#### 19th Annual Conference of the National HIV Nurses Association (NHIVNA)



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# CHALLENGES IN ADDRESSING HIV PREVENTION IN TODAY'S INDOOR SEX INDUSTRY

## SERVICES for sex workers at SWOP

- Brief interventions often delivered via assertive outreach:
  - condoms and other safer sex supplies
  - sexual health promotion, Chlamydia and gonorrhoea self-test
  - safer working
- Advocacy and support with accessing health services (including outreach support).
- Dodgy Punter (Ugly Mugs) third party reporting scheme + support
- Care planned support to enable positive changes to health and wellbeing.
- Specialist support delivered alongside substance misuse treatment.

#### Who do we work with?

- Women with substance misuse problems
- Migrant women (Romanian women account for 20-25% of contacts and 40-45% of all outreach contacts.
- Trans women
- Women with multiple and complex needs
- Women from a diverse range of social, educational and professional backgrounds.

## The sex industry in Brighton 2001

- Parlours ("Brothels").
- "One girl flats" maid + worker (different woman each day).
- Escort agencies usually with a base agency managers met up with workers
- Independent escorts

Advertising via Friday Ad and local press, cards in phone boxes, some online advertising (agencies/ high earning independent escorts).

### What changed.....

- Changes to legislation around advertising in phone boxes (2001)
- Economic issues/ Accommodation costs
- End Demand campaign:
  - Pressure on local press to stop advertising escort services.
  - Increased brothel closures in some areas (not Brighton and Hove)
  - possible knock-on effect however in other areas

#### INTERNET AND DIGITAL REVOLUTION

- Offered better opportunity for individuals to promote their services, accept card payments up front.
- Facilitated national and international advertising.
- Facilitated short term holiday lets (e.g. Air B&B)
- Dramatically changed how sex workers acquire and communicate with client base.

### The indoor sex industry in 2017

- Very few "brothels" / parlours
- International and national independent escort websites which enable profile searches.
- Other online advertising (Craigs list, Friday Ad)
- Social media (twitter)
- Use of webcam
- Sugardaddy / Sugarbaby websites

### Risks and challenges...

- Potential for increase in social isolation
- Lack of peer support
- Relying on text / phone app / messaging rather than direct telephone contact
- "Hidden" brothels
- May have advertising / customers arranged by someone else – less opportunity for direct contact.
- Sugar Daddy websites: less likely to identify as SW

## Other challenges to engaging sex workers...

- Increasingly mobile nationally and internationally. May work, live and use services in entirely different areas of the country / across borders.
- Tours Air B&B / hotels.
- Short term visitors to city limits opportunities to engage with face to face outreach.
- Increasingly people are doing "out-calls / meets" whilst living in shared housing and so less willing to receive outreach visits.

## Internet based work: Opportunities and advantages for sex workers...

- Increase in independence and agency for many
- Offers great potential for peer support networks and activism - less dependency on services.
- Can research their clients
- Easier access to sexual health information
- Webcam safer
- National Ugly Mugs online third party reporting (<u>www.uknswp.org/um</u>)

### Responding to new challenges

**Beyond the Gaze Project:** The Working Practices, Regulation and Safety of Internet-based Sex Work in the UK.

#### www.beyond-the-gaze.com

Dr Teela Sanders & Rosie Campbell OBE (University of Leeds) in partnership with National Ugly Mugs and Saafe.info A participatory action research project

Online sex worker survey conducted November 2016- Jan 2017 with over 600 participants.

Look out for findings to be publicised later this year!

#### **SOLUTIONS IDENTIFIED SO FAR**

- Intensify internet based outreach
- Less restriction on regional borders
- Experts by experience/ peer networks essential
- Development of new partnerships and pathways across Sussex / Nationally

## Tried and tested health promotion models

- Written resources been useful, effective and enabled information to be shared with peers (SU feedback).
- Experience has shown that targeted resources aimed at sex workers are better received.
- That messages promoted amongst peers can be very effective.

## HIV home testing pilot

Postal service for rapid result HIV self-test kits.

- Development of a web resource:
  - To facilitate ordering test kits.
  - Provide links and referral pathways
  - Targeted HIV prevention messages
  - Translated options for migrant workers

#### **SUPPORT**

 Offer internet and telephone based support and advice around the screening process and post screening.

 Offer interventions to facilitate the uptake of follow up screening / treatment

#### TARGET GROUP

## Targeted promotion to internet based sex workers, with particular focus on:

- Transwomen: Estimated 19% HIV prevalence in Brighton (Martin Fisher Foundation, 2017)
- Migrant workers
- Sex workers based in more geographically isolated areas
- Women offering higher risk services

## CONSULTATION, PLANNING AND DELIVERY

- Start small (Sussex), then expand (Nationally)
- Steering and consultation groups:
  - Service users / experts by experience
  - Transgender services and service user groups
  - Pathways, links and consultation with local and national sexual health services and sex worker projects.

## WHAT OUTCOMES ARE WE HOPING FOR?

- Increase in uptake of HIV screening by target groups (300 kits).
- Increase frequency of HIV screening
- Improved access to targeted sexual health promotion and referral pathways for female sex workers.

## What do we hope to learn?

 To what extent will more targeted internet based interventions increase engagement with harder to reach groups (e.g. trans / migrant women)?

 Is this an effective way to increase rates of HIV testing amongst female sex workers in the UK?

 Is home testing a long term viable alternative for the future?

#### www.oasisproject.org.uk/services/swop

