

14th Annual Conference of the
National HIV Nurses Association (NHIVNA)

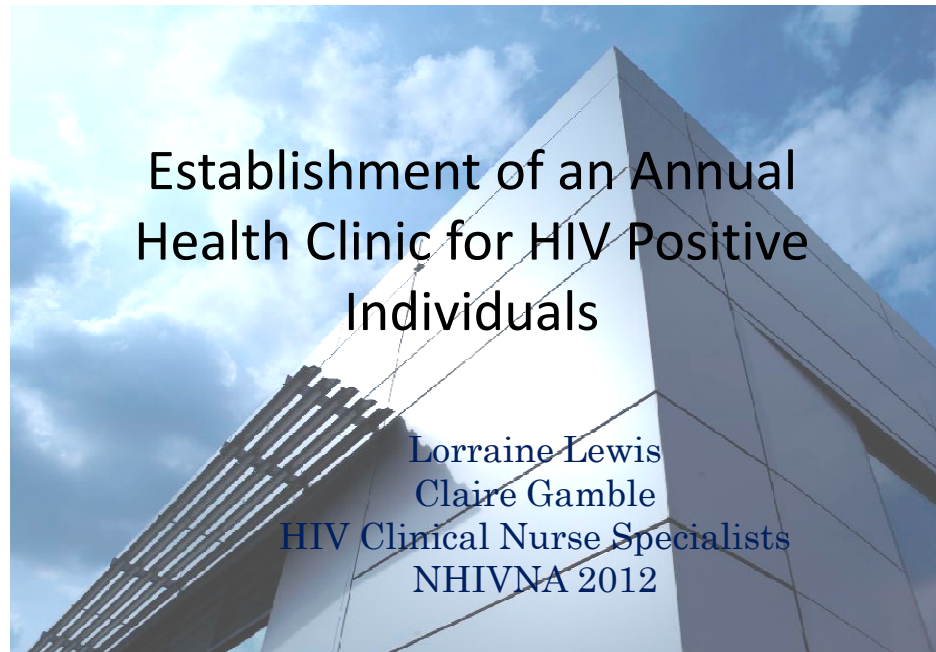


National HIV Nurses Association

Lorraine Lewis



Birmingham Heartlands Hospital

14-15 June 2012, Manchester Conference Centre



Establishment of an Annual Health Clinic for HIV Positive Individuals

Lorraine Lewis
Claire Gamble
HIV Clinical Nurse Specialists
NHIVNA 2012

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Where did idea come from??

- NHIVNA Presentation by Tracy Buckingham 2010 re AHC
- Brighton clinic included
 - BP and CVD risk check
 - Screening for Hep B&C
 - Diabetes screen and urine
 - Offer STI screening

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Then What?

- Looked at BHIVA and EACs Guidelines on routine investigation & monitoring
- Returned to base and discussed with MDT what we could/should offer
- Look back in notes to see what guidelines we were currently not meeting
- Annual Health Clinic at Heartlands opened for business on 19th Jan 2011 (6 months after NHIVNA)!!

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A Complicated Journey



Sometimes a Hard Sell

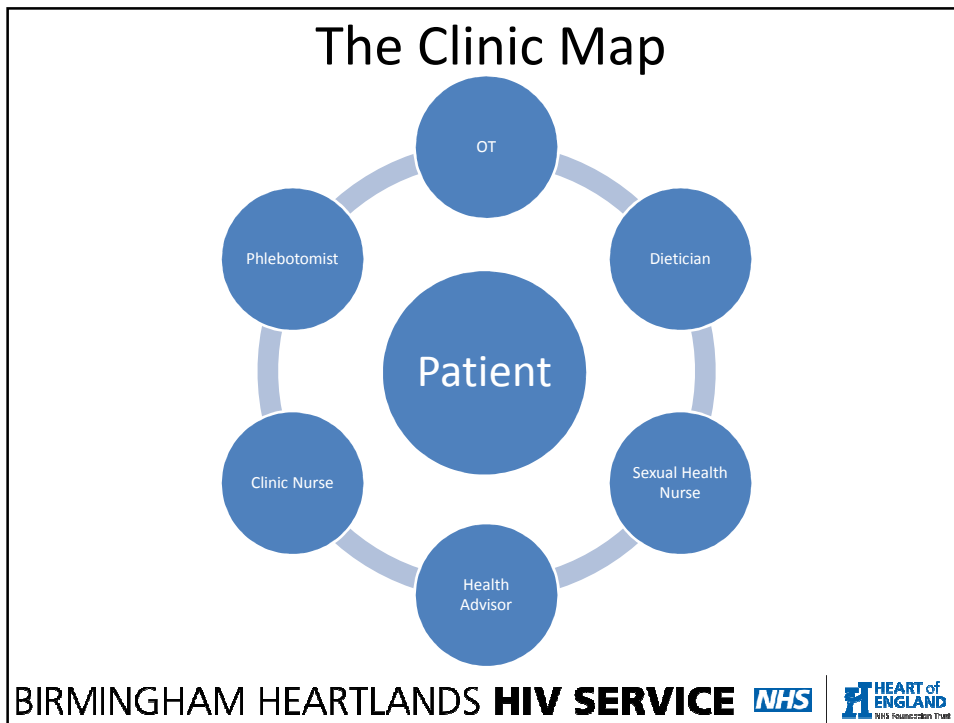


Had to Manage with Existing Staff



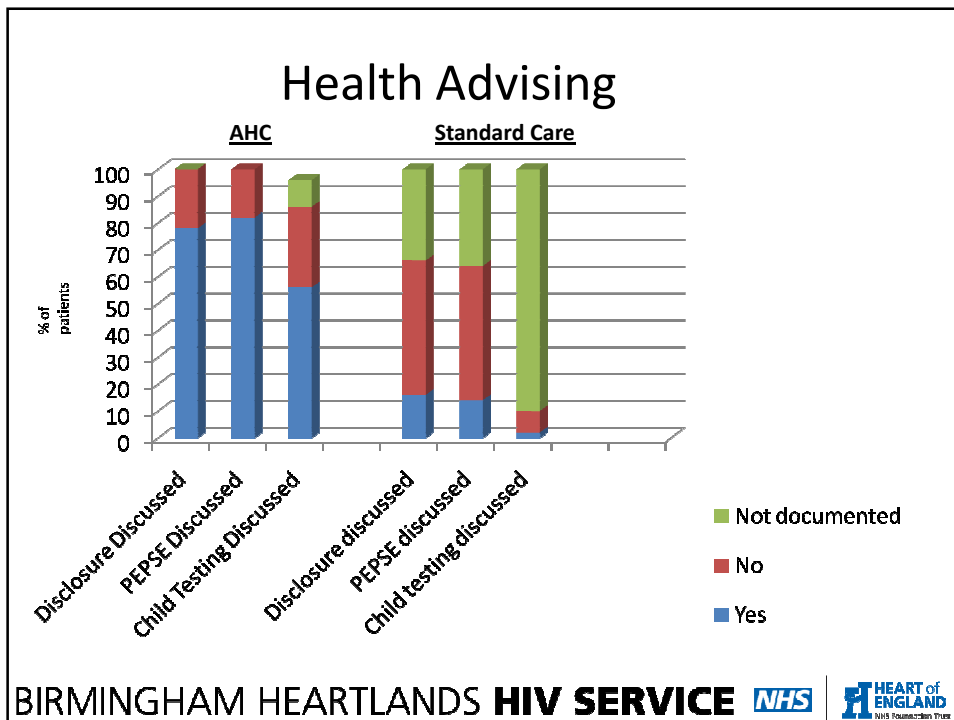
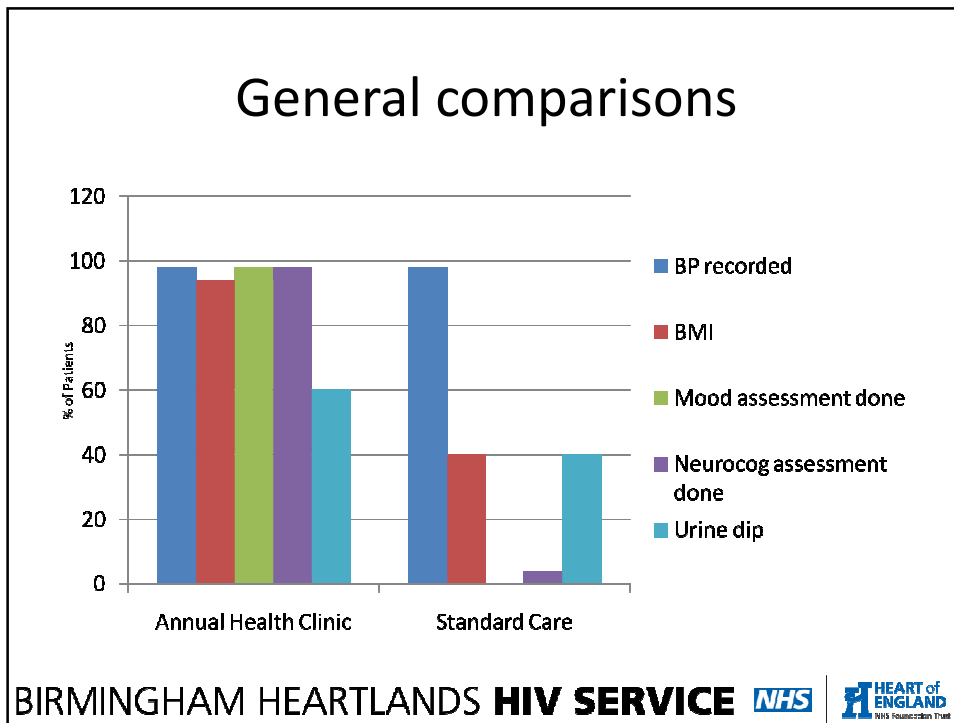
We Don't Always Like Change

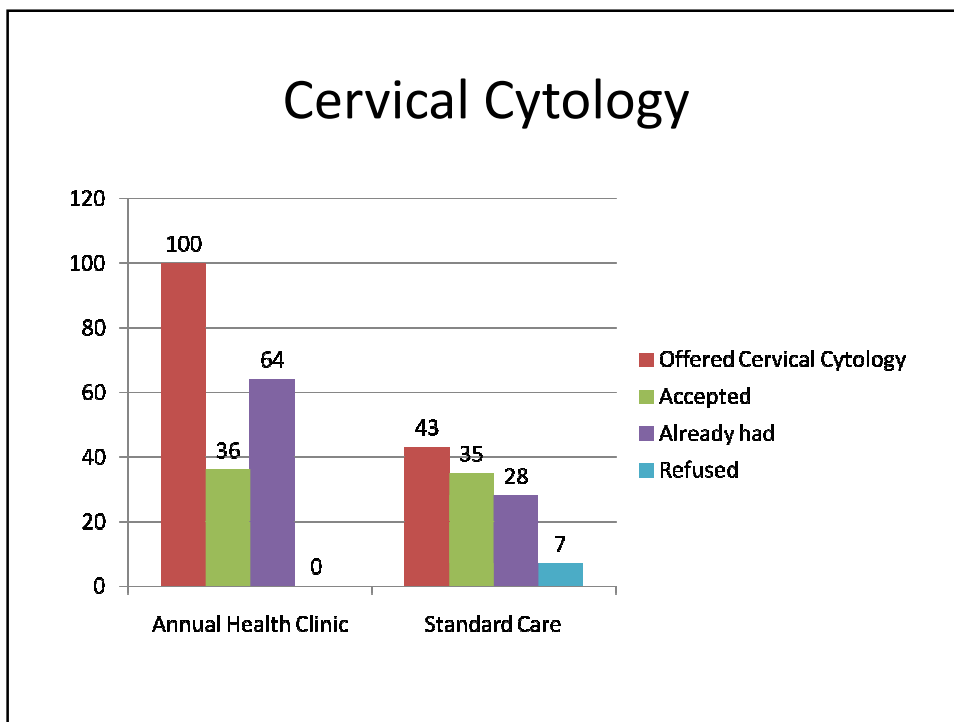
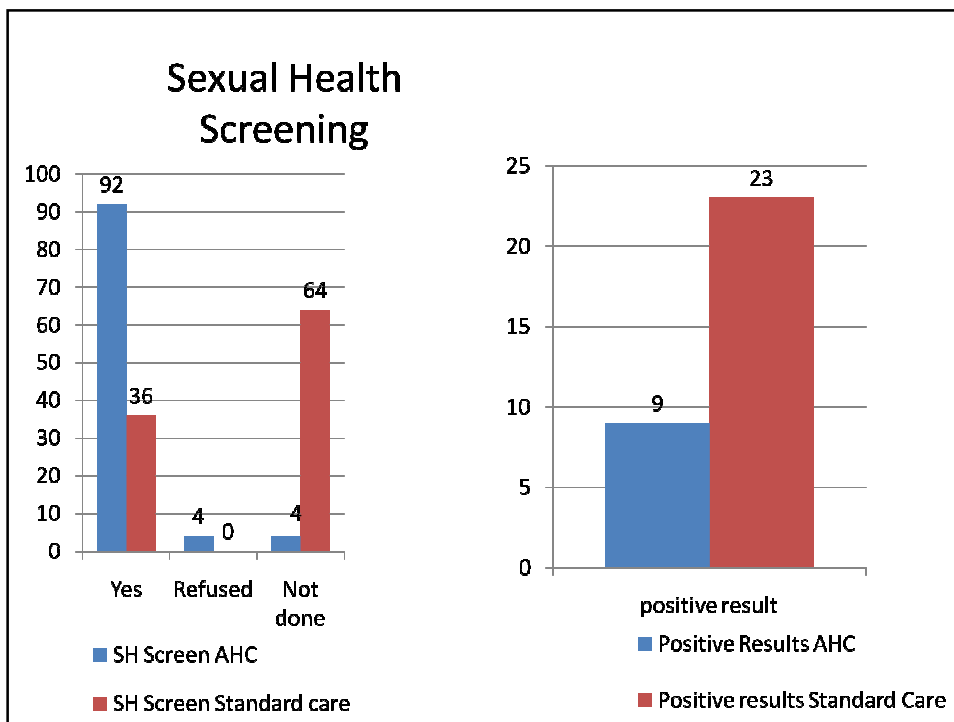




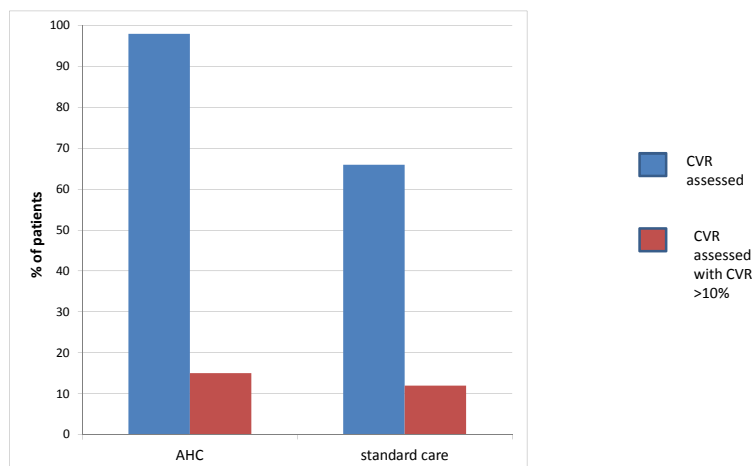
Results

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Cardiovascular Risk Assessment



Conclusion

- Opportunity to develop Band 5 nurse
- Ownership, Nurse led, no doctors involved
- Patient satisfaction survey – pts love it
- Personalised service, relaxed atmosphere – not as hectic as normal clinic
- Some patients have now returned again.

Conclusions

- Improved documentation especially in sexual health and HA
- More efficient clinic and better use of patient time
- Closer to meeting national guidelines (still work to do)

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Plans for the future

- Increase frequency of AHC to weekly
- To include ARV adherence discussion
- Anal screening
- Yearly appointment plan
- Move to new facilities

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