<table>
<thead>
<tr>
<th>Speaker Name</th>
<th>Statement</th>
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<tr>
<td>Joe Phillips</td>
<td>None</td>
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Date: June 2016
The role of nurses and ChemSex: What can I do in practice?

Joe Phillips
56 Dean Street
Chelsea & Westminster Hospital
Introduction

1) Risk Assessment

2) Care

3) Development

4) Evidence

5) Self care
Risk Assessment

NMC

• 3. Make sure that people’s physical, social and psychological needs are assessed and responded to

ChemSex

• HIV risk
• STI risk
• Risks to physical health
• Drug use risks
• Risks to psychological health
Care

NMC
• 2. Listen to people and respond to their preferences and concerns
• 4. Act in the best interests of people at all times
• 13. Recognise and work within the limits of your competence

ChemSex
• Testing
• Treatment
• Psychological Support
• Drug use support
• Onward referrals
Development

**NMC**

6. Always practise in line with the best available evidence

9. Share your skills, knowledge and experience for the benefit of people receiving care and your colleagues

**ChemSex**

- Research
- Expansion of nursing role
- Patient involvement
- MDT working & education
Evidence

NMC

• 10. Keep clear and accurate records relevant to your practice

ChemSex

• Rates of infections
• Numbers of Chem users
• Behavioural data
• Success stories?
Self-care

NMC
• ?????????????????

ChemSex
• Burn-out
• Time
• Support/Supervision