

15th Annual Conference of the National HIV Nurses Association (NHIVNA)

Eileen Nixon

Brighton and Sussex University Hospitals NHS Trust

Serving two masters: any willing provider

Eileen Nixon

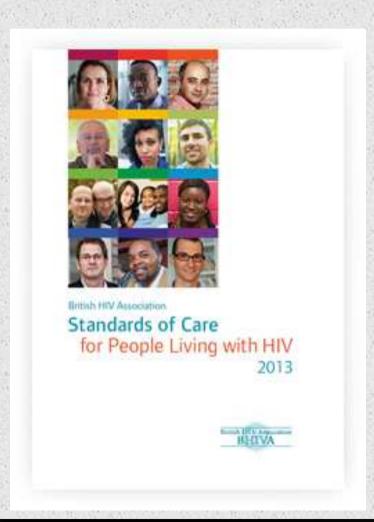
Nurse Consultant

Brighton and Sussex University Hospitals





BHIVA Standard 3



Provision of outpatient treatment and care for HIV, and access to care for complex morbidity





Standard 3 Summary

"People with HIV attending an outpatient HIV service should have their HIV infection monitored and treated safely in accordance with national guidance, and be able to access a comprehensive range of specialist comorbidity services as required"

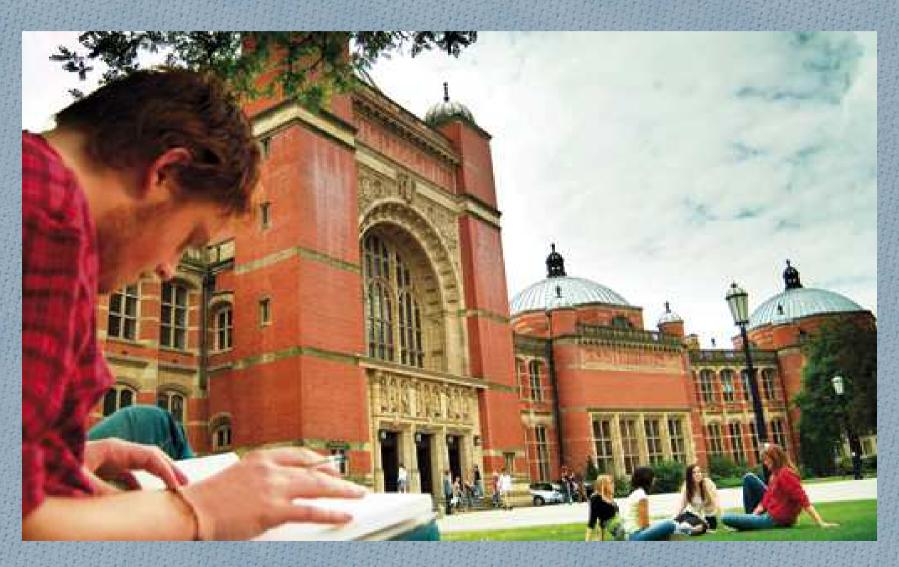


To explore how people with HIV perceive their routine outpatient healthcare needs

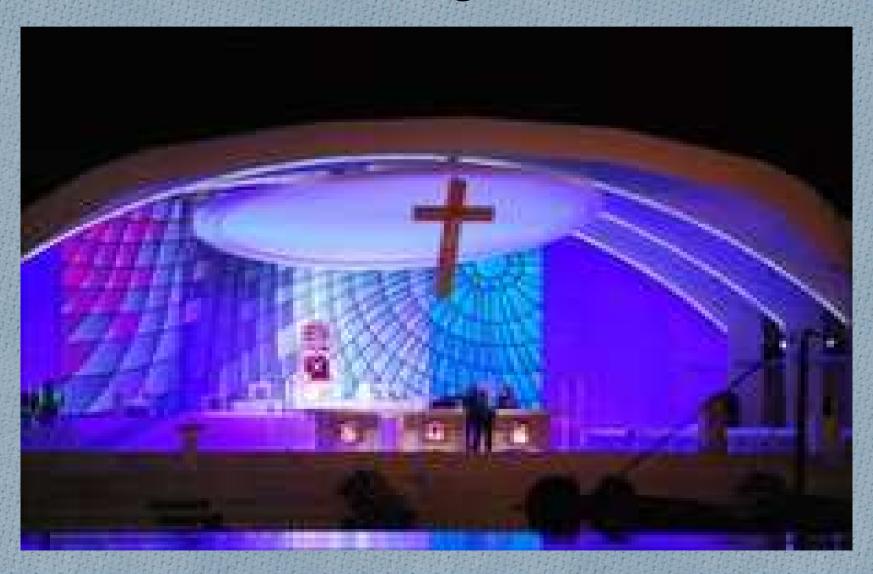
To identify how this relates to the changing healthcare environment

To consider the implications for any willing provider in delivering HIV care

Title of lecture delivered by Sir Robert Ormrod in Faculty of Law, University of Birmingham, 1973



Gospel preached at Papal visit in Copton Park, Birmingham, 2010





"No one can serve two masters. Either you will hate the one and love the other, or you will be devoted to the one and despise the other. You cannot serve both God and money"

Matthew 6:24



Sermon on the Mount





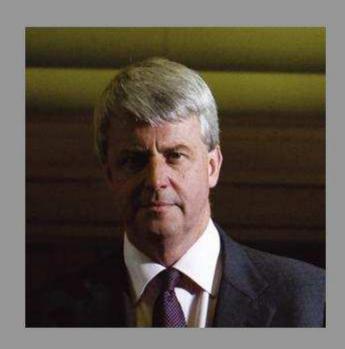
Any willing provider (AWP)

"AWP has been defined nationally in its application to <u>routine elective care</u>, but can be adapted locally to facilitate patient choice in other services"

"The Any Willing Provider (AWP) model is designed to facilitate patient choice and offers rewards to providers that attract patients by demonstrating high levels of quality, responsiveness and user satisfaction"



Change to any qualified provider







Serving two masters in HIV healthcare?

BHIVA Standards of Care

Do they protect the interests of the specialists at the expense of HIV patients and the health economy?

Any Willing (Qualified) Provider

Is the new healthcare market ready to meet the needs of HIV patients?

Routine outpatient care

Keypad Question

Q1: What percentage of your caseload would you estimate have <u>routine</u> outpatient care needs?

- 1. 20%
- 2. 40%
- **3.** 60%
- 4. 80%

HIV Outpatients Clinical Care Pathway Categories

Category 1 New Patients	Category 2 Stable Patients	Category 3 Complex patients
Newly diagnosed within	Stable* on or off	Current active AIDS
one year or new to	antiretroviral therapy	diagnosis, co-morbidity
antiretroviral therapy	for > 1year	such as TB, Hepatitis C,
within one year		end organ disease, HIV
	*Defined by CD4 count	related malignancy,
	>350 cells/mm and no	persistent viraemia on
	active AIDS diagnoses	treatment, pregnancy,
		active mental illness
10%	(80%)	10%





Patient perception of stability

"I went from being up in the 20,000s sort of viral load figure which I was told wasn't high but to me 20,000 is a high sum of money so it seems like a high figure so within two months to go non-detectable and stay nondetectable for four years to me that's important"

Sebastian, Age 38

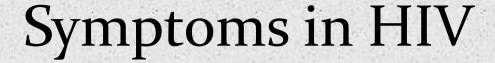
Extract from patient interviews HIV Models of Care PhD Study



I think when you've got this you're always conscious that something at some point is going to go wrong I come in anticipation that the results will be good but always with a very slight heavy head maybe if that's the word there's always a chance that this might be the one where the results aren't quite what I want them to be

Simon, Age 56

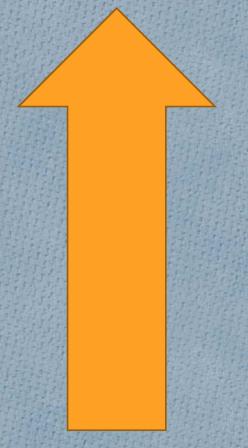
Extract from patient interviews HIV Models of Care PhD Study



- High profile of physical and psychological symptoms in people with HIV found in a number of studies
 - Spirig, Moody and Battegay et al 2005
 - Harding and Molloy 2006
 - Harding and Molloy 2008
 - Mosack, Weinhardt and Kelly et al 2008
 - Vincenzi, Moody and Spirig 2009
 - Harding, Lampe and Norwood et al 2009
 - Fierz, Nicca and Spirig 2012
 - Sigma 2013

Perceived Social Consequences of HIV

Positive social identity



HIV more integrated into life

More social isolation factors

Negative social identity

HIV Models of Care PhD Study

Less attachment to HIV services

Factors in patient perceptions of HIV

Preferences in HIV Service Utilisation

Minimal Symptoms

Minimal anxiety about future health

Minimal impact on social integration

Patients who advocate less face-to-face contact with HIV services

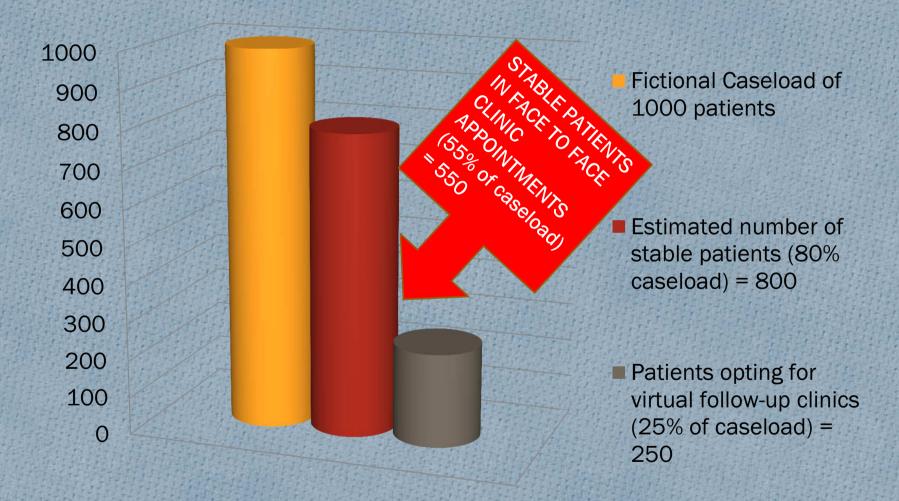
Current/previous health issues
Anxiety about future health
Some impact on social integration

Patients who view HIV services as to maintaining health

Current/previous health issues Anxiety about future health Socially isolated Patients who view current HIV service model as essential support structure

More attachment to HIV services

Modelled data of stable HIV patients in face to face and in virtual clinics



Source: Merged data from two HIV services from HIV Models of Care PhD Study

Patient Experience



- Q2: What do you think is the most important aspect of care for people with HIV?
- 1. Access to treatment?
- 2. Relationships with staff?
- 3. Quality of care?
- 4. Travelling distance to clinic?
- 5. All of the above?





Important factors in HIV healthcare

- 47% had used the same clinic since diagnosis or for a minimum of 11 years
- Staff excellence and reputation, comfort and ease of access
- Delivering a range of services
- Atmosphere and continuity of main healthcare provider



Values in HIV healthcare

Therapeutic Relationships

Feeling Accepted

Working Together

Potential links with engagement in HIV care





What does this mean for other potential providers of HIV care?

- There are high levels of satisfaction with current HIV model of care
- There is considerable evidence of patient concern for GP involvement in care
- Mow do the values and perceived needs of people with HIV translate across new providers?





Sustainability of HIV care

- More diversification menu of services
- Supported integration with other services
- Meaningful patient empowerment
- Adapting other chronic disease models
- Stigma reduction

One size does not fit all





- The main master we serve is the patient
- As the healthcare climate changes, further evidence is required to link care provision to outcomes
- Our primary goal should be to respond to the diversity of patient need whoever is providing care and wherever care is delivered