

Speaker Name	Statement
Peter Boyle, GHT	None
Andy Hilton, Result CIC	None
Date :	June 2016



www.ghet.org.uk

GEORGE HOUSE+ TRUST

HIV POSITIVE LIVING



being+

Peter Boyle – being+ Project Manager

Date: 1 July 2016

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To provide relevant and up to date services for gay/bisexual men living with HIV who are under 30 and/or in employment.



being+ Services

- Accredited Newly Diagnosed Courses
- Peer Mentoring
- Regular networking events & socials
- Mini-conferences with guest speakers
- Life Coaching (through Result CIC)

Andy Hilton

Result CIC

“Helping people be their best”



www.resultcic.com

info@resultcic.com

07516 518194

Coaching is:

Supporting you to achieve your **goals**
using **your** solutions
in **practical** ways
through **challenging conversations.**



What coaching is and isn't:

It is...

- YOUR needs
- forward looking
- goal-centred
- action oriented



It isn't...

- counselling
- guidance
- mentoring
- advising



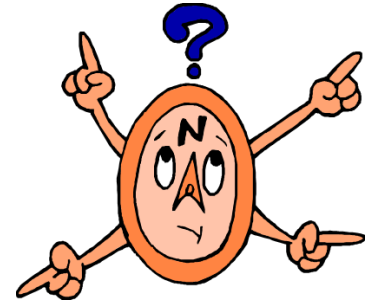
Being +

- Twelve 1-hour sessions
- Face-face, telephone or Skype
- Flexible times to fit working patterns
- 20 clients engaged
- Whole life issues
- Self-evaluations before and after
 - ➔ Overwhelmingly positive feedback

Other programmes

- Elton John AIDS Foundation
- THT back to work programme
- Manchester City Council

Experience it...



A short demo to help you
get a feel for it

