Two.

Posters should be in place by 09:00 Tuesday 11th June and poster presenters are encouraged to be beside their posters over the lunch period on Tuesday for discussion with delegates and judges.

Invited speakers and oral presenters

All presenters are reminded to ensure they load their talks with the technicians at least 3 hours in.

Speakers will be able to make final changes with the technicians but will not be able to change their presentation in the meeting room or present from their own laptop.

WiFi

Free WiFi access is available throughout the conference venue.

Submit speaker questions using your phone!

During all conference sessions, you can use the Sli.do app to submit a question to the speakers, or answer polls.

Just use your phone to scan the QR code on the front of this mini programme (or on page 22 for the sponsored sessions), and then type your question.

Pre-conference Study Day

'Connecting with community'

MONDAY 10TH JUNE 2024

Registration and exhibition open from 14:00

- 14:30 - 14:35 **Welcome and introduction**
Chairs: Garry Brough, Fast-Track Cities London & Andy Marshall, Sussex Community NHS Foundation Trust
- 14:35 - 14:55 **George House Trust, Peers In & Out of the Clinic – The Liverpool Experience**
Peter Channon, George House Trust
- 14:55 - 15:15 **Holistic Support for an Ageing Cohort**
Anna Hughes, George House Trust
- 15:15 - 15:35 **Community led support – learning of engagement, involvement and impact**
Gary Pargeter, Lunch Positive
- 15:35 - 15:55 **Panel discussion**
- 15:55 - 16:30 *Refreshment break*
Chairs: Garry Brough, Fast-Track Cities London & Jessica Osorio, Kingston Hospital NHS Foundation Trust
- 16:30 - 16:50 **Our Stories Told By Us: Celebrating the African Contribution to the UK HIV response**
Angelina Namiba, 4M Network of Mentor Mothers
- 16:50 - 17:10 **Tackling Stigma: The HIV Confident charter mark**
Daron Oram, National AIDS Trust
- 17:10 - 17:30 **Scotland's HIV Stigma Campaign**
Rachael Webb, Terrence Higgins Trust
Niamh Millar, Terrence Higgins Trust
- 17:30 - 17:50 **Panel discussion**
- 17:50 *Close*

Scientific Programme

'Making connections'

TUESDAY 11TH JUNE 2024

Registration and exhibition open from 08:00

09:00 - 09:10 **Welcome address from the Chair of NHIVNA & Local Host**

Linda Panton, NHS Lothian

Michelle Mussard, Royal Liverpool Hospitals

Maleka Egeonu-Roby, Race Equality Hub Liverpool City Region

09:10 - 09:40 **Climate & Healthcare: greening up HIV for the future**

Chairs: Linda Panton, NHS Lothian & Christina Antoniadis,

Chelsea and Westminster Hospital NHS Trust

Amanda Clarke, Royal Sussex County Hospital

09:40 - 10:30 **The NHIVNA Model of HIV Nursing**

Chairs: Moses Shongwe, Barts Health NHS Trust & John

McLuskey, University of Nottingham

Eileen Nixon, Brighton and Sussex University Hospitals NHS Trust

Michelle Croston, Manchester University NHS Foundation Trust

10:30 - 11:00 *Refreshment break*

11:00 - 12:00 **Satellite symposium – Gilead Sciences**

12:00 - 13:00 **NHIVNA Oral Abstracts: Session 1**

Chairs: Jill Williams, Liverpool University Hospitals NHS

Foundation Trust & Daini Flower, The Shrewsbury and Telford

Hospital NHS Trust

001 Harnessing the power of in-clinic peer workers to improve access to and uptake of support

Garry Brough, Fast-Track Cities London

002 It's time to talk about HIV – challenging stigma and reducing self-stigma

Katie Warburton, University of Central Lancashire

Scientific Programme

TUESDAY 11TH JUNE 2024 CONTINUED

- 12:00 - 13:00 **O03: Met and unmet need among people with HIV in the UK: Results from the Positive Voices Survey 2022**
Janey Sewell, University College London
- O04: “You said, we did....” - the value of patient satisfaction surveys**
Linda Panton, NHS Lothian
- 13:00 - 14:00 *Lunch, exhibition and posters*
- 14:00 - 15:00 **Reconnecting with Care**
Chair: Jen Kendrick, Manchester University NHS Foundation Trust
- Untold Stories**
Beth Freeborn, Sussex Community NHS Foundation Trust
Madeline Brodie, Manchester Foundation Trust NMGH
Andy Marshall, Sussex Community NHS Foundation Trust
- Achieving Virological Control and Engagement Through Tailored Peer Mentoring: Successful Conclusions of a Collaborative Project Supported by the Fast-Track Cities Initiative**
Jaime Sylla, METRO Charity
- Panel Q&A**
- 15:00 - 16:00 **Satellite symposium – ViiV Healthcare UK**
- 16:00 - 16:20 *Refreshment break*

Scientific Programme

TUESDAY 11TH JUNE 2024 CONTINUED

16:20 - 17:20 **NHIVNA Oral Abstracts: Session 2**

Chairs: Helen Reynolds, University of Liverpool & Kirstie Salhouse, Manchester University NHS Foundation Trust

O05: The compassionate minds approach to supporting psychological wellbeing in people living with HIV: enhancing self-compassion through digital innovation

Michelle Croston, Manchester University NHS Foundation Trust & Jack Summerside, Positive East

O06: Never say never: Using injectable ARVs on compassionate grounds

Lena Paul, University Hospitals Sussex

O07: Measuring and understanding HIV knowledge, attitudes and stigmatising beliefs and behaviours amongst care home staff in Brighton and Hove

Matthew Dempsey, Brighton and Sussex Medical School

O08: How is HIV healthcare experienced in prison? An exploration of patients' and professionals' experiences and opinions

Felicity Young, Solent NHS Trust

17:20 - 18:20 **NHIVNA Plenary Session - The Many Lenses of Sexual Pleasure**

Chairs: Garry Brough, Fast-Track Cities London & Beth Freeborn, Sussex Community NHS Foundation Trust

Speakers:

Angela Wright, Spiced Pear Health

Silva Neves, Private practice

Naomi Sutton, Rotherham Sexual Health Services, The Rotherham NHS Foundation Trust

From 19:00 *Social Event*

Scientific Programme

WEDNESDAY 12TH JUNE 2024

Registration and exhibition open from 08:00

08:30 - 09:30 **Setting Up a Nurse-Led Project**

Chairs: Andy Marshall, Sussex Community NHS Foundation Trust & Sian Jeffrey

Community Pre-Exposure Prophylaxis (PrEP) Initiation Clinic

Sophie Flaherty, The Northern Contraception, Sexual Health and HIV Service

Nurse led community HIV clinic: Practical planning and implementation

Jill Williams, Liverpool University Hospitals NHS Foundation Trust

09:30 - 10:30 **NHIVNA Oral Abstracts: Session 3**

Chairs: Garry Brough, Fast-Track Cities London & Michelle Mussard, Royal Liverpool Hospitals

O09: Supporting frail and pre-frail service-users; experiences from a nurse-led HIV Healthy Ageing Service at a central London hospital

Claire Petersen, Imperial College Healthcare NHS Trust

O10: Piloting a nurse-led hypertension screening pathway as part of an HIV annual health review

Heather Renton, University Hospitals Sussex

O11: A multi-centred review of PN in new HIV diagnoses through opt out emergency department testing

Jen Kendrick, Manchester University NHS Foundation Trust

O12: Peer Navigator Project Hathersage - Case Study

Ben Bamber, George House Trust

Scientific Programme

WEDNESDAY 12TH JUNE 2024 CONTINUED

- 10:30 - 10:55 **NHIVNA Annual General Meeting**
- 11:00 - 11:30 *Break*
- 11:30 - 12:00 **NHIVNA Update Session**
Research update
Helen Reynolds, University of Liverpool
Competencies update / Education subcommittee
Daini Flower, The Shrewsbury and Telford Hospital NHS Trust
- 12:00 - 12:30 **Scientific Research**
Connecting with Research
Chairs: Linda Panton, NHS Lothian & Jen Kendrick, Manchester University NHS Foundation Trust
Helen Reynolds, University of Liverpool
- 12:30 - 13:30 **Managing Acute Presentations of HIV**
Chairs: Kirstie Salthouse, Manchester University NHS Foundation Trust & Jessica Osorio, Kingston Hospital NHS Foundation Trust
Acute Presentations of HIV: Looking at all sides of the story
Grace Newbold, Manchester Foundation Trust
James Macdonald, North Manchester General Hospital
Late Stage HIV, Patients perspectives
Peter Channon, George House Trust
- 13:30 - 13:45 **NHIVNA awards ceremony**
Presented by Nathaniel Hall
- 13:45 - 14:00 **Closing remarks & depart**
Chair: NHIVNA
- 14:00 *Grab bag packed lunch for departure*

Posters

P002 Improving menopause care for women living with HIV - a service improvement project

Nikki Noble, Aneurin Bevan University Health Board

P003 Establishing Annual Health Assessment Clinics for People Living with HIV

Yvonne Wilson, Belfast Health & Social Care Trust

P004 An exploratory mixed-methods questionnaire study investigating motivators for and reservations about research participation in people living with HIV

Claire Petersen, Imperial College Healthcare NHS Trust

P005 HIV stigma and nurse education: the features of successful training delivery and design

Alice Nightingale, University of the West of England

P006 Long-acting-injectables: challenges within a spoke clinic setting

Jennifer Harrison, HCRG CARE GROUP

P007 Assessment and interventions for adherence- a retrospective analysis within HIV services in the UK and Ireland (UKI). Interim data

Nicola Galbraith, Gilead Sciences Ltd

P009 How integrated digital technology can improve patient care in the community

Adeola Stephens, Guys and St. Thomas' NHS Trust

P010 Understanding the attitudes and behaviours of dental care staff providing care to people living with HIV

Lakshana Sankar, Brighton and Sussex Medical School

Posters

P011 A review of inpatient services and the interventions provided to support people living with HIV

Tracey Buckingham, Sussex Beacon

P012 The implementation of an on-site clinic provided by a local hiv support service to enable quick access to services and enhanced support

Christopher Hodgson, Blackpool Teaching Hospital

Awards & Scholarships

NHIVNA Best Oral award for research/clinical practice

Awarded for the best oral presentation covering either research or clinical practice at the NHIVNA Annual Conference. A NHIVNA-invited panel will judge the award and will review oral presentations based on the following criteria: quality of presentation; quality of research; impact on nursing practice; originality; and considered ethical issues (if appropriate).

NHIVNA Best Poster Presentation Award

Awarded for the best poster displayed at the NHIVNA Annual Conference. A NHIVNA-invited expert panel will judge the award and will review the posters based on the following criteria: quality of presentation; quality of research; impact on nursing practice; originality; and considered ethical issues (if appropriate).

NHIVNA Commended Poster Award - rosette

As above but will be awarded to three runners up.

First-time Attendee Scholarships

NHIVNA has made available up to five First-time Attendee Registration Concession Scholarships to assist delegates who are attending a NHIVNA conference for the first time. To be eligible for a scholarship, applicants must be NHIVNA members in 2024. These scholarships have enabled successful applicants to register for the conference at the reduced registration rate of £125. Applications were administered on a first-come, first-served basis.

Healthcare Professional Registration Support (supported by Gilead Sciences)

NHIVNA are very grateful to Gilead Sciences for their support of attendance at the conference.

A number of awards were made available to healthcare professionals whose professional position was aligned to the conference (Applied to all MDT members).

Awards & Scholarships

Due to the number of applicants, the NHIVNA Events Subcommittee were unfortunately unable to give support to all, however 21 applicants were able to receive full or partial support to attend the Conference.

Applications were reviewed by NHIVNA and were allocated on an assessment of merit.

Gilead Sciences have had no involvement in the selection of scholarship winners.

Speakers & conflicts of interest

Madeline Brodie – None

Peter Channon – None

Amanda Clarke – None

Michelle Croston – None

Sophie Flaherty – None

Beth Freeborn – None

Nathaniel J Hall – None

Anna Hughes – None

James Macdonald – None

Andy Marshall – None

Niamh Millar – None

Angelina Namiba – None

Silva Neves – None

Grace Newbold – None

Eileen Nixon – None

Daron Oram – None

Gary Pargeter – None

Helen Reynolds – None

Naomi Sutton – None

Jaime Sylla – None

Rachael Webb – None

Jill Williams – None

Angela Wright – None



Join NHIVNA today!

Joining NHIVNA carries with it many benefits. Annual membership runs from 1 January to 31 December. Membership is open to all healthcare professionals in the UK or overseas.

Prices start from £10 for a student nurse for a years' membership.

To see the full list of benefits and to join, please visit:
www.nhivna.org/membership



Sponsors & Exhibitors

We would like to thank our industry partners for their ongoing support of NHIVNA and encourage you to visit their stands during the breaks for the latest updates, resources and information. The funds provided by sponsors and commercial exhibitors are used solely for the educational content of NHIVNA events and are not allocated to NHIVNA's social events.

NHIVNA Annual Conference Major Sponsors 2024

Gilead Sciences www.gilead.co.uk



Gilead Sciences, Inc. is a biopharmaceutical company that has pursued and achieved breakthroughs in medicine for more than three decades, with the goal of creating a healthier world for all people. The company is committed to advancing innovative medicines to prevent and treat life-threatening diseases, including HIV, viral hepatitis and cancer. Gilead operates in more than 35 countries worldwide, with headquarters in Foster City, California. For more than 30 years, Gilead has been a leading innovator in the field of HIV, driving advances in treatment, prevention, testing and linkage to care, and cure research. Today, millions of people living with HIV globally receive antiretroviral therapy provided by Gilead or one of the company's manufacturing partners.

MSD www.msd-uk.com



At MSD, known as Merck & Co., Inc., Rahway, NJ, USA in the United States and Canada, we are unified around our purpose: We use the power of leading-edge science to save and improve lives around the world. For more than 130 years, we have brought hope to humanity through the development of important medicines and vaccines. We aspire to be the premier research-intensive biopharmaceutical company in the world – and today, we are at the forefront of research to deliver innovative health solutions that advance the prevention and treatment of diseases in people and animals. We foster a diverse and inclusive global workforce and operate responsibly every day to enable a safe, sustainable and healthy future for all people and communities. For more information, visit www.msd-uk.com and connect with us @MSDintheUK on Twitter, LinkedIn, Instagram, YouTube and Facebook.

NHIVNA Annual Conference Major Sponsors 2024

ViiV Healthcare www.viivhealthcare.com



We are ViiV Healthcare: a specialist pharmaceutical company 100% dedicated to HIV medicines and research, and completely focused on people living with HIV and AIDS. In the last 30 years, the world of science and the HIV and AIDS community have worked together to control the HIV epidemic. Right now, we face a new wave of challenges, still... we have to keep going. We are here until HIV and AIDS aren't.

Exhibitors

Chiva www.chiva.org.uk



Chiva is a charity in the UK and Ireland working to ensure that children, young people and young adults growing up with HIV become healthier, happier and more in control of their own futures.

Chiva provides direct support which takes a holistic approach, and involves working closely with clinic teams. This includes supporting young adults after they have transitioned to adult care.

NHIVNA www.nhivna.org



The National HIV Nurses Association (NHIVNA) is the leading UK professional association representing nurses in HIV care. Founded in 1998, it is a well-established and highly respected organisation committed to providing excellence in the care of those living with and affected by HIV.

Programme of satellite symposia

TUESDAY 11TH JUNE 2024

11:00 - 12:00 **Satellite symposium sponsored by Gilead Sciences**



Title: Whose role is it anyway?
Season 2: Health equity in women

Chair: Dr Naomi Sutton, Consultant Physician, Rotherham Sexual Health Services

Speakers: Dr Naomi Sutton – Consultant Physician, Rotherham Sexual Health Services

Dr Tom Levett – Consultant Geriatrician, University Hospitals Sussex NHS Foundation Trust, Brighton

Dr Marlon Morais – GP Ashton Medical Group, Greater Manchester, Manchester GP HIV champion

Nikki Noble – Nurse Consultant Menopause, Aneurin Bevan Health Board

Silvia Petretti – CEO, Positively UK



Scan me to ask a question or to answer a poll!

15:00 - 16:00 **Satellite symposium sponsored by ViiV Healthcare**



Title: The role of the nurse in enabling access to long-acting injectable HIV treatment

Chair: Michelle Croston – Lead HIV Nurse Specialist, Manchester University NHS Foundation Trust

Speakers: Michelle Croston – Lead HIV Nurse Specialist, Manchester University NHS Foundation Trust

Laura Hilton – Nurse Consultant, Southend University Hospital NHS Foundation Trust

Jonathan Roberts – Clinical Nurse Specialist, University Hospitals Sussex NHS Foundation Trust



Scan me to ask a question or to answer a poll!

SAVE THE DATE

Friday 18 October 2024

St Martin's House Conference Centre, Leicester

NHIVNA Study Day: *Living well with HIV*

Look out for information on
NHIVNA study Days coming later this year!

Speakers biographies



Madeline Brodie, Senior Support Worker, Manchester Foundation Trust NMGH, UK

Madeline's background was working in the Maternity department for 16 years as a senior Support Worker, both inside the unit and in the community. Some of their patients had lots of complex needs and struggled to attend hospital appointments and scans, therefore part of Madeline's role was supporting them to engage into care and ensuring they had equipment for the baby. When Madeline joined the HIV team, she was able to bring those skills across and it was evident that there were people who was out of care. A big part of Madeline's role is re-engagement and retaining people in care. Madeline works with some of the most complex patients and liaise with other services to support those individuals holistically.



Peter Channon, Liverpool HIV Support Coordinator, George House Trust, UK

Peter has been living with HIV since the year 2000. He began his HIV journey with the support of George House Trust, accessing their peer support, advice and counselling services and eventually becoming a volunteer with them.

This led to Peter undertaking studies in Lancaster for a degree in Health Promotion, specialising in Sexual Health.

For 5 years he worked for Drugline Lancashire (Now called Renaissance) as the Lancashire HIV Coordinator, funded by Lancashire County Council and using its AIDS Support Grant to redesign its HIV support services.

Changing the focus from palliative care to supporting people to live well with HIV and using prior needs assessments to inform his work, taking HIV social care away from the Local Authority and placing it in the Third Sector in line with recommendations.

After a brief escapade running a Moroccan restaurant in Liverpool for another 5 years, Peter traveled and drove from Namibia to Mozambique, taking in Zambia and Malawi over a period of five months, raising money for a Malawian Orphanage, further fueling his passion for this Continent.

Just in time for the pandemic, Peter returned to care work and on his birthday in 2023 he saw the post at George House Trust and successfully applied.

Speakers biographies



**Amanda Clarke, Consultant HIV, Sexual Health & Clinical Trials; co-Chair/
Founder BASHH**

**Sustainable Healthcare Special Interest Group, Royal Sussex County Hospital,
Brighton, Sussex, UK**

Dr Amanda Clarke (Mindy) has worked in Genitourinary Medicine & HIV since 2001. Her work has been focused more in clinical research since 2010, firstly at HIV-NAT (the HIV Netherlands, Australia Thailand Research Collaboration) in Bangkok and subsequently running the clinical trials unit within the Department of HIV, Sexual Health and Contraception at Royal Sussex County Hospital, Brighton, since 2012. Peer reviewed publications include topics such as new HIV treatments, different treatment strategies, HIV prevention & transmission, drug toxicity and sexual health.

In 2021, in response to the NHS pledge to reach net zero emissions by 2040 she joined her Trust Green Ambassador program and set up a department MDT 'Green Team' which won the BASHH Cathy Harman Award for MDT Innovation 2023. She is currently setting up a national special interest group in Sustainable Healthcare in Sexual Health & HIV.

Other interests include how to ensure research reaches all who want it, medical education and teaching. She is an Honorary Senior Clinical lecturer and Clinical Tutor at Brighton & Sussex Medical School and Joint CRN Lead for Infection in Kent Surrey & Sussex. In her spare time she loves to run, wild swim and go on adventures.



Michelle Croston, Lead HIV Nurse, Manchester University NHS Foundation Trust

Dr Michelle Croston has a clinical background in HIV care working at national and international level to improve outcomes for people living with HIV. She holds a fellowship with European Society of Person Centered Healthcare (ESPOCH). Michelle has extensive post graduate qualifications in mental health and psychological trauma, alongside her role as a senior lecturer she is a qualified Mental Health First Aid Instructor and Crisis Counsellor for a Mental Health charity that specialises in working with healthcare workers. Michelle is passionate about developing teaching and learning strategies to prevent compassion fatigue and secondary trauma. Michelle is also a trustee for a charity called Mini's Village who aim to improve outcomes for people with HIV/Hep B in Sierra Leone.

Speakers biographies



Sophie Flaherty, Senior Health Advisor, The Northern Contraception, Sexual Health and HIV Service

Sophie is a Senior Health Advisor for the Northern Contraception, Sexual Health and HIV Service. Sophie commenced her employment in the NHS in 2008 working as a HCA within Sexual Health. In 2010, Sophie commenced her nurse training at Manchester University, qualifying in 2013.

After time spent working as a registered nurse in Trauma and Orthopaedics. Sophie returned to Sexual Health as a band 5 nurse in 2015.

Developing her knowledge and skills in the specialty, Sophie was keen to focus on health advising and joined the HA team in 2018.

Since taking the position of Senior Health Advisor for the Northern in 2020, Sophie has innovated several processes to improve the patient journey within Sexual Health. Sophie has incorporated her Non-Medical Prescribing qualification to successfully implement nurse led clinics, within an Outreach setting.

Working in a large service covering Manchester, Trafford and Salford can be challenging for HA teams. Sophie has worked hard to ensure the HA teams feel a sense of belonging and has ensured a united HA team. A passionate advocate of health advising, Sophie ensures the voice of the HA team is heard and contributes to the delivery and development of the Northern service.

Written by Julie Gallagher, Matron for the Northern Contraception, Sexual Health and HIV Service.



Beth Freeborn, Clinical Nurse Lead, SCFT, UK

Awareness and personal connection started Beth's nursing career off in the 90's.

Having been traumatized by "tomb stone" AIDS public health campaign and being a part of the LGBTQ+ community; Beth know she wanted to contribute to change.

Beth has worked in many specialty areas gaining a varied breath of knowledge and experience.

Beth has worked at The Mildmay Mission Hospital in London, supporting people living with HIV who also had drug / alcohol dependencies and tragically dementia.

Beth worked in New Zealand for over a decade where she gained valuable experience in a variety of roles including outreach for marginalized communities.

Beth has a Post Grad in Primary Health Care Specialty Nursing.

Beth is currently the Clinical Nurse Lead in the Community HIV specialist services in Brighton.

Beth joined the NHIVNA Events and Education committees last year and is embracing all the opportunities this offers.

Beth feels strongly about the power of education to improve Patient outcomes and raise the standard of HIV awareness.

Beth loves an outdoor lifestyle and time with her family.

Beth's passion is for individualized holistic care and she enjoys working with minority groups and striving for equity of care.

Speakers biographies



Nathaniel J Hall, Writer, Actor and HIV Activist (NHIVNA Patron), Freelance, UK

Nathaniel J Hall is an award-winning writer, performer and HIV activist known for his stigma-smashing shows *First Time* and *Toxic*. His community-led creative activism has directly reached over tens of thousands through creative workshops and talks and tens of millions through broadcast media and in print. He appeared as Donald Bassett in the hit C4 drama *It's A Sin* and recently fronted a documentary for C4 on the HIV subculture of bug chasing. Nathaniel is Artistic Director of Dibby Theatre, an LGBTQ+ touring theatre company based in Salford. His show *Toxic* will tour England soon and his new show *A-Hole* is currently in development. He is proud patron of NHIVNA and Contact, a theatre for young people in Manchester.



Anna Hughes, Project Coordinator – Ageing Well, George House Trust, UK

Anna leads the Ageing Well project at George House Trust, a registered charity which offers support and services for people living with HIV in Greater Manchester and Liverpool.

As people are living longer with HIV, George House Trust's project for older people was launched in June 2021 to empower people to live healthy and confident lives.

Through Ageing Well, older people are able to receive one-to-one advice, attend social events and workshops to build on skills and knowledge, and access both internal and external volunteering opportunities.

Ageing Well also offers HIV Awareness training to care providers within Greater Manchester.



James Macdonald, Specialist Nurse, North Manchester General Hospital, UK

James has a background history of working in critical care and has now been working as HIV specialist nurse at North Manchester Hospital for 4 years. He has a keen interest in education, re-engagement and holistic care for the patients under their cohort.

He is currently completing his independent prescribing course, with plans to expand the injectable service, looking to become more involved with education and working with local charities to improve HIV care in the prison systems.

James finds looking after the patients of Manchester a great privilege, supporting people not only with their HIV care but also social issues facing them such as financial hardships, drug and alcohol support and immigration.

Speakers biographies



Niamh Millar, Living Well Specialist, Terrence Higgins Trust (Scotland), Scotland

Niamh Millar is a Living Well Specialist at Terrence Higgins Trust working on the 'Peer Support Scotland' project. Niamh's main role is facilitating development workshops for people who live with HIV, as well as general support (including emotional wellbeing, welfare rights etc). Niamh worked closely with Rachael (Webb) in facilitating lived experience input during the creation of the Scottish Government's Anti-Stigma Campaign and was involved in media promotion.



Angelina Namiba, Project Manager, 4M Network of Mentor Mothers, UK

Originally from Kenya, Angelina has over 26 years experience working in the HIV sector on initiatives ranging from providing one-to-one support, treatment advocacy, managing service delivery to facilitating, promoting and advocating for the involvement of women living with HIV in forming and informing local and national strategy and policy.

Living with HIV for 30 years, she's a founder member of the 4M Network of Mentor Mothers living with HIV. A programme that works with Mentor Mothers living with HIV to train them to support their peers in their pregnancy journey and for their professional development.

Angelina sits on various national and international advisory boards. These include as a patron of the National HIV Nurses Association, a lay member of the Women's Network of the Royal College of Obstetricians and Gynaecologists, a member of the Organizing Committee of the annual International Women and HIV Workshop, has been a Community representative for BHIVA, and is a Trustee of the National AIDS Trust, Salamander Trust and SAFE Kenya. She has co-authored various articles in peer-review journals, and UNAIDS reports. And is co-author/editor of the book *Our stories told by us: celebrating the African contribution to the UK HIV response*.



Silva Neves, Psychosexual & Relationship Psychotherapist, Private practice, UK

Silva Neves is a COSRT-accredited and UKCP-registered psychosexual and relationship psychotherapist, and a trauma psychotherapist. He is a Pink Therapy Clinical Associate. Silva is a member of the editorial board for the leading international journal *Sexual and Relationship Therapy*.

Silva is the author of two books: *Compulsive Sexual Behaviours*, *A Psycho-Sexual Treatment Guide for Clinicians* (Routledge), *Sexology: The Basics* (Routledge), and he co-edited two textbooks with Dominic Davies: *Erotically Queer* (Routledge) and *Relationally Queer* (Routledge).

He also contributed chapters in various publications including: *The Handbook of Social Justice in Psychological Therapies*, *Queering Gestalt Therapy*, *The SAGE Handbook of Counselling & Psychotherapy*, *Sexual Minorities and Mental Health: Current perspectives and New Directions*. Silva wrote several articles in psychotherapy magazines and journals, including *New Psychotherapist*, *Therapy Today*, *Sexual and Relationship Therapy*, *The European Journal of Psychotherapy & Counselling*, *Attachment*. Silva is the recipient of the Sexual Freedom Ally Award in 2023.

In May 2019, Silva featured on television as one of the sex therapists in the programme *Sex On The Couch* on BBC1. He also briefly appeared in *Made In Chelsea* in 2023 (Channel 4).

Silva speaks internationally.

Speakers biographies



Grace Newbold, Lead HIV Specialist Nurse, Manchester Foundation Trust – North Manchester General Hospital, UK

Grace has worked in HIV services since qualifying as a nurse in 2014. She started her nursing career as a staff nurse on the infectious diseases unit at North Manchester General Hospital and became an HIV Specialist Nurse in 2017, joining the leadership team in 2020.

She is a non-medical prescriber and is passionate about complex patient management and holistic, person-centred care. She is the nursing lead of the ED testing programme at NMGH and Salford hospital and started the injectable HIV treatment clinic at NMGH.

She works as part of a fantastic team of nurses and support workers and is extremely proud of the care we offer to people living with HIV in Greater Manchester.



Eileen Nixon, Consultant Nurse, University Hospitals Sussex

Eileen is a Consultant Nurse in HIV. Eileen's previous roles include representing NHIVNA on the CRG, NHIVNA executive committee member, co-author of the HIV Nursing competencies and co-lead for a ten year Zambian HIV Nurse Education Project. Her current clinical role includes complex case management and hard to reach groups. She has lead roles in retention in care and in Stigma reduction as part of the Brighton and Hove HIV Fast Track City. Eileen's main research interests are in HIV service delivery, stigma and models of care and she supervises medical student research projects, Chief Nurse Fellows and Mres students.



Daron Oram, Senior Programme Manager HIV Confident charter mark, National AIDS Trust, UK

Daron is based at the National AIDS trust and is the Senior Programme Manager for the HIV Confident charter mark. The charter mark is delivered by a partnership of National AIDS Trust, Positively UK, and aidsmap. The charter mark is a national programme to support and recognise organisations in achieving a commitment to provide a stigma-free environment for employees and service users who are living with HIV. The programme is funded by Fast-Track Cities, London.



Gary Pargeter, Director, Lunch Positive, UK

Gary is the Director of Brighton & Hove based HIV charity Lunch Positive. Gary is a person living with HIV who has been involved in the community and voluntary sector since his diagnosis in 1992. First as a service user, then volunteering in HIV support for almost 20 years, he founded Lunch Positive in 2009. Leading the charity since that time, Lunch Positive has gone on to grow in the scope and level of support provided whilst remaining true to its grassroots ethos of actively and meaningfully engaging and involving people with un-met needs who are often unreachable. Gary is a member of the Brighton & Hove Fast Track City Taskforce which has strategic oversight of Towards Zero planning for the city, and the HIV stigma group with a key role of stakeholder engagement. He is an elected community representative for HIV within local voluntary sector infrastructure and representation organisation Brighton & Hove Community Works, and a strong advocate for community led organisations and small charities within the sector.

Speakers biographies



Helen Reynolds, Programme Manager, University of Liverpool, UK

Helen Reynolds is a Clinical Trials Programme Manager at the University of Liverpool and an honorary research nurse at Liverpool University Hospitals Foundation Trust. Helen has previous HIV nursing positions as a Clinical Research Nurse and HIV Specialist Nurse in Infectious Diseases and Sexual Health. Her areas of research include HIV pharmacology, drug drug interactions and pregnancy both in the UK and sub-Saharan Africa. Helen is passionate about inclusivity for clinical trials especially to protect women through research and not from research.



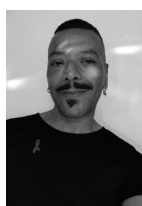
Naomi Sutton, Consultant Physician in Sexual Health and HIV, Rotherham Sexual Health Services, The Rotherham NHS Foundation Trust, UK

Dr Naomi Sutton qualified in 2003 from Sheffield Medical School, completing her Membership of the Royal College of Physicians in 2006. She went on to train in Genito-Urinary Medicine gaining further accreditations in this speciality before taking up her consultant post at Rotherham Integrated Sexual Health Services in 2016.

Always inquisitive about people and wanting to better understand the complexities of sexual problems, she developed a passion for psychosexual medicine, attending the ESSM School of Medicine in Budapest and going on to pass the FECSM exam (Fellow of the European Society of Sexual Medicine).

Naomi is passionate about education and raising awareness of her speciality, both to other health care professionals and the public, appearing as the Doctor on the TV series 'The Sex Clinic' and 'Steph's Packed Lunch'. Naomi lectures locally and nationally with the primary aim of reducing stigma and enhancing patient experience by improving knowledge around all aspects of Sexual Health.

Naomi has recently produced PHSE accredited Sex Education materials for use in Secondary Schools, in collaboration with the charity 'You Before Two' and is a proud trustee for the charity 'Saving Lives UK'.



Jaime Sylla, Head of HIV Services, METRO Charity, UK

Jaime is an awarded documentary filmmaker, activist and seasoned professional in the charity sector. Recognised for his impactful contributions, he has thorough experience in health initiatives tailored for Black gay men, as well as youth and mental health services within LGBTQ+ communities, with a focus on HIV-related activities.

His diverse portfolio encompasses mass media and outdoor campaigns, film production, literature reviews, and community events. Currently serving as the Head of HIV Services at METRO Charity, Jaime leads multiple teams in delivering crucial services such as HIV peer mentoring, STI testing in drop-in clinics, advice and advocacy, group interventions, outreach initiatives, counselling, and various other programs designed to promote the well-being and addressing the needs of people living with or affected by HIV.

Speakers biographies



Rachael Webb, Senior Marketing Manager, Terrence Higgins Trust, Scotland / UK

Rachael Webb of Terrence Higgins Trust led on the Scottish Government funded campaign 'Stigma is more harmful than HIV' and the 'Glasgow Get Tested' campaign for NHS Greater Glasgow & Clyde. Rachael is a Senior Marketing Manager at Terrence Higgins Trust and previously led on television and digital campaigns at Great Ormond Street Children's Hospital.



Jill Williams, Specialist Community HIV Nurse, LUHFT, UK

Jill has worked as a HIV community nurse in Liverpool for the last 4 years. Prior to which she worked as a blood borne virus nurse in the Royal hospital in infectious Diseases for many years. Her cohort of patients are the most vulnerable and face complex health and social challenges every day.

Jill has an advanced nursing practice diploma and assesses and prescribes for her patients who are either managed on a shared care basis with the hospital or remotely cared for in the community. She feels very privileged to support people to achieve their personal goals and live well with HIV.

Her passion is to develop new and innovative ways to enable people to access treatment and care who struggle to engage in standard HIV treatment services. As a community team they innovate every day to meet the individual needs of their patients. She is a long-time member of NHIVNA and serves on the Exec committee continuing to learn and contribute to the development of HIV nursing practice.



Angela Wright, Clinical Sexologist Menopause Specialist, Spiced Pear Health, UK

Dr Angela Wright is a Clinical Sexologist and BMS accredited menopause specialist. She is trained in psychosexual therapy and in the medical approaches to sexual dysfunction, having attended the ESSM Advanced School of Sexual Medicine. She is a Fellow of the European Committee of Sexual Medicine and an active BSSM Committee Member. She works with sexual dysfunction with individuals of all genders in the NHS, private and voluntary sectors and has a particular interest in post – cancer sexual function.



GILEAD

HIV

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IDENTIFYING, ASSESSING & MANAGING FRAILITY IN HIV

Introducing a digital practical guide empowering you with the skills, knowledge and confidence to identify, assess and manage frailty in people living with HIV. **Co-created by Gilead sciences, healthcare professionals and HIV advocates.**



A GROWING CHALLENGE FOR HIV SERVICES:

Over half of people with diagnosed HIV were aged 50 years or over in 2022¹

There is currently no consensus on how services should identify and diagnose **frailty in people living with HIV**. But, with the number of older people living with HIV increasing, frailty is an issue already affecting this population.

THE GUIDE EXPLORES:



Defining & identifying frailty



Practical recommendations



Getting services ready



Assessing & managing frailty



Resources



Case studies

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SUPPORT TEAM

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HIVStandardsSupport@Gilead.com

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1. UK Health Security Agency. Official statistics HIV testing, PrEP, new HIV diagnoses and care outcomes for people accessing HIV services: 2023 report. October 2023.

The guide and this advert were organised and fully-funded by Gilead Sciences Ltd with input from experts in the fields of HIV and frailty, and are intended for UK and Ireland Healthcare Professionals only.

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